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MINUTES of June 5, 2017

- MEMBERS PRESENT:** Jacqueline Block, Suzy Carter, Richard Chaney, Karen Conrad, Greg Cottrill, Dorothy Glancy, Molly Greer, Angela Liggett, Scott Wheeler
- MEMBERS EXCUSED:** Lynn Jung
- GUESTS PRESENT:** Tammy Brewer, Jim Carter, Tawnya Dunn, Alicia Fine, Amy Foley, Jean Houston, John Kelly, Heather Turner, Katherine Shepard, Laura Stith, Lucas Strakowski
- STAFF PRESENT:** Cindy Knoblauch, Erica Pursley, Karen Scherra, Lee Ann Watson

1. Chairperson Karen Conrad called the meeting to order and announced that the Board would like to recognize the service of four exiting Board members: Richard Chaney, Greg Cottrill, Molly Greer, and Scott Wheeler. Their official last day after each serving two full terms as Board members is June 30, 2017. The exiting Board members were presented with parting gifts and thank you cards, and a cake was cut and handed out in their honor. Executive Director Karen Scherra announced that exiting Board member Richard Chaney planned to stay on as an Associate Board Member, meaning he will participate in all Board meetings and activities but will not have the ability to vote on motions.
2. A motion was made, and unanimously approved, to approve the Agenda for the June 5, 2017 Board meeting. (Motion-Molly Greer, second-Greg Cottrill).
3. A motion was made, and unanimously approved, to approve the May 8, 2017 meeting minutes. (Motion-Scott Wheeler, second-Dorothy Glancy).
4. Review Materials/Correspondence: Executive Director, Karen Scherra, brought attention to the Miscellaneous folder, stating she recently received an email alert from the State regarding an opioid overdose anomaly for Clermont County. On two evenings in June, the drug-related visits to Mercy Clermont Hospital's Emergency Room were more than triple the historically predicted amount. On one evening, there were ten (10) overdoses treated at Mercy Clermont, when only three (3) were predicted based on historical data. Karen shared that Clermont County's overdose numbers are up, as are Hamilton County's. Karen advised the Board there

were also many articles regarding the Behavioral Health Redesign. Another item Karen brought to the Board's attention was "Understanding a First Episode of Psychosis", a guide to recognizing troublesome and unusual behaviors as symptoms of a treatable form of psychosis. Karen said Greater Cincinnati Behavioral Health (GCB) has a great program called FIRST, which focuses on early identification and treatment of first episode psychosis.

Moving on to the Correspondence folder, Karen briefed the Board on several items. The first was a letter from OACBHA's CEO, Cheri Walter, to Ohio Senators in response to concerns expressed by the Ohio Senate about the \$27 million budget request for Ohio's behavioral health services. Karen said Ms. Walter wrote the letter, as Senators has indicated they may make large cuts in the House's proposed funding for behavioral health services. Next, Karen told the Board there was also a letter in the folder that she wrote to Senator Joe Uecker advising him of the dire need for funding of addiction services and implored him to support the \$27 million budget request. Karen then summarized the letter from the National Governor's Association (NGA) to members of the US Congress, asking for action on providing a five year extension on the Children's Health Insurance Program (CHIP). The NGA letter states that without congressional action, federal support for CHIP will expire on September 30, 2017, creating health and wellness uncertainty for millions of children of working families. Also in the folder was a letter from Senator Rob Portman to the Director of the U.S. Office of Management and Budget. Portman's letter focused on the proposed federal funding cut for the Drug-Free Communities program, an effective and evidence based program, calling it reckless and senseless amidst the country's severe opioid epidemic. The final piece Karen touched on was an article from Representative Brad Wenstrup that focused on the misinformation circulating about the debate over the American Health Care Act (AHCA), which reflected the House's version of the specifics of what the legislation does and does not include.

Karen then drew attention to the Newspaper Articles folder. Karen said that, as expected, there were many articles on heroin and also on the state budget. She further pointed out a copy of an announcement from Ohio Attorney General Mike DeWine detailing his lawsuit against five (5) of the largest opiate manufacturers for misleading marketing and sales. DeWine's lawsuit claims negligence on the part of the drug companies for flooding the market with misleading information about the risks and benefits of prescription opioids. The lawsuit also alleged that the companies valued profits above the health and well being of Ohio consumers. In addition, Karen provided the Board members with information on "Gray Death", a new and dangerous opioid combination of heroin, fentanyl, and carfentanil. Gray Death ingredients and concentrations are unknown to users and it is being blamed for thousands of fatal overdoses throughout the nation. Karen further pointed out several articles on bullying and suicide. Several of these articles focused on the recent death of an eight (8) year old in Cincinnati who completed suicide after being bullied at school.

5. Karen Scherra presented a few highlights from the Executive Director's Report. Karen provided the Board members with an updated number of bed days utilized at Summit Behavioral Health (SBH). In the original report, under the Hospital Update/Utilization, it was stated that 163 total bed days were utilized in May, when in fact there was a total of 167 bed

days. In total so far for FY17, there were actually 1,611 bed days utilized at SBH instead of the 1,607 mentioned in the report.

Next, Karen updated the Board on her work on the “OJJDP Center for Coordinated Assistance to States: Multi System Collaboration Training and Technical Assistance Program” grant. Karen informed the Board members she used the OJJDP’s strategic plan to apply for an OMHAS grant focused on behavioral health and youth justice. The OMHAS grant would fund additional services, including expansion of the Mobile Crisis Team to assist children and their families who are involved with Juvenile Court. Karen updated the Board members, stating that the OMHAS grant was due that day, but the computers were down at CCMHRB and she was going to see if she could get an extension on the deadline.

Karen then went on to tell the Board members that in regard to the opiate issue, Associate Director Lee Ann Watson attended a meeting at Interact for Health on May 3rd to review a new data system that tracks the outcomes of three Quick Response Teams (QRT) that are funded by Interact for Health. Karen said Interact for Health will be purchasing laptops for the QRTs in order for data to be entered in the field, thus allowing Interact for Health to develop a standardized outcome measurement across the teams in order to determine success.

Karen also mentioned that the Board was notified on May 11th that we would be receiving requested funding from OMHAS as part of the 21st Century Cures Act grant. The funding will allow for the expansion of the current CASC program to offer services to women. The grant is for one year, with the expectation of receiving it a second year as well. The Board will receive a total of \$440,778 in Year 1; with \$418,778 for CASC and \$22,000 for an additional recovery coach.

Karen then touched on some federal activities mentioned in her report, specifically, the Congressional Budget Office (CBO) releasing the score for the American Health Care Act (AHCA). According to CBO estimates, the AHCA would reduce the deficit by \$119 billion by 2026. However, approximately 23 million individuals would lose access to health coverage over the next ten years under the AHCA.

6. Committee Reports: Finance Committee Chair, Scott Wheeler, presented on the Finance Committee meeting. Mr. Wheeler stated that with regard to the budget, the Board is on track. He then went on to discuss the Board’s participation in the Homeless PATH grant and how the anticipated amount discussed at last month’s meeting has changed. Karen Scherra expanded on the subject. Karen said originally the Board had planned to pay \$13,076 for three quarters of FY18, but now, after discussion with GCB and the Hamilton County Board, it was determined that the grant begins July 1, 2017. Therefore, the Clermont Board is being asked to pay for the full fiscal year, which would have amounted to \$17,435. However, during the Finance Committee meeting, Tawnya Dunn, Chief Financial Officer at GCB, announced that after some rebudgeting, the new amount requested from the board for the full fiscal year would only be \$11,880. Karen Scherra then informed the Board members that Clermont County will be a part of the Hamilton County Board’s PATH grant, and that Board will have overall responsibility for the grant.

Scott then moved on to the decision on funding for Families Connected for FY18. Scott stated that the Finance Committee recommends that the Board fund the \$65,000 needed for the peer support partners program at Families Connected. Karen Scherra said the Board will not know until July 1, 2017 what the state budget will be, and whether boards will be allocated additional funding from OMHAS. As our Financial Projection currently shows, the Board does not have sufficient funds for additional services beyond what we are funding in FY 2017. It was discussed that the Board could utilize the annual contribution to Family and Children First to fund the Families Connected program. A motion was made, and unanimously approved, to redirect the Board's contribution to Family and Children First to the peer support partners program at Families Connected for FY18 if the Board does not receive additional adequate funding for FY 2018. (Motion-Scott Wheeler, second-Angela Liggett).

Scott moved on to the 21st Century Cures Act update. He informed the Board members that because of 21st Century Cures Act funding that Ohio received from the federal government, the current CASC program will be expanded to serve up to twenty-five women. GCB will operate the program. The Board had to apply for the funding through OMHAS. Karen said she recently had a meeting with staff from the County, the jail, and GCB. The County is thrilled about CCMHRB receiving the funding for the expansion of CASC. Contracting for the program will be between the County and GCB, as an expansion of the current CASC contract for the men's program. The Board will be providing the funding to the County. The County will pay for the renovations needed at the jail to implement the program. Karen also informed the Board there was a misunderstanding of the funding time frame for the program. The proposal we submitted was for six months; however, the program's first year is eight months. Angela Liggett asked about the amount of the funding shortage. GCB Chief Financial Officer, Tawnya Dunn, said the funding shortage was estimated to be \$66,000.

The final Finance Committee item discussed was the impact of the State budget on Board contracting for FY18. Scott reminded everyone that at the last meeting, there was a consensus from the Board members to only commit to three (3) month contracts with the agencies. However, due to state funding figures still being unknown, the Finance Committee proposed contracting for six (6) months. To clarify, Karen Scherra said the Behavioral Health Redesign will probably be postponed due to the Department of Medicaid withdrawing its administrative rules submitted for review to JCAR, the Joint Committee on Administrative Rules, and pressure on the Legislature from providers to move the start date to January 1, 2018. With the Redesign probably being delayed, Karen said three (3) month contracts would not be helpful, and six month contracts would better align with the state changes. A motion was made, and unanimously approved, to approve the Board contracting with agencies for two six-month periods instead of an initial three month period as previously approved. (Motion-Scott Wheeler, second-Dorothy Glancy).

Before proceeding with the meeting, Karen Scherra reminded everyone that Scott Wheeler, Finance Committee Chairperson, would be leaving at the end of the month as his term as Board member has ended. Therefore, a new Chairperson for the Committee would need to be appointed. After discussion, Board Chairperson Karen Conrad asked Angela Liggett to fulfill

that role. Angela agreed and Karen Conrad appointed Angela as the Finance Committee Chairperson, effective July 1, 2017 through December 31, 2017.

7. Action Items: The first item on the Action agenda was the approval of the FY2018 Community Plan. Lee Ann Watson presented to the Board on the Plan. Lee Ann explained that the Community Plan is required by OMHAS and the Board takes it very seriously, spending a lot of time to make sure it is a thorough report on Clermont's needs and priorities. Lee Ann went on to say every two years the state requires a full plan, and every other year an updated plan is required. This year, FY18, is a Community Plan update year. Lee Ann presented the completed Plan to the Board for review and pointed out some of the highlights. Lee Ann explained several priorities, CCMHRB's strategy to manage the priorities, and our current progress. For instance, she touched on the priority of providing services to children with serious emotional disturbances (SED). Lee Ann said one strategy is to collaborate with Child Focus Inc. to increase delivery of Medicaid billable CPST services in school-based mental health to meet the identified needs of the youth. She said our current progress shows an 8.1% increase in Medicaid billing in school-based mental health services to meet the identified needs of the youth. Another priority area was adults with serious mental illness. Lee Ann said the Board funded two additional CPST positions in FY 2017, allowing for more intensive support services to be delivered. Current progress shows that by providing the additional CPST positions, caseloads have been reduced from 50 to 39 and 90.1% of clients are receiving face to face contact. Additionally, the rate of hospitalizations of adults with a severe mental illness at Mercy Clermont has dropped by 55%. Next, Lee Ann spoke on the priority of treatment in the criminal justice system. She said the Board's strategies have culminated in a 10% decrease in the number of individuals with severe mental illness booked in the jail for non-criminal related behavior. Lee Ann also said there have been over 600 duplicated contacts made by the Mobile Crisis Team during FY17. In other words, the money going to these programs is being well spent. Lee Ann continued explaining how Clermont County's needs for services to individuals with substance use disorders (SUD) are being prioritized by the Board's funding of four Recovery Coaches and a case management position at CRC in FY 2017. Those Recovery Coaches have served 210 individuals with SUD in FY17. Further, Lee Ann said there has been a 13% decrease in heroin overdose deaths, although we are experiencing an increase in overdoses in our County. Lee Ann said the decrease in OD deaths could be for several reasons. There have been many Naloxone kits distributed in the County, and more law enforcement is carrying Naloxone. The increased availability of Naloxone could be resulting in more individuals surviving an overdose. In addition, there appears to be more Clermont County residents overdosing in Hamilton County. It is still unclear what is occurring to lower the OD death rate. Lee Ann passed a copy of the Community Plan around to the Board members. A motion was made, and unanimously approved, to approve the Board's Community Plan for FY18 as presented and to authorize the Board Chairperson and Executive Director to sign the plan on behalf of the Board. (Motion-Molly Greer, second-Greg Cottrill).

The second action item discussed was approval of FY18 Health Officers and CCOs. Lee Ann explained to the Board that Health Officers are responsible for the evaluation of the need for hospitalization of individuals who are experiencing a mental health crisis. Once approved by

the Board, the Health Officers are responsible for completing the paperwork necessary for requests for involuntary admissions to the hospital, better known as pink slips. Health Officers can evaluate the mental status of a person and have them admitted for a 24 hour period for further observation and a consultation with a doctor. The Board currently approves Health Officers at Mercy Clermont, GCB, and CFI. Board member Suzy Carter expressed concern that none of the Health Officers at Mercy are independently licensed. Lee Ann agreed, but reassured the Board members that the Health Officers at Mercy are certified behavioral health care nurses and are provided training on the process by Board staff. A motion was made, and unanimously approved, to approve the FY 2018 adult and children's CCOs and the Health Officers as presented. (Motion-Angela Liggett, second-Scott Wheeler).

The third action item discussed was approving the agreement with Children's Hospital for psychiatric inpatient services to Clermont County children and adolescents. Karen Scherra recommended that the Board approve the agreement to ensure Clermont's youth have the care and services of an inpatient program if needed. Karen pointed out that over the last several fiscal years; Children's has not billed the Board for the cost of hospitalization of Clermont residents, since the majority of those youth have insurance or Medicaid. As such, Karen stated that it is very cost effective to maintain this contract, especially now that Children's is the only option in the region for psychiatric inpatient services for children and adolescents. Karen asked that she be allowed to increase the per diem amount if requested by Children's, as it would have no or little impact on our budget, and the consensus of the Board was that would be agreeable. A motion was made, and unanimously approved, to approve the agreement with Children's Hospital for psychiatric inpatient services to children/adolescents for FY18 and to authorize the Executive Director to sign the agreement on behalf of the Board. (Motion-Scott Wheeler, second-Molly Greer).

Next, the FY18 agreement with Brown County Care Center was discussed. Karen Scherra told the Board that we are requesting that the rate stay the same as last fiscal year. Karen said the agreement is important, as Brown County Care Center is one of the primary adult group homes used for the placement of consumers with severe mental illness who need 24 hour supervision due to their illness. Lee Ann Watson explained that GCB is happy with the care provided to clients at Brown County Care Center. A motion was made, and unanimously approved, to approve the FY18 agreement with Brown County Care Center and to authorize the Executive Director to sign the agreement on behalf of the Board. (Motion-Scott Wheeler, second-Molly Greer).

The Board then went on to discuss the FY18 agreement with Continuing Health Solutions for residential care at Mellon Meadows Care Center and Peebles Place Care Center. Karen Scherra told the Board that the same rate from last year will apply for FY18. Karen said Mellon Meadows and Peebles Place have been an integral part of our residential services for many years and are essential in maintaining low hospital utilization for adults and a continuum of care for consumers with a severe mental illness. A motion was made, and unanimously approved, to approve the FY18 agreement with Continuing Health Solutions and to authorize the Executive Director to sign the agreement on behalf of the Board. (Motion-Molly Greer, second-Scott Wheeler).

The Board then discussed the next action item, which was to cancel the August Board meeting. Karen Scherra pointed out that traditionally the Board cancels the August meeting since many Board members are on vacation, making it difficult to meet quorum. She said this should not cause any problems as most of the significant issues and contracts will be completed and approved at the July Board meeting. A motion was made, and unanimously approved, to cancel the August 10, 2017 Board meeting. (Motion-Angela Liggett, second-Scott Wheeler).

The final action item discussed at the meeting was the FY18 agreement with Children's Protective Services/DJFS for shared funding of AOD services. Karen Scherra spoke to the Board on this matter. She explained that the Board has entered into this agreement for the last several years in order to share funding for treatment at Clermont Recovery Center/GCB (CRC) for parents who are dealing with addiction, usually opiate related, and have lost custody of their children due to their drug use. If the parents comply with the case treatment plan through CRC, the services are at no cost to them. The Board and DJFS would pay 50-50, with a maximum of \$30,000 from each entity. A motion was made, and unanimously approved, to approve the FY18 agreement with Children's Protective Services/DJFS for shared funding of AOD services and to authorize the Executive Director to sign the agreement on behalf of the Board. (Motion-Scott Wheeler, second-Angela Liggett).

8. Discussion Items: Karen Scherra gave an update on the SFY 2018-2019 state budget. Final hearings on the budget are being held by the Senate Finance Committee and a final vote is expected on June 20, 2017. Once that occurs, the Conference Committee will work on taking the House and Senate versions to and developing a version for the full Legislature to approve before June 30th, so the budget bill can go to the Governor for signature and any vetoes. Karen said that there is a \$2 billion "rainy day fund" in the state budget, and that there has been a lot of advocacy for that money to be used for mental health and substance use disorder services. However, state revenues for this year are below projections, so the Governor and Legislature want cuts to address those shortages and not touch the rainy day fund.

On Behavioral Health Redesign, Karen stated it will not start on the proposed date of July 1st, mainly due to the Ohio Office of Medicaid withdrawing their rules from JCAR, as previously discussed, and the advocacy around postponement. With all of the ongoing training, tweaking, and uncertainty, Karen says the delay is probably for the best. We will know more by the July Board meeting.

Karen also discussed the Federal Budget and American Health Care Act. Karen said the Senate has come up with a lot of proposed changes to the House bill and has backed off on some of the previously proposed changes as well. It appears that the Senate plans to devise their own version of the AHCA. A number of Republican Senators are not showing support for Medicaid cuts and plan to come up with an alternative to fund opiate addiction services. Karen advised the Board members that so far the Senate has nothing coherent to report as far as a finalized budget. When she hears of one, she will report to the Board members.

Discussion turned to the Recovery House update. Karen told the Board that in prior weeks, there have been many meetings, open houses and discussion forums about the Recovery House

in Pierce Township. She said that overall the community appears to be supportive; however, there is a small group still opposing the opening of the Recovery House. It is still scheduled to open by July 1 to meet the Continuum of Care requirement. Alicia Fine, Vice President of Employment and Recovery Services at GCB, expanded on the results of the meetings and forums. She said there was still negativity and fear in the community about the house during the forums, but GCB believes they did a good job answering all of the questions from local residents. GCB is in the process of compiling data gathered at the discussion forums to publish a "Frequently Asked Questions" report for distribution in the community. Alicia also said that as of the day of the Board meeting, the lead resident at the Recovery House had moved in.

The final discussion item was that of the Clermont County Fair. Cindy Knoblauch explained that the Board will again have a booth at the fair. The Fair is the final week of July. She advised the Board members that she will soon be sending out a request for volunteers to staff the Board's booth at the fair.

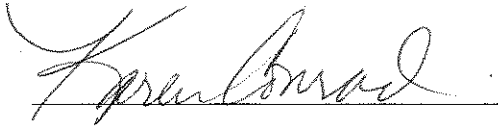
9. Agency Directors' Reports: The meeting then moved on to Agency Director's Reports. Laura Stith passed out CFI's monthly report to Board members, stating that their report stood as is. Laura reported that CFI's Training Director and the Assistant Director of Crisis Services attended the Assessing and Managing Suicide Risk New Leader training, and are currently the only trainers in southwest Ohio for this. They will train CFI staff and other professionals in the community. Jim also added that Child Focus is involved in a number of community initiatives such as the Poverty Initiative, Joining Forces for Children, Tri State Trauma Network, Playscapes, STEM, and ACES.

Lucas Strakowski, on behalf of NAMI, handed out the monthly report and stated that their report also stands as is. He also added that NAMI had developed a "Good For Business" presentation that is aimed at building awareness of mental illness in corporate environments. He also announced this month's "Hot Topic" on alcohol disorders will be presented on June 11 by Dr. Clifford Cabansag. Lucas closed by saying NAMI had reached 94% of the financial goal from the May NAMI Walk for Mental Illness.

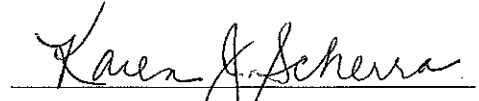
Amy Foley on behalf of Hope Community Center said her report stood as is, as she too passed her report out to the Board. Amy also added that HCC had hoped to apply for a CURES grant to help with funding additional peer support, but unfortunately HCC did not meet the necessary qualifications. She said HCC plans to work on their vision and mission and apply again next year.

Jean Houston said the Families Connected report stood as is. Alicia Fine said GCB's report also stands as is.

10. A motion was made, and unanimously agreed upon, to adjourn the June 5, 2017 Board meeting. (Motion-Scott Wheeler, second-Angela Liggett).



Karen Conrad, Chairperson



Karen J. Schetta, Executive Director