



2337 Clermont Center Drive • Batavia, Ohio 45103

TELEPHONE: (513) 732-5400 FAX: (513) 732-5414 TTY: 1-800-750-0750

WEBSITE: www.ccmhrb.org CRISIS HOTLINE: (513) 528-SAVE (7283)

MINUTES of April 10, 2017

MEMBERS PRESENT: Jacqueline Block, Richard Chaney, Karen Conrad, Dorothy Glancy, Molly Greer, Lynn Jung, Scott Wheeler

MEMBERS EXCUSED: Suzy Carter, Greg Cotrill, Angela Liggett

GUESTS PRESENT: Tammy Brewer, Jim Carter, Alicia Fine, Amy Foley, John Kelly, Sandy Lock, Jeff O'Neil, Heather Turner, Katherine Shepard, Lucas Strakowski

STAFF PRESENT: Cindy Knoblauch, Erica Pursley, Karen Scherra, Lee Ann Watson

1. Karen Conrad welcomed guest and potential new Board member, Katherine (Katie) Shepard. Katie introduced herself to those present and told everyone a little bit about herself. Katie said she is very interested in becoming a Board member because she has personal experience with family members with mental health concerns. Board members and staff and agency staff introduced themselves to Katie as well and the meeting began.
2. A motion was made, and unanimously approved, to approve the Agenda for the April 10, 2017 Board meeting with the addition of discussion item number three, Recovery House. (Motion-Scott Wheeler, second-Dorothy Glancy).
3. A motion was made, and unanimously approved, to approve the March 18, 2017 meeting minutes. (Motion-Dorothy Glancy, second-Jacqueline Block).
4. Review Materials/Correspondence: Executive Director, Karen Scherra, brought attention to the Correspondence folder, which contained a copy of a letter from the Workforce Investment Board for Butler, Clermont, and Warren Counties (WIBBCW) recommending the reappointment of Karen to another term as Board member. Karen informed the Board that she accepted the nomination and that the Clermont County Board of Commissioners has approved her reappointment. In the Miscellaneous folder, Karen highlighted an infographic on the impact of Medicaid Expansion on access to treatment for individuals with an opioid use disorder. Without Medicaid Expansion, many of the individuals now receiving substance use disorder treatment would not be able to access these services. She further pointed out an article discussing the revision of the Federal 42 CFR Part 2, which covers the requirements of

5. confidentiality of alcohol and drug disorder treatment records. Karen also said there was a summary of the proposed changes to the American Health Care Act (AHCA) bill that did not move forward in the House last month. Karen also mentioned Northland Intervention Center's Open House on April 28, 2017. Karen stated there were several articles pertaining to the repeal/replacement of the Affordable Care Act (ACA), as well as the heroin epidemic in the Newspaper folder. Karen highlighted a few of those articles, including an article that reported how many states are now putting limits on the number of days individuals can be prescribed opioids. Karen also mentioned an article about President Trump's appointment of New Jersey Governor, Chris Christie, as chair of a special commission on the heroin epidemic. As far as the ACA repeal/replace, Karen pointed out that many articles touched on the backlash Congress is receiving as a result of their not voting to repeal or replace the ACA and/or the fact that they plan to, and that after a two week hiatus, Congress will probably have a lot of questions to address.
6. Karen Scherra then presented a few highlights from the Executive Director's Report. Karen mentioned that she continues to be working remotely due to her husband's illness. Within the OACBHA update in her report, Karen pointed out several statutory changes proposed by the Franklin County Board to change the role of the boards. Some of the changes include the Board no longer being responsible for probated clients. The Franklin County Board does not believe that boards should be responsible for many of our statutory requirements since there is no funding attached to those requirements. Karen fears that these changes may strip away the Board's authority in the County and ultimately impact the quality of care of our clients.

Karen provided more information on the opioid prescribing recommendations. The Ohio House and Senate recently introduced parallel bills that pointed to the CDC prescribing guidelines for acute pain and incorporated requirements for pain medication from dentists. These bills were followed by an announcement from Governor Kasich, outlining a rule change that will limit prescriptions for acute pain from doctors, dentists, and advance practice nurses to seven days, five for minors. While this will decrease the number of doses of prescription pain medications, it may also make it difficult for individuals with chronic pain to obtain needed medications, although there are provisions for specific usage included in the bill.

7. Committee Reports: Finance Committee Chair, Scott Wheeler, stated that the Finance Committee, which met prior to the Board meeting, discussed the Board's Financial Projection, which is on track. The Finance Committee also discussed agency requests for the reallocation of unearned FY17 funding. Sandy Lock presented for Child Focus, Inc. (CFI), requesting that unearned funding be approved for utilization for the early childhood partial hospitalization program and to cover the current funding deficit in the partial hospitalization program. Sandy Lock explained that the partial hospitalization program had an \$85,000 deficit in FY16 since the agency is now reimbursed by the Board based on purchase of service, not grant-based. Due to student absences at the program, services are not able to be provided as projected. However, the program still has the same administrative expenses whether students are present for programming or not. CFI stated they are also expecting an \$85,000 deficit in FY17. Scott Wheeler informed the Board that the Finance Committee did not make a recommendation on

this request, wanting the full Board to make the decision. After much discussion, the Board members agreed to defer the decision on the redirection of funds until the end of the fiscal year in consideration of the Board's own current budgetary concerns and the yet unknown outcome of the ACA repeal/replace.

The next finance item discussed was Clermont Recovery Center's (CRC) adolescent funds allocation revision. Karen Scherra explained to the Board the need to amend CRC's POS contract amount to reflect the OMHAS adolescent treatment grant funding being given directly to CRC instead of the Board. Typically, the OMHAS adolescent treatment grant funds are distributed through the Board. The Board paid out the grant in the first half of the fiscal year, and when the discrepancy was discovered, CRC reimbursed the Board for the amount paid. In order to avert that same situation for the second half of the year, the POS contracted amount needs to reflect the \$138,500 difference in the funding to be provided by the Board. The revision would simply deduct that grant money from the POS to avoid the back and forth of monies between CRC and CCMHRB. A motion was made, and unanimously approved, to approve the allocation revision of adolescent funds of \$138,500 for FY 2017. (Motion-Scott Wheeler, second-Molly Greer).

The final finance item discussed was Greater Cincinnati Behavioral Health Services' (GCB) request to transfer FY17 funds from mental health to addiction services. GCB/CRC is currently about \$100,000 overspent on AOD services, but about \$200,000 under spent on mental health services. GCB explained that CRC is not seeing as many clients with Medicaid as expected, resulting in increased cost to the Board. GCB further explained that an overestimation of Medicaid clients for mental health, as well as delayed ability to hire the additional CPST staff, resulted in the unearned funding for mental health services. Karen Scherra reminded the Board members that the Board has prioritized Medication Assisted Treatment, which is more costly than traditional AOD treatment, which results in additional costs for CRC. Karen also mentioned that CRC might continue to be over budget if service needs continue to be high. The Board agreed that if the request was approved, GCB would be required to submit a monthly financial report for delivery of mental health and AOD services for review. Scott Wheeler reminded everyone "we are in for some lean times". A motion was made, and unanimously approved, to approve GCB's request for transfer of FY17 funds from MH to AOD services. (Motion-Scott Wheeler, second-Lynn Jung).

8. Action Items: Lee Ann Watson advised the Board that a Social Media Policy needed to be created to provide direction with regard to the use of websites, Facebook, and Twitter accounts being utilized by both CCMHRB and the Opiate Task Force. Since the Opiate Task Force is funded by the Board, their website will be governed by the same policy. The policy spells out what items are considered 'inappropriate' for posting on social media. Lee Ann went over some of the items in the social media policy. Amy Foley will assist with the Opiate Task Force social media and Cindy Knoblauch will manage social media for CCMHRB. Both Amy and Cindy gave the Board an idea of how much time will be spent daily to manage social media in response to Dorothy Glancy's concern of slim staff. Amy and Cindy both said that daily management time will be minimal. A motion was made, and unanimously approved, to

approve the Board's new Social Media Policy as presented. (Motion-Jacki Block, second-Molly Greer).

9. Discussion Items: Karen Scherra gave an update of the Affordable Care Act (ACA) repeal/replace efforts. Karen touched on the three publications that were emailed to the Board earlier that day that were essentially very brief, but informative, summaries of where the ACA repeal/replace saga stands. Dorothy Glancy mentioned that she appreciated getting electronic updates of the big issues with healthcare rather than all of the paper communications. Karen reminded everyone that although Congress did not vote to repeal or replace the ACA, it is not a dead issue. Congress may be on a two week recess, but legislators are receiving much pressure to make a decision about the ACA. Karen said the ACA repeal/replace issue is now the number one concern of the Federal Government, even over National Security. Karen advised the Board that the congressional Freedom Caucus is pushing for ten “non-essential services” to be cut, and two of those ten are mental health services and alcohol and drug services. Karen also said the Federal government wants to give States waivers to customize their Medicaid plans. Ohio has historically not utilized Medicaid waivers, although several requests have been submitted in recent years, but not all approved. Karen expressed concern over giving States this flexibility, since it could cause significant changes to the ACA without the federal government having to pass a single bill. Karen said that while mental health and AOD services have support from Ohio Senators Rob Portman and Sherrod Brown, U.S. Representative Brad Wenstrep has been unclear regarding his support. These differences in support of MH and AOD services demonstrate that the battle over repeal or replacement is not going away, and that Medicaid will be under extreme scrutiny. Karen assured the Board she would continue sending weekly updates on the issue.

Karen Scherra also updated the Board on the SFY 2018-2019 State Budget. Karen stated that the budget is still being reviewed by the House. She said there has been much testimony from a multitude of groups advocating for more mental health and alcohol and drug prevention and treatment funds. Karen mentioned that it appears there is positive support for OACBHA's budget platform, but there has not been a discussion on increased funding to support the platform. While it is still unclear if additional behavioral health funding will be added to the State budget, it does appear that the legislature is in support of the need for more funding to address the opioid crisis. Unfortunately, the majority of focus for funding has been on opioid treatment, not mental health treatment. It has been suggested that additional funding may flow through Family and Children First to address multi-system involved children. Additionally, Karen mentioned that during Governor Kasich's State of the State address, he proposed that \$20 million should be allocated for research and prevention related to opiate addiction. The Governor did not include additional funding for treatment in his address. It is anticipated that the State budget may not be completed and signed by the Governor by the July 1st deadline. Speculation is that OMHAS will be flat funded and additional funding to the Boards will only be available through OMHAS grants.

A third item for discussion, added at the beginning of the meeting, is the status and public opinion of GCB's Recovery House. Karen informed the Board members that Pierce Township residents are concerned about the opening of the Recovery House. Karen relayed that Steve

Goldsberry, Vice President of Addiction Services at GCB/CRC, had sent her postings from the social media platform “Nextdoor”. Karen told the Board that after reading the blog, she found that the response to the Recovery House is about half negative and half positive. Karen stated that some residents do not understand what the house is, thinking it is a treatment facility. Residents on “Nextdoor” were rallying for a good turnout at the upcoming Pierce Township Trustee meeting, as the Recovery House will be discussed. Alicia Fine, GCB’s Vice President of Employment and Recovery Services, informed the Board members that GCB had discussed the Recovery House with a Township Trustee, the Zoning Department, and the Police and Fire Chiefs. Alicia also stated that she reached out to the neighbors who live next to the house to provide them with information. GCB will attend the Trustee’s Meeting to provide education to the residents about the house. Alicia also said that the house is almost complete and GCB is in the final stages of determining who the first six residents will be. It is anticipated that residents may be graduates from CASC. Alicia explained the structure of the Recovery House, explaining that it was “natural housing”. The house will be a shared living environment with structured recovery focused support. To be eligible to live in the house, individuals must be in recovery and have employment. Jeff O’Neil, GCB’s CEO, said this isn’t the first time that a Recovery House has been met with negative reception from the neighbors. He said it is all part of the process and they will be there to educate the public on GCB’s efforts and responsibilities, as well as the positive impact they believe the Recovery House will have. Katie Shepard added that it is good to have a recovery house in Clermont County. Jeff agreed, stating that it is the natural setting that sets a Recovery House apart from a “facility”. Scott Wheeler pointed out the Recovery House is close to his home, and the house looks very nice. Karen Scherra pointed out that despite the concerns of the neighbors, CCMHRB needs this Recovery House as part of the OMHAS continuum of care requirements.

10. Directors’ Reports: The meeting then moved on to the Agency Director’s Reports. Amy Foley from Hope Community Center said her report stood as is, but added that they had hired a Recovery Coach who has been in recovery for 10 years. Amy also said the Hope Community Center’s art show would be on April 26, 2017, from 10am-4pm.


Heather Turner and Lucas Strakowski presented on NAMI’s behalf. Heather stated that NAMI’s report stood as is, but expanded on their “Hot Topics” for March. Heather said that the March presentation marked the highest attendance ever, and this month the hot topic was “Courage for Recovery”. Heather said the next hot topic will be “Alcohol Use Disorders”. Heather also discussed NAMI’s program “Ending the Silence” which is currently being rolled out at Felicity Middle and High schools. Heather said the program is aimed at helping kids to identify a mental health disorder and to know when help is needed. Lucas Strakowski further explained that the most recent “Ending the Silence” presentation had 55 ninth and tenth graders in attendance, and was very well received, judging by the evaluations. Katie Shepard commented on how little she thinks mental health is addressed in schools and was encouraged to hear of a program like “Ending the Silence”.

Presenting on behalf of Child Focus Inc. was Jim Carter. Jim discussed with the Board members how CFI is currently working on grants for “TelePsychiatry” and “TeleTherapy”, three grants from United Way, and an \$800,000 Children’s Services grant. Jim also touched

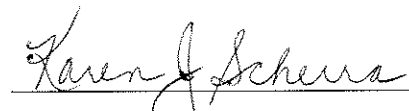
on the Trauma Training that CFI gives to school employees, stating that the last session had ninety attendees. Jim was also very pleased to announce that CFI's Director of Training, Melanie Palmer, received a state award related to her support for expanding the number of individuals qualified to obtain marriage and family therapy licensure in the State of Ohio.

Greater Cincinnati Behavioral Health Services (GCB) CEO Jeff O'Neil addressed the Behavioral Health Redesign, saying the State is at a crossroads. Jeff said that with the new Medicaid rates coming out, GCB may have a 30% decrease in revenue. Jeff thanked the Board for their patience with funding requests.

11. A motion was made, and unanimously approved, to adjourn the April 10, 2017 Board meeting.
(Motion-Scott Wheeler, second-Dorothy Glancy).



Karen Conrad, Chairperson



Karen J. Scherra, Executive Director