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MINUTES of September 11, 2017

MEMBERS PRESENT: Andy Bateman, Jacki Block, Karen Conrad, Kelley Costello, Carole Cottrill, Dorothy Glancy, Peggy Hickman, John Kelly, Angela Liggett, Katherine Shepard, Stephen Todd Shumard, Greg Varner

MEMBERS EXCUSED: Suzy Carter

GUESTS PRESENT: Jim Carter, Alicia Fine, Amy Foley, Jean Houston, Sandy Lock, Heather Turner, Gregg Pieples

STAFF PRESENT: Cindy Knoblauch, Erica Pursley, Karen Scherra, Lee Ann Watson

1. Chairperson Karen Conrad welcomed everyone and pointed out there were several new Board members present and requested everyone in attendance to introduce him or herself. Everyone present did so and the meeting then moved forward.
2. A motion was made, and unanimously approved, to approve the Agenda for the September 11, 2017 Board meeting. (Motion-Angela Liggett, second-Dorothy Glancy).
3. A motion was made, and unanimously approved, to approve the July 10, 2017 meeting minutes. (Motion-Dorothy Glancy, second-Jacki Block). A motion was made, and unanimously approved, to approve the June 5, 2017 meeting minutes. (Motion-Angela Liggett, second-Jacki Block).
4. Review Materials/Correspondence: Executive Director Karen Scherra brought everyone's attention to the folders and pointed out that the articles and information were now categorized by subject matter. Karen specifically touched on the "Heroin/Opiate" folder stating there was a section from the *Cincinnati Enquirer* entitled 'Seven Days of Heroin'. Karen pointed out that Clermont County did not get much mention in the article, but it did reference our Quick Response Team (QRT) and the lawsuit the Clermont County Commissioners filed against wholesale pharmaceutical distributors. Karen Scherra reminded the Board members to initial an article if they are interested in receiving a copy.
5. Karen Scherra then presented a few highlights from the Executive Director's Report. In her OACBHA update, she advised the Board that OACBHA has decided to hold a two day retreat

for Board Directors to discuss in depth the many issues that could arise with the move to managed care. Karen told the Board the retreat is scheduled for September 25-26 and she will be attending to learn how the changes will impact the CCMHRB and its contract agencies.

Karen mentioned that she had attended the Hospital Services Committee meeting on August 8. She said bed access at the state hospitals continues to be a critical issue for Boards, as is the impact of managed care on use of the hospital once it is managing community behavioral health. Karen noted that at their next meeting, the Committee will discuss the IMD policy and "flow" issues as to how access should occur with managed care in the mix. Karen also noted that Summit Behavioral Health recently informed Lee Ann Watson that the hospital would be prioritizing admissions for those without a third party payer; the belief is that clients with Medicaid or insurance should receive inpatient services at a private hospital.

Karen then moved on to an update on the opiate issue. Karen said the Clermont County Sheriff's Office learned they were awarded grant funding offered by the Ohio Attorney General's office for QRT teams. Associate Director Lee Ann Watson wrote the grant proposal for the Sheriff's Office, as well as a grant proposal for Miami Township and the City of Milford police departments. Karen said that unfortunately, Miami Township and the City of Milford were not awarded the grant, but they plan to still implement a QRT in their adjoining jurisdictions. Although the grant funding received by the Sheriff's Office is less than originally requested, the grant funding will be used to hire a Recovery Coach at CRC who will provide outreach with a Sheriff Deputy to individuals who have survived an overdose and live in the Sheriff's jurisdiction. Karen informed the Board members that the goal is to have county wide access to QRT.

Karen also told the Board that on August 8, one of the CRC Recovery Coaches and Commissioner Painter went live on Facebook to talk about recovery and resources in the community. She said they did a wonderful job and had another live Facebook session planned for September 12, 2017 from 12:00pm to 12:10pm focusing on Medication Assisted Treatment. Karen urged the Board to log in and watch the live feed. Karen also discussed her involvement as a member of OACBHA's new Opiate Committee. Karen said their first meeting will be October 2, 2017.

Karen then brought attention to the section of her report about the ACA repeal bill. She reported that the Senate has until September 30 to pass a repeal bill under reconciliation, which lets a bill be passed with only 51 votes instead of 60. She said it is not clear if Senators can get the necessary 50 votes to pass the bill. Karen stated that the Senate failed to advance its "skinny" ACA repeal bill which would drastically cut Medicaid funding and lead to millions of Americans being uninsured in the future. Karen also noted that President Trump threatened to cut off the government funding of subsidies to insurance companies if a healthcare bill is not approved quickly.

Karen then moved on to other legislative pieces up for debate. Several health programs must be reauthorized by Congress before they expire at the end of the fiscal year on September 30.

Some of those programs include the Children's Health Insurance Program (CHIP), the Maternal, Infant and Early Childhood Home Visiting (MIECHV) Program, and Disproportionate Share Hospital (DSH) reductions. Decisions are critical at this point. Karen noted that according to a report, more than half of all states will exhaust their CHIP funds by March of 2018 if Congress does not act. With such little time left in the fiscal year, Karen said lawmakers will likely roll the separate authorization bills into one piece of legislation to help ensure their passage.

Karen pointed out that in the House of Representatives, a bipartisan legislative caucus named the "Problem Solvers" formally unveiled a proposal that aims to immediately stabilize the insurance market. The proposal involves funding the cost-sharing reductions for insurers selling health plans, ultimately giving states more flexibility and allowing insurance to be sold across state lines.

Karen's report noted that President Trump stated he would declare a federal emergency related to the opioid epidemic, but he has never made an official declaration. Such a declaration would free up resources allowing for money to be quickly sent to states. It would give the President access to funds reserved for federal emergencies or disasters such as the \$1.4 billion Stafford Disaster Relief and Emergency Assistance fund or some of the \$45 million dedicated to the Public Health Emergency Fund. The President could also ask Congress to approve an emergency spending package.

Karen also reported to the Board on meetings that she and staff have been involved in since the last Board meeting. Karen attended the NACo Annual Conference and the NACBHDD Board meeting in Columbus from July 21-25. At the conference, Karen attended the Health Steering Committee meetings as she is a member. Karen noted that County Commissioners Humphrey and Painter were also at the conference and attended many of the same sessions as she did. Karen said she and the Commissioners spent some "down time" together, which she thinks is important in order to maintain a good relationship with the Commissioners and make them aware of our services and needs.

Associate Director Lee Ann Watson and Karen attended CFI's annual "Encourage the Heart" dinner/fundraiser on August 4. The dinner marked the 40th Anniversary of the agency. The dinner was well attended and honored a number of people who have assisted the agency in meeting its mission and vision, including Karen Scherra's predecessor, Jim Wasserman.

Karen informed the Board members that on August 9, she attended a meeting about the OMHAS SAMHSA grant for their "ENGAGE" project. The grant is focused on youth and the intended use of funding is mobile response. She said that since CCMHRB has already developed a plan for a Mobile Crisis response to families involved with Juvenile Court for a grant submission to the Department of Youth Services (DYS), these OMHAS funds may be able to pay for, or expand, the program CCMHRB developed, depending on whether or not the DYS grant is received.

Karen also told the Board that the monthly CASC meeting was held on August 15. She said the men's program is doing well, staying almost at capacity, and plans were well underway for the opening of the women's CASC program in September. The women's CASC officially opened on Tuesday, September 5 with two participants.

Karen also attended an initial meeting of the Southwest Collaborative on August 25 to discuss the funding in the state budget for regional crisis stabilization and withdrawal management centers. She said the amount of funding in the budget is significantly less than requested, so it will be difficult to do much more than use the funds to expand slightly each Board's access to these services at already established agencies. Karen also mentioned that she heard Kelly Firesheets, Senior Program Director at Interact for Health, speaking on WLW about Hamilton County's need for a withdrawal management center. Hamilton County expressed concern that OMHAS was not providing sufficient funding directly to Hamilton County for the development of this center.

6. Action Items: The first action item discussed was the FY 2018 MOU with OMHAS for ATP Funding. The Ohio Department of Mental Health and Addiction Services (OMHAS) Bureau of Criminal Justice expanded the Addiction Treatment Program (ATP) to eight additional counties in Ohio in FY 2017; Clermont County was one of those counties. The ATP funds Medication Assisted Treatment (MAT), other treatment services, and recovery supports (such as housing, transportation, childcare, etc) for drug court clients who have an opiate and/or alcohol use disorder and who are eligible for MAT. Juvenile Court's Family Dependency Treatment Court, which serves parents who have lost custody of their children due to drug use, is the Clermont drug court selected for this program. The funding for FY18, including \$100,933 carry over from FY17, totals \$165,072. It is likely this funding will not be spent. Since the Family Dependency Treatment Court has historically not had a lot of participants, Karen Scherra appealed to OMHAS to be allowed to also use the funds for clients of the OVI Court, but that request was denied. Karen plans to draft a letter for Judge Miles, Administrative Judge for Municipal Court, to send to OMHAS Director Tracy Plouck about this situation. A motion was made, and unanimously approved, to approve the FY 2018 MOU with OMHAS for ATP funding and to authorize the Executive Director to sign the MOU on behalf of the Board. (Motion-Angela Liggett, second-Jacki Block).

The second action item discussed was the FY 2018 MOU with Talbert House for Recovery Housing. Before CCMHRB embarked on getting a recovery house within Clermont County, the Board partnered with the boards in Brown and Warren/Clinton Counties to develop a recovery house for men and one for women. This MOU with Talbert House would allow for male Clermont County residents, with approval from Lee Ann Watson, to reside in the recovery house for men in Georgetown. They would receive Board subsidy for 6 months at decreasing amounts, to allow the individuals to get a job and save some funds to hopefully move out on their own. Board member Todd Shumard asked how many Clermont County residents are currently in the Brown County recovery house and Lee Ann advised there are two. Karen Scherra told the Board that the purpose of partnering with Talbert House is to have an additional resource for Clermont County residents in need. Board member Angela Liggett then asked how the recovery house in Clermont County was doing. Alicia Fine, Vice

President of Employment and Recovery Services at Greater Cincinnati Behavioral Health Services (GCB) and a leader for the Clermont County recovery house project, took this opportunity to report on the current status of the house.

Alicia said there are seven available spots for residents at the recovery house and four are currently filled, including the lead resident. GCB is currently reviewing two referrals for the house. She said all four residents are employed full time in the community. Alicia said GCB is involved with the residents in making sure communication remains open. GCB is also providing information to the residents about financial awareness. The residents are learning how to be financially responsible by paying rent and buying their own food and toiletries. In response to the community's concerns, GCB has put up a split rail fence at the house to provide both the residents and the neighbors with a type of barrier for privacy and safety. GCB also recently added a shed to the back of the property. Alicia said they are pleasantly surprised how smoothly everything is going. The residents have a weekly meeting to air out their feelings and keep the focus on recovery. They also have a "family meal" on Sundays. A motion was made, and unanimously approved, to approve the FY 2018 MOU with Talbert House for recovery housing for men and to authorize the Executive Director to sign the agreement on behalf of the Board. (Motion-Carole Cottrill, second-Angela Liggett).

The third action item discussed was the FY 2018 MOU with Municipal Court for the IDAT funds. For over a decade, the Board has had an arrangement in place with Municipal Court for the use of the Indigent Driver Alcohol Treatment (IDAT) Fund dollars to support treatment services provided by the Clermont Recovery Center (CRC). In past years, the amount of funds included in the contract has varied, based on the amount available in the Fund, the Board's financial situation, and the needs of the system and clients. The amount has been reduced significantly over the past couple years, as there are fewer indigent clients accessing services at CRC due to the implementation of Medicaid Expansion. The amount of fines that are deposited in the IDAT Fund are also decreasing. The judges can declare a "surplus" in the fund, which then allows them to use the funds for services other than for those with an alcohol dependency. The judges have declared a surplus once in recent years. They have mentioned the possibility of doing so this year if there is a specific need. Karen Scherra has set up a meeting with the judges about the use of the IDAT Funds this year. She is hoping that they will consider maintaining the amount of the funds for FY18 at \$75,000, the amount CCMHRB contracted for last fiscal year. As in previous years, after the end of the fiscal year, the Board will provide the Court with documentation that the funds were expended, providing services to individuals who meet the established criteria. At that point, the judges will sign a judgment entry that releases the funds to the Board. A motion was made, and unanimously approved, to approve the FY 2018 MOU with Municipal Court for IDAT funding and to authorize the Executive Director to sign the MOU on behalf of the Board. (Motion-Dorothy Glancy, second-Angela Liggett).

The fourth action item discussed was the FY 2018-2019 MOU with the Sheriff's Office for the QRT Grant Project and the amendment to the POS contract with CRC to include the additional funds for a recovery coach. The grant was awarded by the Attorney General's Office and will pay for the salary and fringes for the Sheriff Deputy(s) and the Recovery

Coach who will visit individuals who survived an overdose within the Sheriff's Office jurisdiction. The Board needs to enter into a Memorandum of Understanding (MOU) with the Sheriff's Office to delineate how the funds will be transferred and what the responsibilities of the parties are. The Board also needs to amend the FY 2018 POS contract with Clermont Recovery Center/Greater Cincinnati Behavioral Health to include these additional funds for a recovery coach. Karen reminded the Board members that due to the uncertainty related to the Behavioral Health Redesign, the Board approved six month contracts with the agencies for FY18. A motion was made, and unanimously approved, to approve the FY 2018-2019 MOU with the Sheriff's Office for provision of recovery coaches for the AG's Office QRT Grant. (Motion-Andy Bateman, second-Peggy Hickman). A motion was made, and unanimously approved, to approve the amendment to the POS contract with CRC to include the additional amount for the recovery coach. (Motion-Kelley Costello, second-Greg Varner).

The fifth and final action item discussed was the FY 2018 agency sliding fee scale. By statute, Board members have to approve the contract agencies' sliding fee scales on an annual basis. The sliding fee scales provide guidance as to the amount of payment required for services based on income and family size. The amount not paid by the client is then billed to the Board. After a number of issues about client fees at CRC/GCB were raised by Municipal Court, Karen Scherra discussed the issue with Steve Goldsberry, at CRC, and with Board staff. During the discussion it was realized that they had overlooked an essential piece of the poverty guidelines when the FY 2017 scales were developed. Due to Medicaid Expansion, individuals with an income up to 138% of poverty are eligible for Medicaid, and thus do not have to pay for services. Our approved sliding fee scale started with 100% of poverty, meaning that those individuals just above 138% of poverty were not paying the smallest percentage for their fee, which really is the way the fees should be calculated. So the sliding fee scale was adjusted to have the beginning point at 138% of poverty, not 100%. Board staff and CRC believe that this revision should address most of the concerns expressed by the Court, and it is a very fair scale that the Board will stand behind if agencies are questioned about their fees. A motion was made, and unanimously approved, to approve the FY 2018 agency sliding fee scale. (Motion-Kelley Costello, second-Peggy Hickman).

7. Video on FY 2018-2019 State Budget and Discussion: At this point in the meeting a video was played in which the Ohio Department of Mental Health and Addiction Services' (OMHAS) executive staff presented highlights of the agency's budget for the 2018-2019 Biennium. The link to that video is https://youtu.be/p8HSbSvB_pc. Karen highlighted some of the information detailed in the video.
8. Discussion Items: The first discussion item was the update on the Federal Budget and Repeal/Replace of the ACA. Karen reminded the Board she had covered that item previously in the meeting during her presentation of highlights from her Executive Director's report.

The second discussion item was the update on BH redesign. Karen Scherra said the redesign goes into place January 1, 2018. The Senate passed the veto override with a 33-0 vote. With this veto override vote, the new codes and rates are now slated to be effective on January 1, 2018 and the managed care carve-in is delayed until July 1, 2018. The next BH Redesign

stakeholder meeting is scheduled for September 13th. Boards are expecting an update on the timeline as well as the provider rate discussions at that meeting. The CCMHRB is set up for billing the new codes, and will begin testing billing next month. Other overrides of interest include:

- Veto of a budget provision giving the legislature, instead of the Controlling Board, more control over Medicaid spending if the federal government's matching rate changes. The Senate overrode the veto on a 23-10 vote.
- The Legislature also took back control over Medicaid optional eligibility groups, with the Senate voting 23-10 to follow the House's override of a veto placing that authority solely in the hands of the General Assembly.

The third discussion item was the update on grant submissions. Karen informed the Board that staff is currently involved in several grants and she thanked Lee Ann Watson for stepping up and writing all of them. Lee Ann Watson and Gregg Pieples, Director of Addiction Services at CRC, met on July 25, 2017 to discuss the goal of a County-wide QRT team. Lee Ann and Gregg will be working on a proposal to submit to Interact for Health for additional Recovery Coaches to staff a QRT team in the southern part of the County. At the beginning of July, the Board was notified that we were awarded the OMHAS Criminal Justice and Behavioral Health Linkage Grant. The Board has received this grant in the past to expand the Mobile Crisis Team. The current grant will provide a full time Jail Liaison stationed at the jail and a Re-entry Coordinator position. The Jail Liaison provides screenings and assessments in the jail to identify individuals with a mental health disorder in order to connect the individual with treatment. The Re-entry Coordinator position will be an employee of GCB, and will work with current and historical GCB clients while they are in jail and coordinate intensive CPST services upon release from jail. Unfortunately, the amount awarded was less than requested – \$83,333 vs. \$98,376. Several meetings occurred during July, August and September to plan for the integration of the Jail Liaison position in the Jail. Lee Ann spent a morning at the jail on August 8, 2017 to understand the booking process. The Jail Liaison started in the jail on August 14, 2017. The Re-entry Coordinator will start work in October.

On August 4th, the Department of Job and Family Services began interviewing jail inmates to determine eligibility for Medicaid. As part of the project, DJFS staff has the inmates complete a brief behavioral health screen to determine the inmate's history of behavioral health treatment and their interest in being connected to treatment. Individuals who have a history of treatment or request connection with treatment are then connected with the Jail Liaison.

Lee Ann Watson submitted a grant on July 14th to OMHAS for expansion of prevention evidence-based practices. The grant was awarded to the Board at the end of August and will provide \$30,000 to increase the number of elementary schools in Clermont County that are utilizing the drug prevention program "Life Skills Training". On August 31st, Lee Ann Watson submitted two grants. One grant, written by Child Focus, Inc., will provide \$1,000 funding to provide QPR (Question, Persuade and Refer, suicide prevention gatekeeper training) training to UC Clermont students and faculty. The second grant submitted was an OMHAS "Community Collective Impact Model for Change" grant for \$20,000. The grant

would provide funding to the CCMHRB, as the hub or “backbone” organization addressing the County opioid epidemic, for developing a marketing and fundraising plan for the Opiate Task Force, and implementation of a measureable strategic plan. The grant would also provide key Opiate Task Force members with training from OMHAS staff on the Collective Impact Model.

The fourth discussion item was the Recovery House Capital Plan. Karen Scherra submitted a capital plan to OMHAS last month for another recovery house, this one for women. OMHAS received \$20 million in capital money to expand the number of recovery houses as part of the biennial budget. The state will provide funding up to 75% of the total cost. Alicia Fine with GCB put together a budget of \$226,500 needed to obtain a women’s recovery house.

The fifth discussion item was the draft of the financial projection for SFY 2018-2019. Erica Pursley pointed out highlights from the financial projection noting it is only a “projection”. Her projection report shows that the POS contracts will be under spent by \$300,000 for FY 2017 and that we should end FY 2018 with \$110,000 in free reserves. Erica also advised the Board there was no Finance Committee meeting for September because new Board members had not yet been assigned to committees.

The sixth discussion item was deciding on the October and November Board meeting dates. Karen Scherra advised the Board that on the set date for the October Board meeting, her daughter will be running in the Chicago Marathon and Karen would like to be there to support her daughter. Karen asked the Board if it would be alright that she not attend the October meeting. Considering Karen rarely misses Board meetings, the Board all agreed that it would be fine for Karen to skip the October meeting. In terms of the November Board meeting date, Karen advised the Board that the NACBHDD fall Board meeting is being held in Portland Oregon on the same date. Being that it is an important meeting for Karen to attend and also not wanting to miss another CCMHRB meeting, Karen asked the Board if they could reschedule the November Board meeting. The Board agreed to reschedule the meeting to November 6, 2017. A motion was made, and unanimously approved, to reschedule the November Board meeting to November 6. (Motion-Angela Liggett, second-Kelley Costello).

The seventh discussion item was that of the 50th Anniversary Celebration. Karen Scherra advised the Board members that the CCMHRB celebrates its 50th year anniversary in 2017. Since Developmental Disabilities (DD) was combined with the Mental Health Board until legislation separated them in 1967, DD also celebrates their 50th anniversary this year. Planning an anniversary event during the fall would overlap with DD’s celebration, and Board staff has not had sufficient time to plan a fall event. As such, Karen thought it may be best to postpone the celebration until May 2018 during Mental Health Month. The Board agreed and it was decided that the 50th Anniversary Celebration would be planned to take place then. Several Board members indicated their willingness to assist staff with planning the event.

The eighth and final discussion item was the Board member Committee assignments. Karen explained to the new Board members that there are two committees in which they can choose to participate. One is the Finance Committee which meets prior to the monthly Board meeting (6:00pm every second Monday of each month) to discuss Board finances and to determine spending parameters. The second is the Program Committee, which meets at various times throughout the year with the agencies to discuss service priorities and other program related issues. Each new Board member then indicated to which committee they wanted to be assigned. Board Chairperson Karen Conrad officially appointed them to that committee. John Kelly, Kelley Costello, Peggy Hickman, Carole Cottrill, and Andy Bateman are on the Program Committee and Todd Shumard, Katie Shepard, and Greg Varner were appointed to the Finance Committee.

9. Agency Directors' Reports: Jim Carter from Child Focus Inc. (CFI) said his report stood as is, but wanted to add that CFI is working with the Clermont County Juvenile Court system to get a mobile crisis plan in place for children under 12 who are being brought to the Juvenile Detention Center by law enforcement due to "unruly" behavior. CFI would like to see a plan put into place, much like the one for adults, so children in these situations can be evaluated for mental health needs.


Jean Houston of Families Connected said her report stood as is.

Amy Foley from Hope Community Center addressed the Board members stating that her report stood as is but wanted to add that she had met with a Pastor from Emmanuel United Methodist Church who had come to her for resources. She told the Board she helped him set up a family support group at the church.

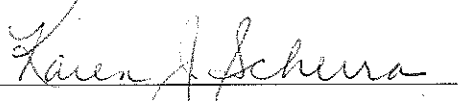
Heather Turner of NAMI said her report stood as is. To provide information to the new Board members, Heather also gave a brief background on NAMI, stating they are a grass roots organization dedicated to improving the lives of families and individuals affected by mental illness through education, support and advocacy.

Gregg Pieples, Director of Addiction Services at CRC/GCB, reported for the agency. He explained the QRT team and the successes of the outreach team. Gregg said that the Union Township QRT program, operating since January, has had a 75% rate of success getting people whom they have been able to contact into treatment. Milford, Miami Township, and the Clermont Sheriff's Office all will be starting to follow up with overdose clients and partnering with CRC recovery coaches. He also updated the Board on the 21st Century Cures grant that is funding a women's CASC program. Gregg said the women are offered a 5-90 day treatment plan. There is a doctor on-site and getting the women on Medication Assisted Treatment (MAT), if clinically appropriate, is a focus of the grant. CRC's MAT treatment program has grown from 130 clients to 440 (out of a total of 1900 eligible clients) in the last two years. Gregg attributed their success with these programs to the recovery coaches, there are now eight working in the system. Karen Scherra added that the recovery coaches were doing so well, that individuals in recovery from Franklin County came to Clermont to learn about their process after hearing the Team speak at the statewide Opiate Conference.

10. Adjournment: Before the motion to adjourn was made, Lee Ann Watson reminded everyone about the upcoming Suicide Candlelight Vigil on September 13, from 6:30pm to 8:00pm at the Veterans Memorial Park on Clough Pike. A motion was made, and unanimously approved, to adjourn the September 11, 2017 Board of Directors meeting. (Motion-Angela Liggett, second-Katie Shepard).



Karen Conrad, Chairperson



Karen J. Scherra, Executive Director