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MINUTES of September 10, 2018

MEMBERS PRESENT: Andy Bateman, Jacki Block, Karen Conrad, Kelley Costello, Carole Cottrill, Dorothy Glancy, Peggy Hickman, Greg Varner

MEMBERS EXCUSED: Suzy Carter, John Kelly, Katie Shepard

ASSOCIATE MEMBER EXCUSED: Richard Chaney

GUESTS PRESENT: Tammy Brewer, Jim Carter, Heather Cokl, Rhonda Dull, Alicia Fine, Amy Foley, Jessica Johnson, Chris Miles, Julia Saldanha, Laura Stith, Heather Turner, Jerry Wittmeyer

STAFF PRESENT: Cindy Knoblauch, Erica Pursley, Karen Scherra, Lee Ann Watson

1. Chairperson Karen Conrad welcomed everyone. Karen addressed the Board on the importance of the Board meetings and individual attendance. Karen said especially at July meetings, meeting quorum is crucial for the approval of contracts. Karen also asked the Board to let friends and family know there are open positions on the Board.
2. A motion was made, and unanimously approved, to approve the Agenda for the September 10, 2018 Board meeting. (Motion-Carole Cottrill, second-Greg Varner).
3. A motion was made, and unanimously approved, to approve the July 9, 2018 meeting minutes. (Motion-Andy Bateman, second-Dorothy Glancy). Executive Director Karen Scherra reminded everyone that the July meeting was not technically official, as quorum was not met, but minutes were recorded to reflect the discussions. The Executive Committee approved the June minutes and the motions for the July meeting since quorum was not met.
4. Review Materials/Correspondence Folders: Karen Scherra brought everyone's attention to the folders being passed around and specifically mentioned a few of the items from each. From the State/Federal Reports folder, Karen mentioned the graph illustrating the percentage of officers in Ohio who have been trained in the Crisis Intervention Team (CIT) model. She pointed out that Clermont is among the counties with the highest number of CIT officers and gave kudos to Associate Director Lee Ann Watson for leading those trainings.

In the Adult Mental Health folder, Karen Scherra said the articles mainly focused on the suicide rate being up in the U.S. Karen reminded the Board members of the upcoming 17th Annual Suicide Prevention Coalition's Candlelight Vigil which is sponsored by the Board to remember

those lost to suicide in Clermont County over the past year. The Vigil will take place on Thursday, September 13 at 6:30 at Veterans Memorial Park.

In the Heroin/Opiates folder, Karen Scherra said there were articles reporting the rise in overdose deaths in some areas and the decrease of deaths in other areas.

Karen Scherra said many of the articles in the Youth Mental Health folder focused on youth suicides. The articles expressed a rising need for more mental health concentration in schools. Karen also mentioned the article about the teen from West Clermont who accidentally shot and killed himself while live on Facetime with friends. Laura Stith from Child Focus Inc. said the details surrounding the tragedy were still unclear. She said the friend group of the teen is sadly the same friend group who also lost another friend last year in a car accident. Jim Carter, CFI CEO, said the recent tragedy has really stretched CFI's resources, having to provide counseling at both the Middle and High schools. Jim said the Crisis Response Team was also at the funeral of the teen.

Moving on to the Correspondence folder, Karen Scherra said there were two thank you letters. One was from a mother and daughter who wanted to thank the Board for the helpful and informative resources on its website. The other was an email from Municipal Court Probation that was shared with Karen praising CRC's Outreach Team and the wonderful job they are doing serving Clermont County individuals dealing with addiction.

5. Presentation by Clermont Recovery Center Outreach Team - Recovery Coaches: Jessica Johnson, lead peer for the Clermont Outreach Team, stood and passed out a summary of the team's presentation as well as information on how to reach members of the team. Jessica said the Outreach Team is comprised of individuals in recovery from substance use disorders. The individuals on the team use their experiences as an avenue to build rapport, trust, and hope with clients in need of recovery services. Each team member present introduced him/herself: Jessica Johnson, lead peer for the Outreach Team; Jerry Wittmeyer, lead peer at the Merwin recovery house; Christina Miles, lead peer at CRC for transitioning clients and at the homeless shelter; and Ronda Dull, the lead on the Outreach Team's involvement with Mercy Hospital. Jessica said the team started with only one full-time member, Kristy Mudd, and now has seven full-time employees. Kristy Mudd is the lead Recovery Coach for the Quick Response Teams (QRT) that partner with Pierce Township, Milford/Miami Township and the Sheriff's Office. Jessica stated that the Outreach Team's connections with those in need of services has grown drastically. In 2017, the team met with 273 individuals. So far in 2018, they have already reached 404 individuals. Jessica said working with the Sheriff's Office has provided a major opportunity for connecting with clients, especially at the jail. The two team members working directly with the jail are Brian Taylor, lead peer at the male CASC Program, and Janie Steele, re-entry coordinator and lead peer at the women's CASC Program.

Ronda Dull also gave some details on the team's involvement in the community, specifically, her role at Clermont Mercy. Ronda arranges detoxification services for clients and gets them connected with community-based services for recovery. Karen Scherra mentioned that just last week, an elected official's family member had an urgent need for substance use services, and because of the Outreach Team, that family member was connected to needed services within three hours of Karen reaching out to the team. Jessica Johnson said she has witnessed the decrease in the stigma associated with substance use disorders as the Outreach Team continues to work with various partners in the community.

Board Member Kelley Costello spoke of having a co-worker whose son has a substance use disorder. Jessica urged her to have her co-worker contact the Outreach Team for help. Board Member Andy Bateman asked about the needs of the Outreach Team. Jessica said they need more sober living facilities and more stabilization facilities. Transportation is also a major barrier. Amy Foley of Hope Community Center also has a Recovery Coach at her facility who works with clients in the Family Dependency Treatment Court. Wrapping up the presentation, Karen Scherra announced that Janie Steele of the Outreach Team will receive the Outstanding Peer Award at this year's NAMI Evening of Hope. Karen shared that Renae Butcher, the Jail Liaison, is receiving the Criminal Justice Award at the NAMI Evening of Hope. Heather Turner of NAMI reminded everyone that the Evening of Hope Celebration will take place on October 10th at the Cintas Center.

6. Executive Director's Report: Karen Scherra presented a few highlights from her report. On August 1st she chaired the Hospital Services Committee meeting held at OACBHA. The major issue continues to be the decrease in availability of civil beds at the state hospitals, with our local state hospital having the lowest percentage of civil beds in the state – 5%. The committee is trying to get OMHAS to provide training to Judges about rethinking the use of the state hospital, particularly for restoration of competency for misdemeanor offenses. Karen said she is worried Clermont and the other Southwest boards will have no bed access at Summit within a year.

On the opiate issue, Karen said the topic for the July 12, 2018 Opiate Task Force (OTF) meeting was the Clermont County Public Health 2017 Overdose Fatality Review. In 2017, the unintentional overdose deaths decreased again, with a 9% decrease from 2016. However, between 2016 and 2017, there was a 580% increase in the presence of methamphetamine.

Under criminal justice activities, Karen shared data on the Criminal Justice/Mental Health Linkage project. In July, the Jail Liaison screened 140 inmates, and referred a total of 75 inmates to treatment: 21 new clients to GCB; 19 historical clients back to treatment at GCB; 12 new clients to CRC, and 23 to other AOD or mental health agencies. The Diagnostician has a wait list of 24 individuals.

On August 14th, Karen attended the quarterly Criminal Justice Coordinating Council (CJCC) meeting where much of the discussion centered around the jail population. Karen also presented on the Criminal Justice/Mental Health Linkage grant outcomes.

Karen also said a team from Clermont County will be presenting on Clermont's CASC program at the state level Mental Health/Criminal Justice Task Force on September 17th. The Task Force is chaired by former Ohio Supreme Court Justice Eve Stratton and Attorney General Mike DeWine. The team will also be presenting later that day at Justice Stratton's Stepping Up Committee. Members of the team met on August 16th to determine what would be in the presentation and who would do each section. Karen said she met with Commissioners Uible and Painter on August 22nd to review what had been decided and to gain their input. Karen said

the presentations would be a good opportunity for Clermont to be noticed at the state level.

Karen gave a brief update on OMHAS activities as well. She said there has been activity around getting the projects funded by the OMHAS ENGAGE grant implemented. The Project Director held a meeting with the boards involved on August 6th and a meeting of the full Southwest Team on August 20th. There are contracts, policies, procedures, and materials in the process of being finalized. Karen met with Jean Houston on August 23rd to discuss the role of the Parent Support Partner with the Mobile Crisis staff person for the project. Karen also met with staff from Child Focus and Juvenile Court, including Judge Shriver, on September 4th to work through the details of the referral process and expectations of the Court for the program. The next step will be hiring the staff for the program, which CFI and Families Connected are already working on.

The Southwest Collaborative, which is still working on the implementation of regional Crisis Stabilization and Withdrawal Management services, held a conference call on July 30th to get status reports and held another call on September 10th to discuss the status of the process to distribute the FY 2019 funds for this project, considering the boards have not spent the FY 2018 funds, which was allowed to be carried over. Karen mentioned that she will be meeting with Clermont Mercy next week to finalize the agreement for Withdrawal Management services.

On federal activities, Karen reported that a national suicide hotline bill has been signed into law. The hope is to designate a new three-digit dialing code, like 911, for mental health crises. Karen also reported that the Senate has finally passed an opioid bill after much delay. Details to come on that later, once the House and Senate meet to work through the differences in their two versions of the bill.

Karen relayed that the CDC recently reported that 20% of deceased persons from opioid overdoses tested positive for any fentanyl analog, and 11% tested positive for carfentanil — the most potent fentanyl analog in the U.S. — between July 2016-June 2017 in select reporting states. Ohio reported the largest numbers and most substantial increases in deaths with any fentanyl analog detected.

Karen wrapped up her report highlights by noting a few meetings she had attended since the Board last met. On July 10th, she participated in a NACo Health Steering Committee conference call, to prepare for her meetings at the NACo Conference, which she attended in Nashville from July 12-15. Karen participated in the (Heroin(e) documentary, the all-day Health Steering Committee meetings, and 3 sessions on Mental Health and Criminal Justice interactions and the Stepping Up Initiative. She then attended the NACBHDD Board meeting on July 16-17. Karen said she spent a lot of her time with Commissioner Painter who is a good ambassador for the County and our system. She also mentioned that the Board may have a chance to present at next year's NACo conference.

Karen also attended the Workforce Investment Board (WIB) of Butler, Clermont and Warren Counties meeting on August 3rd, and she was elected Vice-Chair. On August 21st she chaired the WIB's Emerging Workforce Committee meeting, at which there was a lot of discussion on the work Easter Seals is doing with youth, policies, and plans for future meetings. Karen said as Vice-Chair, she plans to push for the WIB to provide training on addiction-related issues,

such as the impact of the legalization of medical marijuana on businesses as part of the focus.

7. Committee Reports: Jacki Block presented to the Board on behalf of the Finance Committee which met prior to the Board meeting. The first item was an update on Board finances. Jacki said the Board did not deficit spend in FY 2018, the first time in many years in which spending remained within our allocated funds amount.

The next item was the Child Focus request for funding for a transportation van for West Clermont Schools. West Clermont Schools approached CFI about splitting the cost of a van that would transport youth from the schools to the Health Source complex at the High School for CFI treatment services. Jacki said CFI agreed to pay \$7,500 to West Clermont Schools for the van, and CFI is requesting that the Board provide half of the money, \$3,750. Karen Scherra added that CCMHRB's logo will be on the van. Jacki stated that the Finance Committee discussed this issue and is recommending that the Board approve the funding request. A motion was made, and unanimously approved, to approve the CFI request for funding for the West Clermont van. (Motion-Jacki Block, second-Andy Bateman).

Jacki closed by telling the Board that Greater Cincinnati Behavioral Health's new CFO, Patty Hassel, had attended the Finance Committee meeting.

8. Action Items: The first action item was the FY 2019 agreement with OMHAS and Child Focus, Inc., Brightview Health, and Adams Recovery Center for ATP funding. The Ohio Department of Mental Health and Addiction Services (OMHAS) Bureau of Criminal Justice expanded the Addiction Treatment Program (ATP) to eight additional counties in Ohio in FY 2017; Clermont County was one of those counties. In FY 2018, both CRC and Northland participated in the ATP Funds program. For FY 2019, the Court wants to add Brightview Health and the Adams Recovery Center to the program, and also Child Focus, as they will be providing a parental support program to the participants and their children as an additional "visitation" time each week. In order to receive and use these funds, the Board must enter into an MOU with OMHAS, which also involves the other parties in the program. OMHAS has indicated that the MOU the Board signed last fiscal year which included CRC and Northland is still valid for FY 2019. Therefore, the MOU this fiscal year includes only the newly added agencies to the program. A motion was made, and unanimously approved, to approve the FY 2019 agreement with OMHAS and Child Focus, Inc., Brightview Health, and Adams Recovery Center, for participation in the ATP Funds program for FY 2019 and to authorize the Executive Director to sign the agreement on behalf of the Board. (Motion-Kelley Costello, second-Carole Cottrill).

The second action item was the FY 2019 agreement with Child Focus, Inc. and Families Connected for the ENGAGE Grant Mobile Crisis Response program. The Board has previously approved agreements with the Butler County Educational Service Center for its participation in the ENGAGE grant project and to allow the flow of funds to the Board. The Board now must enter into agreements with the providers in its system that will be providing the services for the Mobile Crisis Response program that will be working with families and youth involved in Juvenile Court: Child Focus and Families Connected, which will be the employer of the Parent

Support Partner on the team.

At this point in time, there is only a draft agreement that has been provided to the Southwest group for this grant which is being revised to fit the grant scope. Karen stated that the draft agreement was provided for the Board members. Karen Scherra said she would like the Board to approve the draft so that she can finalize the agreement and get the Prosecutor's Office approval and the signatures from the agencies, to not hold up the progress of the program. A motion was made, and unanimously approved, to approve the FY 2019 agreements with Child Focus and Families Connected for the ENGAGE Grant Mobile Crisis Response program and to authorize the Executive Director to sign the agreements on behalf of the Board. (Motion-Kelley Costello, second-Dorothy Glancy).

The third action item was the FY 2019 Business Associate Agreement with the Warren/Clinton ADAMH Board. The Warren/Clinton Counties Board is one of the participating Boards in the Southwest Collaborative that will participate in the Withdrawal Management program at Mercy Clermont. The Warren/Clinton Board has signed an agreement with CCMHRB for that service, as the Clermont Board is the fiscal agent for the program. The Warren/Clinton Counties Board policies require a Business Associate Agreement (BAA) with the Clermont Board based on HIPAA regulations, as there will be sharing of personal health information (PHI) on their clients so that the Board can pay the hospital for services to those clients. Karen Scherra recommended approval of the agreement. A motion was made, and unanimously approved, to approve the FY 2019 Business Associate Agreement with the Warren/Clinton Counties ADAMH Board related to the Withdrawal Management program at Mercy Hospital Clermont and to authorize the Executive Director to sign the agreement on behalf of the Board. (Motion-Dorothy Glancy, second-Greg Varner).

The fourth action item was the FY 2019 Business Associate Agreement with Mercy Hospital Clermont. Mercy Hospital has also requested that the Board sign a Business Associate Agreement (BAA) with them due to the exchange of personal health information. A motion was made, and unanimously approved, to approve the FY 2019 Business Associate Agreement with Mercy Hospital Clermont for the Withdrawal Management program at the Hospital and to authorize the Executive Director to sign the agreement on behalf of the Board. (Motion-Peggy Hickman, second-Kelley Costello).

The fifth action item was the FY 2019 agreement with the DJFS/FCF for Peer Support Partners. Now that Families Connected, the agency that employs the Parent Support Partners (PSPs), is a contract agency of the Board, the PSPs are beginning to get involved with families receiving services at Child Focus. Because the Board is covering the annual budget for the PSPs program, Family and Children First (FCF) will be reimbursing the Board for the time that the PSPs work with Wraparound families. These funds will offset some of the Board's contracted costs for Families Connected. The agreement is with the Department of Job and Family Services (DJFS) since it is the Administrative Agent for FCF. Karen Scherra recommended approval from the Board. Karen mentioned that Erica Pursley had worked with FCF and Families Connected to develop a tracking system for billing. A motion was made, and unanimously approved, to approve the agreement with the Clermont County Department of Job and Family Services/Family and Children First (DJFS/FCF) for the use of Families Connected Peer Support

Partners for Wraparound and to authorize the Executive Director to sign the agreement on behalf of the Board. (Motion-Greg Varner, second-Dorothy Glancy).

The sixth and final action item was the FY 2019 MOU with Municipal Court for IDAT funds. For almost two decades, the Board has had an arrangement in place with Municipal Court for the use of the Indigent Driver Alcohol Treatment (IDAT) Fund dollars to support treatment services provided by the Clermont Recovery Center. However, the amounts of fines that are deposited in the IDAT Fund are decreasing. The judges can declare a “surplus” in the fund, which then allows them to use the funds for services other than for those with an alcohol dependency. The judges have declared a surplus once in recent years. Karen Scherra recently met with Judge Nagel, the Administrative Judge for Municipal Court, about the use of the IDAT Funds in FY 2018. They also discussed maintaining the amount of the funds for FY19 at \$75,000, the amount the Board contracted for last fiscal year. Karen said she received a follow-up call to that meeting and was told the Judges will again agree to that amount. As in previous years, after the end of the fiscal year, the Board will provide the Court with documentation that the funds were expended. Relating to the discussion, Karen told the Board that Judge Shriver made updates to the IDAT manual and asked her to help with his revisions. Clermont’s procedure and forms are included in the state manual for IDAT funding. A motion was made, and unanimously approved, to approve the FY2019 MOU with Municipal Court for IDAT Funding and to authorize the Executive Director to sign the MOU on behalf of the Board. (Motion-Greg Varner, second-Jacki Block).

9. Discussion Items: The first discussion item was the Behavioral Health/Managed Care Update. In speaking with other counties and with the agencies, OACBHA has compiled a list of concerns including providers not getting paid quickly enough and each managed care company doing things differently. Managed Care managers are supposed to be speaking with the Boards and discussing solutions/providing answers for the concerns. Karen addressed the agencies present and asked for their feedback on submitting claims during the redesign. They basically all agreed that although there have been a few bumps in the road, they have had no major problems with authorizations. The consensus was that working with Managed Care is a constant learning process. Karen Scherra said her biggest concern is that there will be more changes and problems before the current ones are resolved.

The second discussion item was the ENGAGE grant funding update, which had already been discussed. Karen Scherra added that the ENGAGE grant process has been somewhat difficult, with limited direction from OMHAS. However, Karen pointed out that the ENGAGE program will be very beneficial in our community.

The third item of discussion was the ROSC Assessment. The Recovery Oriented-System of Care (ROSC) Assessment is a survey from OACBHA designed to collect data to create a report that will give local Boards reliable information to guide conversations with community leaders, elected officials, and the new gubernatorial administration about the state of the behavioral health system in Ohio. Karen Scherra said Board staff would be sending the survey out soon and asked that they all please fill it out. She said it is very important to know where Clermont is at in the

concept of recovery and behavioral health wellness.

The fourth item of discussion was Issue 1, a change to the Ohio Constitution on the November ballot. Issue 1 was designed to reduce the number of people in state prisons for low-level, nonviolent crimes, such as drug possession and non-criminal probation violations. The initiative would make the possession, obtainment, and use of drugs no more than a misdemeanor, with sentences not exceeding probation for a first or second offense. The issue is designed to: prohibit courts from ordering persons on probation for felonies to be sent to prison for non-criminal probation violations; create a sentence credits program for inmates' participation in rehabilitative, work, or educational programs; and require the state to spend savings due to a reduction of inmates, resulting from Issue 1, on drug treatment, crime victim, and rehabilitation programs.

Those against Issue 1 fear that if passed: violent offenders will end up in already full local jails in stead of state prisons; violent offenders will be eligible for a 25% sentence reduction; Judges will not be able to order individuals into treatment with the threat of jail time if they don't participate; untreated people will end up back in the community which will have an adverse effect on treatment efforts in courts across Ohio; and the change will cost local taxpayers millions in the long run.

Karen Scherra informed the Board that the Clermont Board of County Commissioners (BCC) is against Issue 1 and told her if it passes, the jail population will probably increase, and they will be forced to close the CASC program to use the space for the additional inmates. The Linkage project would probably also have to leave the jail, due to space concerns. Karen said that would be a huge setback for our system, resulting in fewer people in treatment. As far as the gubernatorial candidates, Richard Cordray supports the issue and Mike DeWine opposes it. Board Member Dorothy Glancy voiced her concerns. She had recently watched a program about Issue 1. She said the way it was worded, the issue sounded like it would be a good thing, but said the issue is being funded by investors from California. She said that in and of itself made her skeptical of the Issue. She said she found it odd that people in California would be concerned with the justice system in Ohio.

Karen Scherra said most of the criminal justice groups and leaders (e.g., judges, prosecutors, sheriffs, etc.) are opposing Issue 1, as well as boards in other Ohio counties. Karen wrapped up the conversation by asking the Board members to educate themselves on the matter so that the Board can consider taking a position at the October Board meeting. She said she would draft a position and a letter to the editor to release after the October Board meeting decision is made.

The fifth and final discussion item was the Ascent Peer Support App. Karen Scherra said the Ascent Peer Support App is being offered by a company in Cleveland. It is an app that can be downloaded to a phone and will give clients in recovery 24/7 access to a Recovery Coach via text or phone call. The service could be paid for using ATP funds. The app also provides its users with informational literature and locations of other peers that live nearby. Karen suggested a pilot with the Family Dependency Treatment Court clients. Karen said Judge Shriver may accept the app usage as a support group "meeting", which is currently required by the court. Ascent currently costs \$420 per app license, per client. Karen said if the pilot

program is a success and catches on in Clermont, the Board may be asked to pay for some of the licenses in the future. The company allowed Clermont to purchase eight (8) licenses for the Court clients to use. The Recovery Coach working with the Court will also pilot the use of the app and its usefulness for relapse prevention.

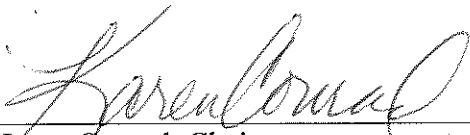
10. Agency Directors' Reports: Heather Turner of NAMI said her report stands but also wanted to thank the Board for its support. Heather said Karen Scherra is marvelous to work with. Heather also introduces NAMI's new Director of Programs, Julia Saldanha. Heather closed by saying the Mt. Carmel Christian Church, previously suggested at a Board meeting as a possible location for NAMI meetings, has allowed NAMI to hold its meetings there.

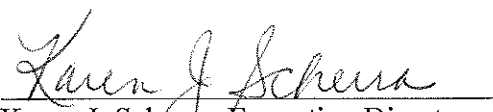
Jim Carter of CFI said his report stands. Jim added that CFI was one of three agencies selected by Georgetown University to do a video on what treatment agencies do to help children survive in families affected by the opioid epidemic. Jim was proud to say the University that shot the video told him that CFI's programs were better than the other two agencies selected to do the video.

Amy Foley of Hope Community Center (HCC) stood and passed her report out to the room. To update the Board on current happenings at her agency, Amy said that several peers will be attending the OMHAS Peer Training. Amy also said the Ohio State University's Extension Program, which she thinks is a great program, will return next July. Also, Amy said on July 4th, HCC members held a picnic at Sycamore Park. HCC has a lot of extra home-grown tomatoes to share as well. Amy closed by mentioning the newly created peer support program for first responders and she shared a flyer about the program with the Board members.

Alicia Fine of GCB said her report stands. She added that GCB is working very hard on interviewing people for the Employment Coordinator Position. She also gave an update on the Merwin recovery house. She said it is still doing well and is fully occupied. Alicia said OMHAS would be doing a site visit tomorrow for certification. Alicia closed by saying GCB decided against moving forward with the offer they had made on a house that would serve as a women's recovery house as they felt it was not the right fit. She said GCB has gone back to the drawing board on a property search and is doing due diligence on zoning regulations.

11. Adjournment: There being no further business, a motion was made, and unanimously approved, to adjourn the September 10, 2018 Board of Directors meeting (Motion: Jacki Block; second: Dorothy Glancy).


Karen Conrad, Chairperson


Karen J. Scherra, Executive Director