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MINUTES of November 9, 2015

- MEMBERS PRESENT:** Suzy Carter, Richard Chaney, Karen Conrad, Dorothy Glancy, Molly Greer, Angela Liggett, Scott Wheeler
- MEMBERS EXCUSED:** Greg Cotrill, Wayne Johnson
- GUESTS PRESENT:** Jim Carter, Amy Foley, Steve Goldsberry, Sandy Lock, Pamela Mahoney, Jeff O'Neil, Laura Stith, Heather Turner
- STAFF PRESENT:** Melissa Burke, Erica Pursley, Joyce Rain, Karen Scherra, Lee Ann Watson

1. One item was added to the agenda under Discussion Items: the Nominations for Board Officers. A motion was made, and unanimously approved, to approve the agenda as revised. (Motion-Scott Wheeler, second- Molly Greer).
2. In the absence of Wayne Johnson, Molly Greer volunteered to be interim secretary for the November Board of Director's meeting.
3. A motion was made, and unanimously approved, to approve the Minutes from the September 14, 2015 meeting with the following corrections: Erica Pursley was added under Staff Present and Steve Goldsberry, not Gregg Peiples, presented the CRC Agency Report (Motion-Suzy Carter, second-Molly Greer).
4. Review Materials/Correspondence: In the Correspondence folder, Karen Scherra brought attention to a thank you letter from the Center for Community Solutions for supporting and sponsoring the recent event "Ohio's Opiate Epidemic: How did we get here, and where are we headed?" The event was held on October 12th. Several Board members and several Clermont County Opiate Task Force members attended the event. Karen Scherra also pointed out a congratulatory letter from Cheri Walter at OACBHA regarding the passage of our levy.

Karen Scherra made reference to several items in the Miscellaneous folder, one in particular being a report of Board levies on the recent ballot throughout the state, which outlined the duration of each levy, the millage, type and the percentage of votes for and against. All 13 of the Board levies passed, as did all the human service levies (senior, children's services), with the exception of two DD Board levies.

The Newspaper folder contained several articles concerning state ballot Issues 2 and 3, as well as many articles concerning the heroin issue within the state. Karen made reference to an article regarding a recent traffic accident in Kentucky where 3 older adults were hit head on in a vehicle crash, which in turn left them and the other driver people dead. The toxicology report indicated that the driver had overdosed on heroin. Karen indicated that we are hearing more and more about people driving while on heroin, which may force police officers to handle routine traffic stops in a different manner. Karen also pointed out a recent article in *The Enquirer* concerning children in Kentucky being taught how to use Narcan because their parents are using heroin, and how the public feels about this. She stated that this current topic is very controversial; however, the topic is also putting a family face on heroin addiction, and demonstrating that the epidemic is not just affecting individuals but is also affecting families as well. As a side note, Karen mentioned that "60 Minutes" aired a segment recently concerning Ohio and heroin addiction. Karen has a copy of the video for anyone who didn't get a chance to see it and would like to view it.

5. Karen Scherra presented highlights from her Executive Director's Report. Karen relayed that Board Member Andrea Bryant has resigned from her position as a Board member, since she has moved back to St. Louis, Missouri. Andrea Bryant indicated she would like to remain in touch with the Board. In regards to hospital utilization, Karen cited that we currently have zero (0) civil clients in the hospital at this time. The Hospital Services Workgroup had a conference call over the past month and shared state hospital utilization data for the past 12 months. Last year, 82% of the state hospital beds at Summit Behavioral, the state hospital in Cincinnati, were utilized for forensic clients, with the remaining being civil clients. Karen expressed concern about this issue in her last conference call with OMHAS, advising that it is an issue that needs to be addressed, since there are problems with access to hospital services for civil clients.

Karen also reminded the group of the Statewide OACBHA Opiate Conference that will be held in May. This year the pre-conference will be a learning meeting for county opiate task force members. Karen was asked to be on the Committee to plan the conference. She will send out the dates of the conference to the group.

Karen explained to the group that OMHAS Director Tracy Plouck has implemented a bi-weekly conference call between County Board Directors and OMHAS staff, including her. The first call experienced technical difficulties, but the second meeting is scheduled for November 10th. Karen said that the phone conferences are a good idea/concept which allows Boards to make comments on upcoming decisions and also to express concerns.

Karen provided an update on the Administrative Agent replacement for FCF. She indicated that the key players are still working on who will be the Administrative Agent going forward. DD Board continues to discuss the possibility; however, quite a few questions still remain. If no one agrees to be the Administrative Agent for FCF, the responsibility will default to the County Commissioners.

In regard to mental healthcare reform bills in the Senate, Karen relayed that Senators Murphy and Cassidy drafted the “Mental Health Reform Act of 2015” (S. 1945) that has caused more comment and angst regarding what will happen with the mental health system. Two of the biggest concerns are: 1) an attempt to make involuntary outpatient commitment mandatory; and 2) a strong consensus regarding the elimination of SAMHSA, which could impact block grant funding. The proposed legislation could change the face of mental health at the federal level and would definitely impact funding to the states, and then local communities.

6. Committee Reports: Scott Wheeler updated the group on the Finance Committee Meeting and the Committee’s discussions concerning the profit and loss statement and county appropriations. Scott relayed that the major topic discussed was that Greater Cincinnati Behavioral Health (GCB) had overspent their FY 2015 budget by over \$19,000. Upon investigation, it was found that the overspending could be managed within the total allocation from the Board, except for the overage in the ASPIRE Program that was implemented this past year. This program was initially funded by the state, through the Ohio Department of Opportunities for Ohioans with Disabilities, and was converted to being Board funded in FY16. The ASPIRE program focuses on helping people with substance use disorders locate and retain employment. This was the only new program that GCB implemented this past year. With any new program it is difficult to determine the amount of funding needed to successfully implement the program. The program has been fully supported by the Board of Directors, and Karen Scherra stated she believed that funding the program was a good use of our resources. Board members asked several questions related to the program. Thus far, the program has exceeded its stated outcomes, with 83 clients receiving assistance and 34 obtaining and keeping employment for at least 90 days. A motion was made, and unanimously approved, to provide GCB with the additional funding needed to cover the cost of the overage spent for the ASPIRE Program. (Motion-Scott Wheeler, second-Karen Conrad).

Also discussed in relation to Committee Reports was the Board Budget for Calendar Year 2016. Karen Scherra reminded the group that the County operates on a calendar year budget, while the Board operates on a fiscal year budget. The Board must submit a calendar year budget to the county on an annual basis; our allocations to pay bills are based on this budget. Karen presented the CY2016 budget to the Board of Directors for approval. A motion was made, and unanimously approved, to approve the Board’s CY2016 budget as presented. (Motion-Scott Wheeler, second-Molly Greer).

7. Action Items: Karen Scherra presented the CY 2016 Memorandum of Understanding (MOU) between DJFS, BDD, and MHRB to the Board members for approval. The MOU is similar to the MOU from last fiscal year and states that the parties will share the cost of treatment services for children not in custody of CPS who do not have Medicaid. The Board only covers the mental health and/or alcohol/drug treatment services for children who are not Medicaid eligible, while the other partners share the cost of residential treatment. Since the majority of children are Medicaid eligible, Board funding is usually not needed. A motion was made, and unanimously approved, to approve the CY 2016 MOU between DFJS, BDD

and MHRB, as presented, and to authorize the Executive Director to sign the MOU on behalf of the Board. (Motion-Dorothy Glancy, second-Karen Conrad).

Karen also presented on the FY 2016 MOUs with Common Pleas Court for Residential and Treatment Services for review and approval. Similar to the MOU with Municipal Court and Sojourner, an AOD residential provider in Butler County, Common Pleas Probation is interested in obtaining residential treatment for their probationers. Common Pleas Court is also interested in partnering with CRC/GCB for outpatient treatment. Common Pleas Probation was awarded a grant to provide the funding for treatment services for individuals involved with probation. The Common Pleas Court will provide the Board with up to \$50,000 for residential services at Sojourner and up to \$25,000 for outpatient services at CRC/GCB. Karen reminded the group that the Board will be reimbursed for services that we pay for stemming from the referrals to Sojourner for residential treatment. A motion was made, and unanimously approved, to approve the FY 2016 MOUs with Clermont County Common Pleas Court regarding Probation Department grant funds and the provision of residential services to Common Pleas Court referrals at Sojourner and of treatment services to Common Pleas Court referrals at Clermont Recovery Center (CRC)/Greater Cincinnati Behavioral Health Services (GCB), as presented, and to authorize the Executive Director to sign the MOUs on behalf of the Board. (Motion-Suzy Carter, second-Karen Conrad).

Related to the MOU discussed above, Karen presented the FY 2016 MOU with Sojourner for approval. The Board is entering into an arrangement with Sojourner so that Common Pleas Court is able to refer probationers for residential services. In order for the Board to be a pass-through for Common Pleas's \$50,000 grant funding for the residential placements, the Board needs to enter into an agreement with Sojourner. Karen reminded the group that we are using Sojourner, which is located in Butler County, as there are no residential treatment options within Clermont County. Funding is capped at \$50,000 and the Board will be monitoring the use of these services and will keep the Courts apprised monthly so that they fully understand the costs involved. A motion was made, and unanimously approved, to approve the FY 2016 MOU with Sojourner in Butler County for residential services for alcohol/drug clients referred by Common Pleas Court and to authorize the Executive Director to sign the MOU on behalf of the Board. (Motion-Suzy Carter, second-Karen Conrad).

Also related to the MOUs discussed above, Karen Scherra presented the FY 2016 Addendum to the Clermont Recovery Center (CRC/GCB) Purchase of Service Contract for approval. Karen explained to the Board that this addendum allows CRC to receive up to the additional \$25,000 as part of its FY 2016 allocation for outpatient services for individuals referred by Common Pleas Court, making the total POS allocation for CRC \$1,826,644 for FY 2016. An MOU is not needed with CRC/GCB since the Board already contracts with the agency to provide services. A motion was made, and unanimously approved, to approve the Addendum to the CRC/GCB FY 2016 Purchase of Service Contract, and to authorize the Executive Director to sign the Addendum on behalf of the Board. (Motion-Suzy Carter, second-Molly Greer).

Karen Scherra relayed to the group that OACBHA, in collaboration with OMHAS, is hosting a statewide Recovery Conference in June 2016. OACBHA is asking for a \$1,500 donation from each board to help support the conference. Karen explained that the two-day conference is open to the public, but the focus is on individuals in recovery from mental illness and/or addiction. The OACHBA Executive Council recommended that each Board contribute \$1,500 to the conference as a sponsor, which would provide the Board with ten (10) slots for the conference, with eight (8) being dedicated towards persons in recovery and/or family members. This would reduce the cost of the conference to participants (only \$5), with an additional \$5 cost if the participant would like to attend the evening Celebration of Recovery Event, which is to mirror a prom/dance like atmosphere. After much discussion, it was decided that the Board is willing to sponsor consumers/family members to attend the conference versus paying \$1,500 towards the event as a sponsor. Karen Scherra will follow up with OACBHA to gather more details and report information back to the Board at the next meeting.

Lastly, Karen presented the Agreement between DJFS/CPS, the Juvenile Court Family Dependency Treatment Court, Adams Recovery Center, and the Board for approval. Karen advised the group that CPS received a \$25,000 grant to fund the hiring, training, and supervising of Recovery Coaches to work with parents who have lost custody of their children due to substance use. The arrangements have already been finalized to obtain the services through Adams Recovery Center. Karen Scherra was not aware of the grant until DJFS called to ask that she sign the MOU. The Board has been made a party to the agreement in order to formalize the Board's participation in the project, even though we are not providing any funds for the project and have no contractual relationship with Adams Recovery Center at this time. The Board's role is limited to collaboration on the project. A motion was made, and unanimously approved, to approve the Agreement between DJFS/CPS, Juvenile Court Family Dependency Treatment Court, Adams Recovery Center, and the Board and to authorize the Executive Director to sign the Agreement on behalf of the Board. (Motion-Suzy Carter, second-Scott Wheeler).

8. Discussion Items: Karen Scherra relayed to the Board members that she received a call from Tracy Plouck, OMHAS Director, the day after the election, to express congratulations for a successful levy campaign; however, she noted that we passed with a very low percentage. Karen reminded the Board that our levy was the only mental health/AOD board levy with an increase on the ballot; the remaining levies were renewals, with one that reduced the millage. Overall, this was a successful election for all human services levies, since the majority of human services levies passed.

Karen noted that Issue 3 (legalization of marijuana) failed. However, advocates for the legalization are quickly working on the next election. She said it appears that the monopoly piece of this legislation didn't sit very well with most people, but that there seemed to be a great deal of support for the medicinal aspect of the legalization. It is anticipated that the issue will be on the ballot again, but that the focus and format will be different.

In relation to the Continuum of Care requirements, Karen is on a state level committee that is developing the requirements. OMHAS picked six boards to be "pilot" boards, including Clermont, to evaluate how the Continuum of Care requirements will be met through fiscal data that boards currently submit to the state. The initial findings revealed that Clermont was deficient in three (3) of the twenty-three (23) areas. The biggest deficit was in AOD case management. The report also indicated that the Board was in compliance with the inpatient services aspect of the requirements; however, we do not currently have a contract in place with a hospital, but were given credit because a hospital with a psychiatric unit exists in our county. There were areas in the requirements that were not clear and Karen has made suggestions for better guidelines in order to eliminate any confusion as to expectations. Karen also has concerns about where we are headed with the requirements; the Board may have to make some very quick decisions about services and funding as we learn what requirements will be. Karen also noted that the Board Association as a whole is most concerned about the waitlist requirements. Karen, on the other hand, is concerned about how required services will be documented and measured. While the Board Association doesn't believe that OMHAS will actually defund boards that do not meet the Continuum of Care requirements, Karen explained that defunding is included in the law and that OMHAS is developing a process for that possibility. The SFY 2017 Budget Form (040) and the Community Plan are due to OMHAS on March 1, 2016. It is anticipated that the Continuum of Care requirements will need to be discussed in the plan. However, OMHAS has yet to release any guidelines. OMHAS has stated that they will have a draft available by the end of November. OMHAS cannot delay the due date for the plan since they will need to time to analyze the plans and provide "technical assistance" before the deadline of September 1, 2016 for Boards to be in compliance.

Karen Scherra advised the Board that Steve Leahy, Chief Deputy of the Clermont County Sheriff's Office, is running for Sheriff for the 2016 election and has asked for our endorsement. Historically, we have had only one other issue regarding endorsement. A number of years ago, Representative Schmidt and Representative Niehaus both were running for the Senate seat. We, in turn, ended up supporting Representative Schmidt as she had supported our issues. There was discussion among members and some expressed concern about endorsing one versus the other and drawing political lines. It was subsequently decided that we would table this discussion until the next board meeting so that Lee Ann Watson could obtain more details as to what exactly Chief Deputy Leahy is requesting.

Karen Scherra reminded the group that it is the time of the year to nominate members to serve as the Board Officers for the year and asked that each member consider being an officer. Scott Wheeler volunteered to remain in his position. Angela Liggett does not want to continue as Board Chair after serving for two years. The Executive Committee will act as the Nominating Committee and develop the slate of officers. The election of officers will be held at the December Board meeting. The new term for officers starts in January 2016.

9. Agency Directors' Reports:

Jeff O'Neil presented for Greater Cincinnati Behavioral (GCB) and reported that GCB was recently awarded a \$1.6 million, four (4) year SAMHSA grant to implement integrated care at the LPS/GCB Amelia office. GCB was successful at implementing integrated physical health care into their office in Hamilton County and plans to do the same in Clermont County. It is anticipated that 500-800 clients will be served through this project.

Jim Carter presented for Child Focus, Inc. (CFI) and reported that their report is as it stands. In relation to grants, CFI is in the process of submitting an \$825,581 early childhood mental health grant to sustain and expand the organization by eight (8) staff members. CFI is also awaiting the response to their United Way grant submission for the 2016-2019 funding period; those results should be in within a week. Jim also relayed that CFI was a vendor at the Children's Hospital Pediatric Mental Health Symposium at Great Wolf Lodge, as well as at the Linder, Sampson and Rothfuss Volunteer Fair, and both were a success. In relation to psychiatry and the challenges being faced, Jim advised the Board members that CFI has a nurse practitioner starting via tele-psychiatry on November 10th and a psychiatrist is scheduled to start at the beginning of December.

Steve Goldsberry reported for Clermont Recovery Center (CRC) and reported that since the last reporting period, CRC is at 82% average capacity, which is under the 90% reporting threshold. There has also been an increase in the percentage of adults and adolescents who successfully completed treatment as compared to FY 2014 data. The number of clients at CRC with heroin as the drug of choice has dropped. Steve believes this may be due to new referrals not having access to MAT services for several months. CRC is now accepting a few clients a week into the MAT program.

Heather Turner presented her report for the National Alliance for Mental Illness (NAMI) of Southwest Ohio. In relation to NAMI Connection meetings, Heather noted that she is awaiting final attendance figures for several Connections meetings in October. However, currently three (3) have attended Sunday meetings; five (5) clients have attended Tuesday meetings, and fourteen (14) attended meetings on Friday. In relation to NAMI Family-to-Family meetings, Clermont Mercy Hospital is willing to hold classes and will have a class starting by spring 2016. The Connection Support Group held on Tuesdays, as well as the Sunday Support Group, are going as planned. They have closed the Connections Group for Clermont Mercy Hospital at this time. Heather also mentioned that NAMI has a new Program Coordinator.

Amy Foley with HOPE Community Center (HCC) reported that their class schedule has been updated and passed copies out to the Board members. HCC is currently working with LPS for combined efforts and resource sharing. Amy also mentioned that HCC has a new intern who is a musician and he will be providing music therapy classes.

10. There being no further business before the Board, a motion was made, and unanimously approved, to adjourn. (Motion-Suzy Carter, second-Scott Wheeler).

Molly Greer
Molly Greer, Interim Secretary

Karen J. Scherra
Karen J. Scherra, Executive Director