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MINUTES of November 6, 2017

MEMBERS PRESENT: Andy Bateman, Jacki Block, Suzy Carter, Karen Conrad, Kelley Costello, Dorothy Glancy, Peggy Hickman, John Kelly, Angela Liggett, Katherine Shepard, Greg Varner

MEMBERS EXCUSED: Carole Cottrill, Stephen Todd Shumard

ASSOCIATE MEMBERS EXCUSED: Richard Chaney

GUESTS PRESENT: Jim Carter, Amy Foley, Steve Goldsberry, Jean Houston, Sandy Lock, Jeff O'Neil, LaRae Roach, Lucas Strakowski

STAFF PRESENT: Cindy Knoblauch, Karen Scherra, Lee Ann Watson

1. Chairperson Karen Conrad welcomed everyone and started the meeting.
2. A motion was made, and unanimously approved, to approve the Agenda for the November 6, 2017 Board meeting with the addition of Action Item C.2.: the CY 2018 MOU between the Clermont County Department of Job and Family Services, the Clermont County Board of Developmental Disabilities, and the Clermont County Mental Health and Recovery Board for shared funding of children's residential treatment, group home placement, and/or intensive family reunification services. (Motion-Angela Liggett, second-Kelley Costello).
3. A motion was made, and unanimously approved, to approve the October 9, 2017 meeting minutes. (Motion-Dorothy Glancy, second-Jacki Block).
4. Review Materials/Correspondence Folders: Executive Director Karen Scherra brought everyone's attention to the folders being passed around and specifically mentioned a few of the items from each folder. From the Heroin/Opiate folder, Karen mentioned an article about President Trump declaring the opiate problem a "Public Health Emergency". She also pointed out an article on the number of opioid related deaths.

From the Youth Mental Health folder, Karen noted there was an article about the Cincinnati Public School that states it is not responsible for the suicide death of an 8 year old student. There was also an article that Karen touched on regarding how the new trend in teen bullying is

“self-cyber” bullying. Karen said it is a way for troubled teens to hurt themselves, much like self-cutting, but through anonymous negative social media posts. Another article mentioned was one about the increase in teacher stress because of bullying among students and the increase in mental health issues of children. Karen also mentioned that after several years of decreased youth suicides in Clermont County, we have recently had three.

From the Correspondence folder, Karen highlighted the letter from the OMHAS Director, Tracy Plouck, to Clermont County Municipal Court Judge, Kevin Miles. The letter was a response to Judge Miles’s letter to OMHAS in which he expressed his concern that Clermont County’s OVI court does not have access to state Addiction Treatment Program (ATP) funds. OMHAS has restricted this funding to drug courts only, and Clermont’s OVI court is not considered a drug court, even though they are serving individuals with poly-substance use and are required to follow the regulations of a drug court set up by the Supreme Court. The letter to Judge Miles informed him that OMHAS is aware of the issue but did not address any solution. Karen said Judge Miles intends to take the matter to the Supreme Court so that Clermont County can use the funding for their OVI court clients.

Karen then brought up an article from the Adult Mental Health folder discussing the increased risk for post traumatic stress disorder of the survivors of the mass shooting in Las Vegas that occurred in the Fall. Another article Karen pointed out was one discussing a lawsuit being brought against the Clermont County Sheriff’s Office as a result of a suicide in the jail. Lee Ann Watson added that CCMHRB may be brought into the suit at some point because the Mobile Crisis Team was on the scene, and the officer in charge of the scene was trained in Crisis Intervention Team (CIT).

In the Federal Articles folder, Karen stated that most of the articles were about the Affordable Care Act and the nation’s healthcare concerns. Moving on to the State Articles folder, Karen mentioned an article about Ohio Lt. Governor Mary Taylor who is running for governor. In the article, the Lt. Governor is quoted as saying that if she is elected, her plan is to end Medicaid Expansion. Karen also pointed out a one page infographic estimating when each state will run out of federal CHIP (Children’s Health Insurance Program) funds. Ohio is in the first group projected to run out by the end of December 2017.

From the Local Reports/Articles folders, Karen brought attention to an article in which the Clermont County Crisis Response Team and Child Focus were mentioned as being onsite at West Clermont Middle School in response to a student being fatally hit by a car the previous weekend. Karen also pointed out a copy of the program from the recent NAMI annual dinner at which Karen received an award for “Outstanding Leadership in a Community Setting”. The room congratulated Karen on her award. Karen also mentioned that Dr. Schmidt from CRC/GCB received the “Outstanding Psychiatrist Award”.

5. Karen Scherra presented a few highlights from the Executive Director’s Report. In her OACBHA update, she advised the Board that on October 27th, she and Erica Pursley attended a Medicaid Behavioral Health Redesign training organized by the Board Association for providers and Board

staff. This was the final training before implementation of the new code sets and rates on January 1, 2018. Karen said she and Board staff will be meeting with the agencies to discuss the potential impact of the Redesign on their service delivery and finances, since the agencies will be using the same codes and rates to bill the Board for non-Medicaid services. Karen said she would keep the Board updated on their progress.

Karen also touched on current opiate issues. Karen said she attended the bi-monthly CASC meeting on October 26th with CRC/GCB staff, the three Municipal Judges, probation, Jail Administration, and Interim County Administrator Tom Eigel, to discuss the men's and the new women's CASC program which opened on September 5th. She said there were significant concerns expressed by the judges regarding the limited availability of assessment appointments to determine appropriateness for the CASC programs. The current census at the women's CASC is now up to ten. Karen advised the Board that CRC/GCB staff promised to address the concerns and immediately open up assessment appointments for use by the Court. In addition, the CASC Program Manager position that has been unfilled for quite some time has been filled and the new Manager started October 30th. Karen said it is anticipated that her involvement will help address some of the concerns expressed by the judges and probation staff. Karen also mentioned that earlier that day, she had been to the jail to meet with a Spanish film crew doing a documentary about the CASC program and the opiate epidemic. Evidently, Spain does not have the heroin problem that the U.S. has. The film crew found out about Clermont County's efforts to address the opioid issue on the Opiate Task Force's website (getcleannowclermont.org). Karen said the film crew is hoping to sell the film to Spanish Netflix and that it could also air on U.S. Netflix. Karen went on to advise the Board that the Quick Response Teams (QRT) are expanding and doing very well.

Karen also pointed out the ACA update section of her report and highlighted information on the new federal rules proposed in the House and Senate that make clear Congress will remain focused on passing sweeping, fundamental changes to the American health care system and Medicaid in SFY2018. Further, President Trump recently signed an executive order that will end Affordable Care Act subsidies.

Karen then moved on to the Opioid Commission update. She said the Commission in late October focused on health insurance companies' role in contributing to the addiction crisis. The Commission is scheduled to deliver its final report on November 1. New Jersey Governor Chris Christie, who is leading the Commission, said the final report will place new demands on health insurance policies. Karen also said that the President is planning on doing a media campaign much like the "Just Say No" campaign of the 1980's. Karen noted that this campaign was a failure. Karen reminded the Board that President Trump did declare the opioid epidemic a "public health emergency." She said it had previously been widely reported this would be a national emergency declaration. The President issued a memorandum and fact sheet directing executive agencies to use appropriate emergency authority to address the opioid crisis. There is no additional funding connected to this declaration, as there is no funding (actually \$57,000) remaining for a public health declaration. If the crisis had been declared a national emergency, billions of dollars would have been made available.

Karen then briefly updated the Board on the CHIP reauthorization, saying it is moving ahead in Congress. Committees in both the House and Senate approved legislation to reauthorize the Children's Health Insurance Program (CHIP) which expired on September 30th. The House Committee on Energy and Commerce and the Senate Finance Committee both approved identical bills to reauthorize the program for five years while winding down an enhanced payment rate set forth by the Affordable Care Act. However, the reauthorization of CHIP has not yet been approved in full by either chamber.

On State Activities/Legislation, Karen said at Governor John Kasich's urging, the Republican-led state Controlling Board voted unanimously Monday to continue funding for tax-funded health insurance for more than 3 million poor Ohioans. The legislative panel agreed to release \$264 million in state funding that will draw \$638 million in federal matching money for the Medicaid program, which covers more than 1 in 4 Ohioans. Karen stated that this was very good news.

Karen also mentioned that she is a member of the Workforce Initiative Board (WIB), appointed by the County Commissioners, and that she was recently asked to Chair the Emerging Workforce Committee. The WIB covers Clermont, Butler, and Warren counties, and Karen is the only member to represent a social service agency, not a business company. Her leadership of the Committee should assist with the Board's goal to increase businesses willing to hire people in recovery and the number of businesses with drug free workplace policies in our County.

6. The meeting then moved on to Committee Reports. Angela Liggett, Finance Committee Chair, told the Board about the main topics discussed at the Finance Committee meeting. She said that the Board's Financial Projection will now include the amounts projected to sustain grant funded projects, as well as the start and end dates for grant funding in order to provide Board members with more detail when making financial decisions. Karen Scherra mentioned that the intent is to sustain the grant projects, and the Board members will have to take into account the funding for these projects as next year's budget is developed.

Angela also told the Board that the Committee recommended that the Board keep the current required reserves at \$750,000 and revisit the discussion at the Board retreat in the spring. The Committee believes that increasing the reserves now would have little impact, but next year the increase in reserves would have more meaning and longevity. Angela also told the Board a decision needed to be made on the second half SFY 2018 agency allocations. Angela explained that since we are unsure of the impact of Behavioral Health Redesign, it is recommended that the allocations not be allocated by service line, but that the total amount be the same as for the first 6 months. Angela made a motion to approve allocations for the contract agencies for the second half FY2018 in the same amount as the first half, but not allocated per service. The motion was unanimously approved. (Motion-Angela Liggett, second-Dorothy Glancy).

Lastly, Angela discussed with the Board the decision for the continuation of the Board contribution to Family and Children First (FCF) for SFY 2018. Angela explained to the Board members that the Finance Committee discussed the issue at length, and there are several options: continue contribution at the same annual amount of about \$65,000; reduce the contribution by half; or end the contribution. Angela told the Board the Committee recommends that no

contribution should be made to FCF for FY 2018. Karen Scherra expanded on the discussion, stating FCF has many other contributors such as DJFS, Juvenile Court, and DD. MHRB put many resources into FCF for the thirteen years it was the FCF Administrative Agent and FCF now has more financial reserves than the MHRB. Further, the Board is currently the sole funder for Families Connected, which provides parent peer support for families involved in Wraparound. Karen stated that with the Board's financial situation, it was important to Finance Committee that the Board's funds be utilized to support our system's services. Karen said if the Board decides not to fund FCF, the money could go toward funding Families Connected. Karen reminded the Board members that Families Connected provides parent peer support workers for families with children with a severe emotional disability. With increased funding to Families Connected, the program could be expanded to Child Focus families. Karen advised the Board there was a meeting the next day to discuss partnering Families Connected and their Peer Support Partners with Child Focus. Another goal for Families Connected and CFI is to expand the Mobile Crisis Team and use it to help divert youth from juvenile detention and residential placement. Karen stated that the grant to fund this project is now available once again, and Karen will be working with Juvenile Court to submit the grant. Karen feels it is important to support Families Connected, use parent peer supporters to assist families dealing with a child with mental health issues, and help keep youth with their families. Jim Carter, Child Focus CEO, agreed. He thinks that a partnership between Families Connected and CFI is a progressive and crucial tactic for assisting kids in Clermont County. A motion was made, and unanimously approved, that the Board not make a contribution to Family and Children First for FY2018. (Motion-Angela Liggett, second-Kelley Costello).

7. Action Items: The first item was the FY 2018 MOUs with Clermont Recovery Center/GCB and Northland for the Addiction Treatment Program (ATP) state funding. Juvenile Court's Family Dependency Treatment Court, which serves parents who have lost custody of their children due to drug use, is the Clermont drug court selected to receive ATP funding. The funds flow to the Board, and the Board has been paying Clermont Recovery Center (CRC/GCB) for approved services/supports to clients referred by the Court. The rules have been relaxed for this fiscal year. There is no maximum monthly amount limit per client, and additional items have been added that can be paid for with ATP funds. Last year, Northland, another alcohol/drug agency in the County, chose not to participate in this program. However, after some recent staff changes and expansion, the agency is now interested in participating to access the ATP funds. The Board has to enter into an MOU with Northland, as the Board does not contract with that agency for services. The Board also must now enter into an MOU with CRC/GCB. When the fiscal year started, and CRC/GCB was the only agency participating, there was no need to enter into a contract, as the funds were not allocated to the agency, but to the Board, and CRC submitted invoices to be reimbursed for the funds they have expended on clients for allowable ATP expenses. Now that Northland is also participating, the Board needs to have an MOU with CRC, as the available funds need to be divided between the two agencies for reimbursement of their ATP expenses. The funds can be used on any item approved by clinical staff that aids in the client's recovery and assists in getting back custody of their children. A motion was made, and unanimously approved, to approve the FY 2018 MOU with CRC/GCB and the MOU with Northland for the use of ATP funds for clients

of the agency referred from the Family Dependency Treatment Center. (Motion-Angela Liggett, second-John Kelly).

The second action item was the item added at the beginning of the Board meeting: the CY 2018 MOU between the Clermont County Department of Job and Family Services (DJFS), Clermont County Board of Developmental Disabilities (CCDD), and Clermont County Mental Health and Recovery Board for shared funding of children's residential treatment, group home placement, or intensive family reunification services. DJFS, CCDD, and MHRB recognize the needs of children in Clermont County who require residential treatment, group home placements, and/or intensive family reunification services. The MOU would split the costs for these services between the three agencies. MHRB's role would be to pay for the mental health services provided to a child who is not Medicaid-eligible. A motion was made, and unanimously approved, to approve the CY 2018 MOU between the Clermont County Department of Job and Family Services, Clermont County Board of Developmental Disabilities, and Clermont County Mental Health and Recovery Board for shared funding of children's residential treatment, group home placement, or intensive family reunification services. (Motion-Suzu Carter, second-Angela Liggett).

8. Discussion Items: The first discussion item was the turnover in Mobile Crisis at Child Focus Inc. Sandy Lock with CFI said they have had a lot of turnover but are working to fill the open positions. Currently, one mobile crisis responder position has been vacant since June 2017. Recently, the Program Coordinator resigned, as did a full time mobile crisis responder who was stationed at Miami Township Police Department. Sandy went on to add that the mobile crisis responder position at the agency has now been filled, as has the Coordinator position. She said some of the positions have been filled by people who are familiar with the Mobile Crisis program. Unfortunately, Sandy said, in December they have another important team member who will be leaving, Assistant Director of Crisis Services, Denny Moell. Denny Moell runs the Mobile Crisis Team and the Crisis Hotline. Lee Ann Watson and Karen Scherra have met with CFI about the upcoming changes, and CFI assured the Board that they are committed to maintaining the crisis services, and expanding the services to partner with Families Connected and Juvenile Court. Sandy said that OMHAS gave CFI a \$100,000 workforce retention grant to assist with hiring qualified employees and also assist current employees to obtain their required supervisory credentials. Jim Carter explained the frequent staff turnover in the Mobile Crisis Team. He said the crisis work is very difficult and requires staff to make crucial decisions about disposition of an individual in a short time period. Jim said addressing crises day after day is very stressful and taxing. He also said CFI is considering adding a rotational type aspect to the job in which the employees would not be rotating the crisis hotline and mobile crisis duties.

As for the clients who do end up in jail, Karen Scherra said Mobile Crisis is making a difference there as well. Karen and Judy Eschmann, Director of DJFS, made a presentation to the Board of County Commissioners on all of the new programs in the jail. DJFS has a team that goes to the jail daily to make sure all inmates who are Medicaid-eligible have coverage as soon as they are released. The Mobile Crisis Team has a full time member in the jail who completes screenings and assessments to make sure that inmates are getting connected to any behavioral health services they need as soon as they are released. Through grant funding, GCB also has a Re-entry Coordinator who works with current GCB clients who are jailed, as well as former GCB clients.

Karen stated that she believes all of these efforts will reduce recidivism. Karen said the Commissioners were very excited and complimentary about the programs and the recognition Clermont County is receiving because of them. A Board member commented that one of her friend's relatives did not get linked to services while in jail, and is using again. Steve Goldsberry from CRC advised the Board member that the first year report on the success of the alternative to jail program (CASC) is available and shows positive results, but that it often takes several attempts before someone reaches recovery. He told the Board member to have her friend call him and he would personally get her relative linked to services. Karen advised the Board she would get them all a copy of the CASC report.

The next discussion item was the relationship between Managed Care entities and boards. Karen informed the Board members of the recent OACBHA retreat, which was an intense two days discussing Medicaid with Barb Edwards, former Ohio Medicaid Director, and a New York consultant who has extensive experience in working with managed care. Discussion focused on the role the boards will play when Medicaid is under managed care. Karen said she plans to advocate for the Boards' voice to be heard when it comes to managed care, Medicaid, and providing quality health care to Ohio Medicaid consumers. Karen said it would be discussed further at MHRB's retreat in the spring.

The third and final discussion item was the Board of Directors' role in setting policies and decision making. Karen addressed the Board regarding a decision made at last month's Board meeting to change the wording of the recommended action for approval of an addendum to the FY18 POS contract with CRC for additional funding for recovery coaches. Karen was not at last month's meeting, and therefore unable to explain at the time why she had recommended that wording. Karen advised the Board the wording was necessary to assure the Sheriff's Office that the Board would provide funding for the recovery coach portion of their recently awarded Attorney General's grant over a two year period, since the grant funding was reduced twice from what was requested. Karen advised the Board that they must make all financial decisions, as the Executive Director is limited to carrying out the Board's decisions, although in a case like the grant, Karen agreed to providing funds and then asked the Board to okay that, since the Sheriff's Office had to agree to the grant funds prior to our Board meeting. Board members assured Karen that the discussion had been beneficial at the previous meeting and they understood the situation.

9. Agency Director's Reports: Jim Carter with Child Focus said his report stands as is. He also added that CFI was on site today at West Clermont Middle School to provide grief counseling following the accident in which a student had been hit and killed. Jim said 11 students witnessed the accident and over 300 students spoke with a CFI counselor. Jim said some of the students were even assessed for suicidal tendencies. He said CFI planned to make another visit to the school on Wednesday.

Jeff O'Neil of Greater Cincinnati Behavioral Health Services (GCB) said his report also stands. Jeff highlighted the successes of the Amelia location's integrated physical health clinic. Jeff explained that many people with mental illness are also physically ill, some seriously. He said research shows that mental illness shortens a person's lifespan by 20-30 years. Jeff said GCB has over 300 clients in the program and they are starting to see positive results. He advised the Board

he would bring more data on the project to future meetings. Jeff also gave an update on GCB's recovery house. He informed the Board members there were currently six residents, including the lead resident, and that all but one resident was employed. Jeff said all was well with the community and it seemed that the ill feelings expressed before the house opened have died down. Angela Liggett asked Jeff if the residents were happy and comfortable as well. Jeff responded saying the residents are very happy and feel very supported at the house. The residents keep the yard immaculate and get along well with each other. Jeff also informed the Board that GCB is currently in a testing phase with filing Medicaid claims under the new Behavioral Health Redesign codes and rates. GCB is hoping they will get all the bugs worked out before the new codes and rates are live. Jeff finished by thanking the Board for their funding and flexibility.

Steve Goldsberry from Clermont Recovery Center (CRC) said their report stands as is. He also introduced LaRae Roach, a student intern at CRC who had actually worked for them for about 10 years. Steve then went on to add that the number of CRC clients in their Medication Assisted Treatment (MAT) program has grown from 116 in June of 2014 to 480 today. They have 8 doctors and 8 nurses running the program. Steve said the large numbers are almost unsustainable but that they are managing. Steve thanked the Board for being the largest contributor of funding for the MAT program, as growth has been intense. He also said that CRC is now in a signed collaboration with Clermont Mercy Hospital and they plan to work as a team to combat the opiate drug problem in Clermont County.

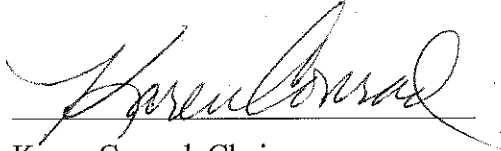
Amy Foley with Hope Community Center then passed out her agency report. She noted that HCC now has a community member teaching drama at the center every Tuesday. Amy also reported that HCC had a slight budget surplus and she used the money for much needed landscaping and repairs on the center's van. Amy ended with telling the Board she is open for ideas for the Opiate Task Force Marketing Committee.

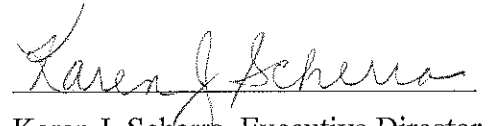
Jean Houston from Families Connected passed out her report and added that her Peer Support Partners (PSP) staff was able to find a client a place to live despite the client having a criminal record. The client had just recently come out of prison and having a place to live will aid the client in regaining custody of his two daughters. Jean thanked the Board for their financial support and said without them, Families Connected would not exist. She invited everyone to stop by her agency for a visit and a tour. She was also happy to report that due to a grant, she was able to hire two new PSPs.

Lucas Strakowski with NAMI said his report stands as is. He added that NAMI's "Evening of Hope" banquet was a great success. Lucas said next year they will be adding a new award to hand out in honor of Angela Ostholthoff-Hamblin, a Clermont County woman heavily involved in mental health peer support who recently passed away. Lucas closed by thanking the Board for their support.

Before Adjournment, Board member John Kelly inquired if there was an organizational chart that illustrated the details of our agencies' programs. Karen said each agency has this information and that she would be happy to get that to the Board members.

10. Adjournment: A motion was made, and unanimously approved, to adjourn the November 6, 2017 Board of Directors meeting. (Motion-Angela Liggett, second-Dorothy Glancy).


Karen Conrad, Chairperson


Karen J. Scherra, Executive Director