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ENCLOSURE ONE

MINUTES of November 18, 2019

MEMBERS PRESENT: Jacki Block, Carrie Brown, Karen Conrad, Carole Cottrill, Laura Esslinger, Dorothy Glancy, John Kelly, Patty Lawrence, Greg Varner

MEMBERS EXCUSED: Andy Bateman, Kelley Costello, Erica Koe-Krompecher, Geoff Schwerzler, Katie Shepard

ASSOCIATE MEMBER EXCUSED: Richard Chaney

GUESTS PRESENT: Stephen Banks, Rhonda Birkhimer, Heather Cokl, Alicia Fine, Amy Foley, Susan Graham, Patty Hassel, Pamela Lindeman, Emily Neal, Jeff O'Neil, Heidi Perry, Ilea Scott, Melissa Simpson, Laura Stith

STAFF PRESENT: Cindy Knoblauch, Erica Pursley, Karen Scherra, Lee Ann Watson

1. Chairperson Karen Conrad welcomed everyone, and the meeting proceeded.
2. A motion was made, and unanimously approved, to approve the Agenda for the November 18, 2019 Board meeting with the addition of Action Item #3: CY 2020 Agreement with Department of Job and Family Services and Clermont County Board of Developmental Disabilities for shared funding of services for children in CPS custody. (Motion-Carole Cottrill, second-Carrie Brown).
3. A motion was made, and unanimously approved, to approve the October 14, 2019 meeting minutes. (Motion-Dorothy Glancy, second-Laura Esslinger).
4. Review Materials/Correspondence Folders: Executive Director Karen Scherra brought everyone's attention to the folders being passed around and specifically mentioned a few of the items from each folder.

In the Federal/State Issues/Articles folder, Karen said there were several articles on work requirements for Medicaid. Many states have had difficulties with the work requirements, and Ohio Medicaid is planning to implement work requirements in 2021. Also in the folder was an article on the number of uninsured children in Ohio increasing by 28% between 2016 and 2018; the 7th highest in the United States.

Another prevalent topic were articles tying mental illness to gun violence. Most people in the behavioral health system believe that blaming gun violence on mental health issues creates a negative stigma for those in need of mental health services.

Karen also informed the Board of the possible Federal Government shutdown on Thursday. The shutdown may occur since the House and Senate have been unable to reach a deal on a short-term spending fix. Although congressional leaders do not believe a shutdown will occur, especially with impeachment proceedings against President Trump looming, it could mean a delay in funding for the behavioral health system if the state does not receive federal funding on a timely basis.

There was an article about Cuyahoga County and its human services levy that will be on the ballot next year. Cuyahoga currently has two health and human services levies that together bring in \$244 million/year. Cuyahoga has approximately five times the residents as does Clermont, but their ADAMHS Board levy funding (\$40 million) is 13 times larger than ours.

The last topic Karen mentioned from the folder was continuation of Medicaid benefits for incarcerated individuals. One article covered legislation being proposed to protect the health benefits for pretrial individuals. Another article discussed having Medicaid available in prison. The argument behind the legislation is that taxpayer's money is currently being spent on reincarceration rather than saved through rehabilitation.

In the Adult Mental Health folder, Karen said there were several articles on the nation's suicide rate. One article in particular reported on the Executive Director of Counseling and Psychological Services at the University of Pennsylvania tragically taking his own life.

Also in the folder, Karen said there were articles discussing Governor DeWine's plans on gun control and mental health. The Governor's plan to address gun violence includes freeing up beds in the state psychiatric hospital for those threatening violence or exhibiting violent behavior. Many beds are currently occupied by individuals facing non-violent misdemeanor charges who need to be evaluated for competency to stand trial. The Governor wants to have these competency evaluations to occur in the community, as well as allowing people to be committed to state hospitals due to addiction.

In the Addiction folder, Karen pointed out that many of the articles discussed the cost of the opioid epidemic in connection with the opioid lawsuits against pharmaceutical companies. Karen stated that Summit and Cuyahoga Counties' cases have both been settled.

In the Youth Mental Health folder, Karen highlighted several articles about the rise in youth suicides linked to stress and trauma, or ACEs (adverse childhood experiences). The CDC said there are now several "resiliency" programs in place to counteract previous childhood trauma. These programs provide mentoring and counseling from supportive, nurturing, stable adults. GCB has a resiliency program, and Karen pointed out a recent article on GCB's program.

Lastly, in the Correspondence folder, Karen advised the Board there was a letter to the Clermont County Mental Health and Recovery Board (CCMHRB) regarding its SFY 2019-2020 Community Plan. The Ohio Department of Mental Health and Addiction Services (OMHAS) has approved the Board's plan.

5. Hope Community Center Presentation: Amy Foley, Director of the Hope Community Center (HCC) in Amelia, accompanied by her Peer Supporters, gave a presentation to the Board on what HCC does for the community. Amy said HCC is now a lot more than a consumer operated service for individuals with a mental health concern, as addiction and recovery supports have now become a large part of its services and curriculum. The presentation

included a Power Point slideshow. The slideshow covered HCC's mission and vision statement, its newly renovated workspace, new equipment, HCC's supporters, and recent grants and contracts. Some of HCC's Peer Supporters were also given the opportunity to speak. Stephen Banks described the role of Peer Supporters as well as the classes offered at HCC. Peer Supporters provide individuals in treatment or early recovery opportunities to strengthen their path to recovery through mentoring/coaching, connecting to resources, support groups, and building community networks. Rhonda Birkhimer, Certified Peer Support Specialist, gave a brief description of her position as the Lead Recovery Coach. Rhonda also mentioned that HCC offers Sober Support Group Monday through Thursday evenings.

Heidi Perry and Melissa Simpson described their roles as Parent Peer Support Partners (PSP). Heidi and Melissa help parents of children with behavioral health issues navigate the system and get connected to valuable services. The PSPs work with Wraparound services as well as the MRSS program. Amy added that she and all of HCC's Peer Supporters are currently going through a six-month long trauma training class. The training has been invaluable in assisting families. Ilea Scott described her roll under GCB's Resiliency Grant. Ilea said the resiliency project assists parents with better understand their child's trauma and developing resiliency strategies. Amy added that the newly developed Juvenile Crisis Triage Team (JCTT) is part of the education and support for juvenile trauma cases.

HCC also plays a major role in peer support for Clermont County first responders. Amy said she currently has 24 first responders trained in peer support and 27 trained in resiliency support. Karen Scherra added that there has been a mental health peer program in Clermont County for over 20 years, but that Amy has stabilized and grown the program to include addiction services as well as community-based programming. The Hope Community Center provides a welcoming place where anyone can feel comfortable in giving and receiving support. Amy has created a community center for Clermont County which is unique throughout the entire state.

6. Executive Director's Report: Executive Director Karen Scherra presented a few highlights from her report. On November 7th, Karen participated in a joint OACBHA Governance/Criminal Justice Committee conference call. The meeting was scheduled to review and discuss several bills pending in the Legislature, especially HB 354, which includes a number of provisions related to the weapons disability data portal and also redefines "mental illness" in ORC 5122 to include someone with moderate or severe substance use disorders for the purposes of civil commitments, and SB 58, the competency restoration bill. According to Karen, the bills have slowed down in the legislature, and therefore OACBHA's concerns are not pressing, since many changes will probably be made before these bills go for a vote. Karen said she will keep the Board informed of these bills and will ask for help in advocacy efforts when needed.

On November 14, Karen attended an OACBHA all-day training for Directors and staff to review the role of OMHAS in connection to the Board system and to hear any changes that the new OMHAS administration may be making.

On November 8, Clermont County did a Presentation on CASC at the Ohio Stepping Up Conference. Clermont County was represented by Commissioner Painter, Jamie Lutson,

Municipal Court Probation, Heather Cokl, CRC/GCB, and Karen. The presentation went well, and they had several people approach them after the presentation to ask more in-depth questions.

Karen will be attending an “invite only” Stepping Up peers meeting in Tulsa Oklahoma on November 21-22. The invite was targeted to elected officials, but the Commissioners wanted Karen to attend and bring back the information to everyone, so she applied and was accepted. The meeting will focus on keeping people with mental illness out of jail. The invitees will get to visit some of the best practice criminal justice programs in Tulsa.

During the month of October, Lee Ann Watson continued to be involved in several calls and meetings with the correction system and the Adult Parole Authority to plan for the release from prison of a high needs Clermont County resident, who was discussed at the last Board meeting. As discussed, this issue is of importance to the Board since the funding it has for the services and supports this individual may need is also the primary funding for the CTP program that has transitioned from CareSource to the Boards.

The American Society of Addiction Medicine (ASAM), the nation’s largest organization representing medical professionals who specialize in addiction prevention and treatment, has updated the society’s definition of addiction to explain more fully the complexity of this chronic disease with the intent of driving a bold and comprehensive national response that creates a future when addiction prevention, treatment, remission and recovery are accessible to all, and profoundly improve the health of all people. Karen read the new definition to the Board members.

Karen Scherra pointed out that Ohio’s new “Tobacco 21” law took effect on October 17, raising the age to purchase cigarettes, other tobacco products, and alternative nicotine products such as e-cigarettes and vaping products from 18 to 21.

Lee Ann Watson and staff from Probate Court, including Judge Shriver and Magistrate Henderson, attended the 1st National Assisted Outpatient Treatment conference in Columbus on October 10 and 11. The conference provided the group with the opportunity to learn how other states are utilizing AOT. After the end of the conference on the first day, the group met to discuss how to proceed with AOT in Clermont. Despite having all the policies and procedures in place, the process to get AOT started in Clermont has been slow. The group decided that the first clients to utilize AOT would be two GCB clients who currently have guardians. After clarification from SAMHSA, GCB agreed to the plan.

On November 7, Karen attended the “Building Bridges of Opportunity” event organized by the West Ohio Conference of Methodists, the Ohio Department of Rehabilitation and Correction (DRC), and community partners. The focus was on dismantling the “community to prison pipeline” that exists by understanding the causes and identifying strategic solutions. The presenter was Dr. Tia Martinez, who is passionate about this issue and has been studying the data nationwide and working on strategies in places across the US to stop so many young people, especially those in minority populations, from starting on a track to incarceration at a young age. Karen said there will be follow-up events as the DRC feels something has to happen for troubled individuals at younger ages to prevent the path of detention, jail, and prison.

7. Committee Reports: Finance Committee Chairperson Jacki Block spoke on behalf of the Finance Committee. Jacki said Board finances are on track with 45.9% of income and 29.1% of total expenses being reported. Jacki also said the agencies are on track as well with 25-30% of utilized budget being reported.

Jacki also reported to the Board on the SW Collaborative Funding. Butler County, which was formerly in charge of the SW Collaborative funding, reported to the Board the amount of FY 2019 carryover that will be disbursed to CCMHRB is \$64,705. Of that funding, a little over \$21,000 will be for crisis management and around \$43,000 for withdrawal management. Amounts for FY 2020 SW Collaborative Funding have also been set. CCMHRB will receive \$97,186. Of that amount, \$19,437 is set aside for crisis management and \$77,749 for withdrawal management. There are no specifics on what programs the funding will support at this time.

8. Action Items: The first action item was the FY2020 Agreement with Hamilton County Mental Health and Recovery Services Board for the PATH Program. OMHAS has again provided funds for the PATH program that serves homeless individuals with a mental illness. The funds are allocated to the Hamilton County Board, which then passes on the funds to Greater Cincinnati Behavioral Health Services (GCB), the agency providing the PATH program services in both Hamilton and Clermont Counties. This is the third year that CCMHRB must enter an MOU with the Hamilton County Board and provide match funds for the program, which was detailed in the MOU provided. The Hamilton County Board provides the payments to GCB. The program has been very successful and productive. A motion was made, and unanimously approved, to approve the FY2020 MOU with the Hamilton County MHRS Board for the PATH outreach program for homeless individuals as presented and to authorize the Executive Director to sign the MOU on behalf of the Board. (Motion-Dorothy Glancy, second-John Kelly).

The second action item was the Business Associate Agreement/Assurance Statement with Ohio Pharmacy Services. The Board has received a renewal agreement from the Ohio Pharmacy Services (OPS) that the Board must sign in order to allow Central Pharmacy medications to be acquired by its contract agencies with Board allocated funds. The state funding available for the Community Medication program, included in Appropriation Line Item (ALI) 421, subsidizes funding for medications for the community. Boards are responsible for purchases by their assigned provider agencies beyond any amount directed to a line of credit at OPS from the ALI 421 allocation. CCMHRB Contract Standards reference that the agencies must follow any OMHAS requirements as part of their relationship with the Board and to maintain Board funding. A motion was made, and unanimously approved, to approve the Business Associate Agreement/Assurance Statement with Ohio Pharmacy Services as presented and to authorize the Executive Director to sign the Agreement on behalf of the Board. (Motion-Greg Varner, second-Carole Cottrill).

The third and final action item, added at the beginning of the meeting, was the Agreement with the Department of Job and Family Services (DJFS) and Clermont County Board of Developmental Disabilities (CCDD) for CY 2020 shared funding services for children in Children's Protective Services (CPS) custody. The Board has a longstanding collaboration in place with many of the child-serving agencies in the County. These collaborations involve joint

planning for services and sometimes involve shared funding for specific children. When a child is in the custody of CPS and needs residential treatment, DJFS pays for the room and board cost of the placement. Most of these children who are under custody of CPS/DJFS have Medicaid, which pays for the services, with the match covered by the State. Yet, there are occasions when a child requires residential treatment or some other specialized service and either Medicaid will not cover the needed service, or the child does not yet have Medicaid. When this occurs, the Board covers the mental health and/or alcohol/drug treatment services, and the other agencies cover the residential placement and any associated or special cost.

DJFS must have a Memorandum of Understanding (MOU) in place that lays out the potential sharing of costs and the fiscal responsibilities of each agency at the start of its fiscal year. This MOU has been in place for many years. A motion was made, and unanimously approved, to approve the CY 2020 MOU with the Department of Job and Family Services and the Clermont County Board of Developmental Disabilities regarding services for children in Children's Protective Services custody and to authorize the Executive Director to sign the agreement on behalf of the Board. (Motion-Laura Esslinger, second-Greg Varner).

9. Discussion Items: The first discussion item was the FY 2020 Crisis Funds/Crisis Academy. Karen Scherra informed the Board members that the Clermont team attended the training on October 28. OMHAS had initially informed the Boards that information regarding the crisis allocations would be provided at the academy, but that information was not provided. There is still no timeline as to when the crisis allocations will be received, or how the funding can be utilized. Karen closed by saying OMHAS plans to have 6 more Crisis Academy trainings on a quarterly basis but did not set an exact timeline yet.

The second discussion item was the FY 2020 Board Prevention Funds. Karen Scherra reminded the Board members that this year Ohio schools received a total of \$675 million in the State Budget that was intended to support programs addressing mental health and wellness. However, it appears that none of the Clermont districts created new wellness programs utilizing the new funding (Note: Milford is adding a MH counselor employed directly by the school). CFI has even reported that area schools have reached out asking for more support with mental health programs. At this point, it is still unclear if this funding can be utilized to support CFI's request for expansion of their school-based mental health program.

The state is now providing an additional \$12 million in prevention funds that will hopefully be allocated to the Boards rather than directly to the schools. OMHAS plans to hold a webinar on November 19 to discuss this new prevention funding. The funding is open to the community entities, but Boards are supposed to get "first refusal rights". Laura Stith of CFI mentioned that mental health services in the schools are desperately needed and this funding is of great necessity in Clermont County.

The third discussion item was the Multi System Youth Funds and Family and Children First. Ohio Governor Mike DeWine has earmarked \$31 million to directly support youth involved in multiple systems such as mental health, criminal justice, DJFS and children's services agencies. Some of the funding is slotted to go to Family and Children First (FCF). The money is intended to provide financial relief for parents who cannot afford to pay for mental health residential

services for their at-risk children and thus ultimately must give up custody of their children so that Medicaid can fund the needed services. Residential treatment for a child with significant behavioral or mental health concerns costs hundreds of dollars a day. This funding will provide home-based interventions and supports allowing parents to keep custody of their children. Karen and other Board Directors have concerns that FCF might also receive funds that they can use to directly contract with provider agencies, which could cause some confusion with regard to what entity is providing/paying for what services.

Tim Dick, Director of DJFS, informed Karen and Dan Ottke, DD Board Superintendent and Co-Chair of FCF with Karen, that FCF is currently deficit spending. FCF is utilizing their reserves in order to maintain services and will have the ability to do this for only three more years. Director Dick will be requesting that all the community partners that currently contribute to FCF increase their contributions. CCMHRB lowered its funding to FCF from \$65,000 to \$25,000 a couple of years ago when the Parent Support Partners began contracting with the Board. Consensus among Karen, Dan and Tim was that none of the partner agencies would increase their contributions, which would lead to some downsizing of FCF staff and services.

The fourth discussion item was the Ohio SUD (Substance Use Disorder) 1115 Medicaid Demonstration Waiver. Many states have already done the 1115 Waiver, and Ohio just recently had the waiver approved. The waiver will expand federal financial responsibility for SUD services, with significant enhancements to Medicaid billable services for individuals with SUDs. It is anticipated that the SUD 1115 waiver will improve access to and quality of community SUD services.

The fifth discussion item was the Grants Update. Karen Scherra reported that CCMHRB was awarded a SOR grant from the state for high-risk families with opioid addiction. Heather Cokl from CRC said the grant will allow for the development of specialized programs to support women as well as their family members through addiction recovery.

The Opiate Task Force (OTF), via the Board, also applied for a grant from the United Way to provide training on engagement strategies for kinship families. Kinship providers are family members caring for minors whose parents have lost custody or cannot currently take care of their children. The OTF's ACEs subcommittee is working on connecting with kinship families that are raising children impacted by the opioid epidemic. Receiving the United Way funding would be beneficial to the OTF as they attempt to reach out to this population.

In August, the Board submitted a letter of intent to a foundation in New York City requesting funding for opioid treatment. The Board was asked to submit a full proposal, and the proposal was submitted on October 31. The grant, if awarded, will expand the current Linkage project in the jail and provide substance use disorder staff to identify and link inmates to addiction services and supports.

The sixth discussion item was the Child Advocacy Center/Children's Crisis Stabilization Center. A group of Clermont County donors and community agencies, led by a County Assistant Prosecutor, is working to open an Advocacy Center for children who have experienced abuse/extreme trauma. Currently, children in Clermont County must go to Children's Hospital in downtown Cincinnati, which may not be the most ideal location/situation for many families. The Center would be similar to the one in Hamilton County. CFI will have an office in the building to provide services to the children. Karen Scherra met with the planning

group to discuss the possibility of adding a Crisis Stabilization Center wing to the building utilizing capital funding. The Center could then be a “one stop shop” where children can be sent after experiencing trauma and go straight into crisis stabilization and treatment. Karen wanted to make the Board aware of this plan in case the funding is awarded, and the Board is able to move forward with partnering with the group opening the child advocacy center.

The seventh discussion item was the Update on the November Board Levies. Karen Scherra advised the Board members that all the Boards that were on the November 2019 ballot passed their levies, which bodes well for the CCMHRB levy in 2020. Karen said there will be further discussion about the CCMHRB levy in March 2020 and the probability of going for a renewal instead of an increase. As for Children’s Protective Services, there has yet to be a decision made about when their levy will be on the ballot.

The eighth and final discussion item was the Board Officers Election for CY 2020. Karen Scherra informed the Board members that Board Officer elections must occur annually at the December Board of Director’s meeting. Current Officers are: Karen Conrad, Board Chairperson; Jacki Block, Treasurer and Finance Committee Chairperson; Dorothy Glancy, Secretary; and Carole Cottrill, Vice Chairperson and Program Committee Chairperson. Karen Scherra said she will reach out to the current Board officers to see if they are interested in retaining their positions. There will also be the ability to nominate someone at the December meeting.

10. Agency Directors’ Reports: Amy Foley of Hope Community Center (HCC) said her report stands as presented.

Laura Stith of Child Focus, Inc. (CFI) said her report stands. Laura added that CFI will again be sponsoring the “Giving Tree” with names of needy children and families. With the help of donors, the tree gives CFI the opportunity to help over 100 families each holiday season. Laura invited support from all those present.

Jeff O’Neil of GCB said his report stands. Jeff added that he wanted to thank the Board members for funding the PATH Program in Clermont County. Jeff also said that GCB is currently working hard to sustain a Substance Abuse and Mental Health Services Administration (SAMHSA) grant that provides physical health care at GCB’s Amelia office. Jeff added that Behavioral Health Redesign is now moving into phase 2 of the Managed Care plan. The state is getting ready to rebid contracts with the managed care companies. Jeff said some of the major changes may include reevaluating the credentialing of staff and how claims are processed. Jeff said he has faith in Ohio’s Medicaid Director Maureen Corcoran to responsibly oversee this next phase.

Heather Cokl of Clermont Recovery Center (CRC) said her report stands. Heather added that CRC just finished its winter clothing collection program. Heather also said that CRC recently had a fidelity audit of the Seven Challenges programming that is utilized for adolescents. Heather believes that the fidelity audit went very well.

Julia Saldanha of NAMI said her report stands. Julia added that NAMI has been given permission to present its “Ending the Silence” program in West Clermont High School. The school has decided that the training will occur in a large assembly setting rather than in small

groups like NAMI is used to doing, but Julia is confident the program will have the same impact. Julia said NAMI's new Clermont peer group unfortunately had to be canceled due to low attendance. NAMI plans to partner with other Clermont agencies to restart the group in the future.


Before adjournment, Karen Scherra added that she had recently attended NAMI's annual dinner, Evening of Hope. Karen said the guest speaker at the event was great. Karen advised the Board members that they are all welcome to come to the next dinner at Board expense, or any other event sponsored by our contract agencies.

Karen also reminded the contract agencies that she would like each of them to give a presentation at future Board meetings much like the one Amy Foley gave on Hope Community Center earlier in the meeting. Karen thought GCB would be the likely participant for presenting at the December meeting.

Board staff advised the Board members that snacks and refreshments would be available at the December meeting and to arrive hungry.

Karen closed by expressing her gratitude to Commissioner Painter who has been very involved and dedicated to the progress of CCMHRB. Commissioner Painter has given much of his time to accompany Karen to different events within the behavioral health system.

11. Adjournment: There being no further business, a motion was made, and unanimously approved, to adjourn the November 18, 2019 Board of Directors meeting. (Motion-Dorothy Glancy, second-Greg Varner).



Karen Conrad, Chairperson



Karen J. Scherra, Executive Director