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### MINUTES of May 14, 2018

**MEMBERS PRESENT:** Jacki Block, Karen Conrad, Kelley Costello, Carole Cottrill, Dorothy Glancy, Peggy Hickman, Katie Shepard, Greg Varner

**MEMBERS EXCUSED:** Andy Bateman, Suzy Carter, John Kelly, Angela Liggett

**ASSOCIATE MEMBER PRESENT:** Richard Chaney

**GUESTS PRESENT:** Heather Cokl, Amy Foley, Steve Goldsberry, Jean Houston, Sandy Lock, Jeff O'Neil, Laura Stith, Heather Turner

**STAFF PRESENT:** Cindy Knoblauch, Erica Pursley, Karen Scherra, Lee Ann Watson

1. Chairperson Karen Conrad welcomed everyone, and the meeting proceeded.
2. A motion was made, and unanimously approved, to approve the Agenda for the May 14, 2018 Board meeting with the addition of Action Item #3, the Memorandum of Understanding with the Butler County Mental Health and Addiction Recovery Services Board for the FY 18 Withdrawal Management and Psychiatric Services Agreement. (Motion-Jacki Block, second-Peggy Hickman).
3. A motion was made, and unanimously approved, to approve the April 9, 2018 meeting minutes. (Motion-Kelley Costello, second-Dorothy Glancy).
4. Review Materials/Correspondence Folders: Executive Director Karen Scherra brought everyone's attention to the folders being passed around and specifically mentioned a few of the items from each folder. From the Local folders, Karen pointed out Child Focus Inc.'s annual report, as well as an article about two of the candidates for Clermont County Commissioner and their discussion on what they would focus on if elected. Karen specifically mentioned candidate Claire Corcoran's comment that the opioid crisis is one of her top priorities, since she won the primary.

In the Adult Mental Health folder Karen said there were many articles about suicide. She specifically mentioned the articles regarding a study done that revealed police officers and firefighters are more likely to die by suicide than in the line of duty. Karen also pointed out the articles showcasing the upswing of state and federal support for trauma-informed practices

and policies. Policy leaders across the country are starting to pay much more attention to the impact of trauma and adverse childhood experiences and their long-term effects.

Karen told the board the articles in the Youth Mental Health folder centered around suicide, trauma and cyberbullying. She also said that despite the increase in stresses for today's youth, several articles in the folder reported a shortage in child psychiatrists.

Karen said the focus of many of the articles in the Federal/State Issues and Articles folder was the future of Medicaid Expansion. There is still uncertainty related to the proposed work requirements for Medicaid recipients. Further, the upcoming transition to Medicaid Managed Care has many treatment providers concerned. Questions remain on how those requirements and changes will affect people on Medicaid. In the same folder there was also a piece written by Lori Criss, the CEO of the Ohio Behavioral Health Council, stating that she recommends the July 1 transition of Medicaid to Managed Care be pushed back until all criteria for a safe transition is met.

In the Heroin/Opiate folder, Karen said there were several articles about a lot of pending legislation, at both the state and federal levels, regarding the opiate epidemic. There were also several articles about the rise in meth, cocaine, and fentanyl use. The general trend of overdose deaths is up. However, some areas, including Clermont County, report OD deaths are down. Karen attributed that to the use of Narcan and Medication Assisted Treatment (MAT). Karen also announced that a series featured in the Cincinnati Enquirer a few months ago, titled "Seven Days of Heroin", recently won the Pulitzer Prize. While on the subject of the Enquirer, Karen also wanted to let the Board know she had received a very gracious "thank you" email from Terry DeMio, a journalist for the Enquirer who reports on the heroin epidemic. She wanted to thank the Board and the Opiate Task Force for the Appreciation Week certificate that she received for her efforts. Karen closed by saying that Clermont County is expected to be in the paper again soon for its decrease in OD deaths and the direct correlation to the use of MAT.

5. Executive Director's Report: Executive Director Karen Scherra shared some highlights from her monthly report. She began by saying members of the Appreciation Week Planning Committee met on May 3<sup>rd</sup> to review the activities that occurred during the week of April 9<sup>th</sup>. Overall, everyone was pleased with how everything went and the number of people with whom they had contact. The fire/EMS and Police stations were all very appreciative of the goodies they received during Appreciation Week. Due to the very positive response to Appreciation Week, the planning committee decided they would do it again next year, even if the state does not.

Karen also mentioned she met on May 7<sup>th</sup> with Chamber Director Matt Van Sant and Alicia Fine and Joyce Weddle, the DFC Executive Committee, about a plan for the Drugfree Workplace activities of the full Drug Free Committee. They decided that going forward, the Committee will be an education resource for businesses and the community, whether through events, newsletters, email, etc. Their first action will be an event to discuss the impact of

medical marijuana in the workplace. Details are being developed, but they are holding the date of August 17 which is a regularly scheduled Chamber Legislative Lunch.

On April 23<sup>rd</sup>, Karen participated in an ENGAGE meeting where they discussed the need to implement the programs soon, as OMHAS wants the Year 1 funding utilized as soon as possible. There is agreement among the boards/counties represented that they all implement a form of the Mobile Crisis/Parent Partner project with Juvenile Court that Clermont had proposed in another grant application. There is a follow-up meeting on May 21st for only the Board participants of the Committee to see if they can develop an implementation schedule to submit to OMHAS and get the funds flowing to the Boards.

On April 28<sup>th</sup>, Associate Director Lee Ann Watson met with the Criminal Justice/Mental Health Linkage staff to discuss the project, which is funded by an OMHAS grant. From the middle of September until March 31, the Jail Liaison has completed 750 behavioral health screenings at the jail. The project is focusing on connecting newly identified clients to treatment, re-connecting historical clients and providing coordination of care when a client is in jail. The project is also addressing recidivism. Karen said the project is going very well and getting a lot of people connected with treatment.

Karen also highlighted a section in her report about an opinion piece, "Is Full Legalization Coming to Ohio?". Karen said it is likely that Ohio will eventually legalize marijuana. Her concern is how it will affect the state, Ohio's youth, and the Mental Health and Recovery Boards.

Karen noted some of the meetings she had participated in during the month of April. On April 11th, she participated in a call with GCB CEO Jeff O'Neil and Jeff Kirschner. GCB plans to apply for a SAMHSA grant to implement an Assertive Community Treatment (ACT) team in Clermont County. GCB has several of these teams in Hamilton County. Clermont tried to implement an ACT Team many years ago with grant funding but was unsuccessful due to issues in hiring the needed staff, especially a psychiatrist. Karen said Clermont County SMD clients would benefit greatly from ACT Team services, so she conveyed Board support for this grant submission. Jeff O'Neil added that the grant is very competitive, but that he believes GCB has a good chance of receiving the funding.

On 4/17 and 4/20, Karen participated in conference calls regarding a potential research project that the National Association of Chain Drug Stores is developing with academic partners which includes UC, in response to a federal grant opportunity from the CDC. The proposed project aims to prevent and treat opioid misuse and abuse in southwestern Ohio through partnership with existing county agency initiatives and community pharmacies. They selected Clermont County for the project and conveyed that they understand to develop a meaningful research project, they need to build a program that augments the existing efforts already underway. Karen shared information they provided with Steve Goldsberry and Heather Cokl and they agreed they liked the project. Karen said she is in the process of providing a letter of support and information on Clermont's system to the grant writers. It is due by May 15<sup>th</sup>.

Karen hopes the project will expand the service arena, as the project includes funding for SBIRT as well as Vivitrol injections.

On May 3<sup>rd</sup>, Karen attended a community forum on health needs in Clermont County, facilitated by consultants from the Health Collaborative, with support from Public Health. A lot of health needs were brought up and discussed by the participants but, as has been happening now for several years, the main issue of concern was drugs.

6. Committee Reports: Jacki Block presented to the Board on behalf of the Finance Committee which met prior to the Board meeting. The first item was the FY2019 Clermont County Mental Health and Recovery Board Sliding Fee Subsidy Scale. The scale is based on the Federal poverty guidelines and Medicaid coverage. The scale was updated for FY2019 to reflect changes to the Federal poverty guidelines. A motion was made, and unanimously approved, to approve the FY2019 sliding fee scale as presented. (Motion-Jacki Block, second-Peggy Hickman).

The next item was the FY 2018 Additional Funding for Overage of Clermont Recovery Center (CRC) Services. Jackie explained that CRC will likely overspend their contract budget by \$260,000. It is not feasible to halt Board funding for services, as the need for services is too great. However, Greater Cincinnati Behavioral Health, of which CRC is a subsidiary, is estimated to underspend on their mental health services contract by a similar amount. The proposal to the Board was to move the underspent amount from GCB to CRC to offset the overage. Jacki explained the money has already been budgeted into the Board's expenditures, it would simply be a shift of funding. Karen Scherra stated that CRC is currently at 98.24% of utilization through April, and the Board cannot continue to pay for services beyond the agreed contracted amount without approval from the Board of Directors. Karen also mentioned that the Board can discuss this issue in more detail at the June meeting, when we will have more updated figures. A motion was made, and unanimously approved, to approve moving FY 2018 funding from GCB to CRC as recommended by the Finance Committee. (Motion-Jacki Block, second-Carole Cottrill).

Jackie Block stated that the third and fourth items, Realignment for GCB Funding for Mental Health and Substance Use Disorder Services and FY 2018 Outreach Team Funding, were being tabled until the June Board meeting. Karen Scherra expanded by adding that she believes there needs to be a Program Committee meeting first to fully understand GCB's programmatic needs. GCB also needs time to catch up on its billing, so that the Board has a sense of how much of the contracted amount GCB will earn for FY2018. In addition, Karen stated that GCB has expressed interest in expanding PATH (the homeless program) and the employment program ASPIRE, so there will be requests for additional funding.

Karen Scherra presented to the Board on behalf of the Program Committee regarding Funding Requests from Child Focus Inc for FY 2019. Karen said Board staff and the Program Committee members met with CFI on April 16th to discuss their FY19 funding requests. An initial request for additional funds from Child Focus was already approved by the Board at a previous meeting – \$18,000 to change the Crisis Services Salary Structure to assist in

retaining staff. Another one of CFI's initial requests, to maintain funding for the CJ/MH Linkage Mobile Crisis position, is no longer necessary since the Board received funds for a second year of this program. The Program Committee was faced with two alternatives: Recommend an additional \$60,000 in funding for Child Focus for FY2019 so the agency can maintain the current level of services OR approve Child Focus cutting the amount of services they provide by \$60,000. After discussion, it was clear that the Committee did not want to decrease services at CFI and voted to recommend to the full Board that CFI's allocation be increased by \$60,000 so that they can maintain the same level of services for the new fiscal year under the new codes and rates from BH Redesign. The Program Committee also discussed the needs of area schools for more school-based services. CFI staff shared data on the school districts with the most critical needs, as well as information on the waiting lists at schools for services. At this point, there is no specific funding request, but Child Focus may approach the Board in the future for funding to provide additional school-based services. Both the Program Committee and the Finance Committee recommended to the Board to provide the funding to CFI, and a motion was made, and unanimously approved, to provide additional funding of \$60,000 to Child Focus for FY 2019. (Motion-Kelley Costello, second-Katie Shepard).

7. Action Items: The first item was the SFY 2019 OMHAS Agreement and Assurances. Karen explained that annually, each Board is required by the Ohio Department of Mental Health and Addiction Services (OMHAS) to sign an Agreement and Assurances document and to provide required information as noted in the Agreement and Assurances by set dates. The Agreement and Assurances and additional documentation are required for the SAPT Block Grant, other state grants, and to meet other state statutory requirements. The signed Assurances also must be entered into the state's GFMS system so that the Board can receive its allocations for FY 2019. A motion was made, and unanimously approved, to approve the FY 2019 OMHAS Agreement and Assurances as presented and to authorize the Executive Director to sign on behalf of the Board. (Motion-Jacki Block, second-Dorothy Glancy).

The second action item was the Agreement with the County Commissioners for the 21<sup>st</sup> Century CURES Grant Funding for the Women's CASC Program. Karen explained that because the men's CASC program was operated by GCB through a contract with the County Commissioners, the Board passed the Year 1 CURES funding to the County Commissioners, and the County executed a contract for the Women's CASC program with GCB. The Board was responsible for meeting the reporting requirements of the grant with information provided by GCB and the County Commissioners Office. The CURES grant Year 1 ended on April 30, 2018, so once the Board was notified it was being awarded Year 2 funding, it needed to again enter into an agreement with the County for the funds to flow to the County from the Board. The agreement was on the County Commissioners' meeting agenda for May 2<sup>nd</sup>, as the term of the Year 2 grant started on May 1<sup>st</sup>. The Commissioners requested that Karen sign the agreement before it was on their agenda for approval. Therefore, the presented agreement showed all parties' signatures, including approval from the Prosecutor's Office. However, it is still necessary for the Board to approve all contracts, so Karen asked for the Board's approval for the agreement with the County. Karen added that OMHAS is allowing the funds to be used to support services at the men's CASC program also, which will assist GCB in

providing additional supports to the men and better positions the programs for future combined funding from the County. A motion was made, and unanimously approved, to approve the agreement with the County Commissioners for the 21<sup>st</sup> Century CURES grant funding for the women's CASC program for the period of 5/1/18-4/30/19 and to authorize the Executive Director to sign the agreement on behalf of the Board. (Motion-Dorothy Glancy, second-Kelley Costello).

The third and final action item, which as previously stated was added at the start of the meeting, was the Memorandum of Understanding with Butler County for the FY18 Southwest Collaborative Withdrawal Management and Psychiatric Services Agreement. Karen Scherra explained that the agreement is supposed to be a regional MOU and the one presented is still only a draft since the Butler County Board of Director's has not yet approved the MOU. However, Karen said Butler County hopes to have a formal MOU by the following Wednesday, at which point Karen will have the Clermont Prosecutor's Office review for approval. The MOU will give Clermont the ability to access the behavioral health services in Butler County at Beckett Springs. At this time, Beckett Springs remains the only crisis stabilization facility available for Southwest Ohio clients; Mercy Clermont's proposed withdrawal management program is stalled in review by corporate officials and attorneys. A motion was made, and unanimously approved, to approve the MOU with Butler County for the FY 2018 southwest collaborative withdrawal management and psychiatric services agreement. (Motion-Peggy Hickman, second-Carole Cottrill).

8. Discussion Items: The first discussion item was the Behavioral Health Redesign update. Karen Scherra said that no delay was expected for the rollout date of July 1 for Managed Care. Ohio's Medicaid organizations have training sessions being offered in May for behavioral health providers preparing for Managed Care integration. During a conference call with OACBHA, Karen said concerns about billing delays were expressed, but the state is holding July 1 as the start date. Jeff O'Neil with GCB also spoke on the subject. He said his biggest concern is not whether the treatment agencies will be prepared, but that the Managed Care companies are not ready for the rollout. He said GCB's largest Managed Care company was recently put on a remediation plan for lack of timely payments, which he found very concerning. He thinks that the Behavioral Health Redesign complications will pale in comparison to those of Managed Care. Karen added that there is also confusion on whether clients will be able to continue using their current providers. Jeff closed by saying GCB will do their best to serve clients and keep the Managed Care transition as seamless as possible. Laura Stith of CFI agreed that Behavioral Health Redesign has been a huge challenge for the agencies and now that they are finally getting a handle on it, Managed Care is just around the corner.

The next item of discussion was the ENGAGE Grant Funding Update. ENGAGE is a project funded by OMHAS and will be used to expand Clermont's Mobile Crisis Team. The program pairs Peer Support Partners with the mobile Crisis Team to make home visits to families in need of connection to services to avoid the removal of involved with Juvenile Court from the home. ENGAGE is a four-year grant, with year one ending on September 30<sup>th</sup>. Once the grant ends, Karen said the goal is to continue the program with funding from Juvenile Court.

She said it is likely Juvenile Court would agree to sustain the program based on the support they have shown so far.

The third item of discussion was the Issue with Public Health Departments. Karen said although Clermont has no issues with its public health department, there are many counties that do. Due to these issues in other Ohio counties, during strategic planning meetings at the Public Health Association, the President of the Association developed the idea of placing the boards under the public health departments. Karen said based on her discussion with Julianne Nesbitt, the Clermont Public Health Commissioner, this idea is not feasible. Julianne said she does not support this idea and does not believe most other counties do either. Apparently, the Vice President of Ohio's Public Health Association disagrees with the President and thinks now is not the time to take such drastic measures with an opioid epidemic in full swing. Karen expressed to the Board that she is still very concerned that it could spread to state legislation, so she plans to keep a very close eye on the issue. She said that since Clermont's ADAMHS Board and Public Health work so collaboratively together, Julianne will keep her informed of any developments in the matter. Karen told the Board it may be necessary to prove just how important it is for counties to have an ADAMHS Board.

The final item of discussion was the Family and Children First Council Decisions for FY 2019. Karen said, as was discussed at the Board Retreat, in FY18 the Board decided not to contribute to Family and Children First (FCF) in order to fund Families Connected (FC), which is now partnering with Child Focus to provide Parent Support Partners to CFI families. Karen said the relationship between FC and CFI is going well, and as of July 1, Family and Children First has agreed to a contract with the Board to pay for its use of FC's Parent Support Partners services. Karen said to maintain a good relationship with FCF and to follow suit with many other county agencies, she feels the Board should reconsider funding to FCF but on a smaller scale than before. Karen said she is thinking about \$25,000 and will bring a proposal to the Board at the June meeting.

9. Agency Directors' Reports: Heather Turner from NAMI said her report stands and added that NAMI's fundraiser walk on May 12<sup>th</sup> had a great turnout. She also announced they will be looking for a new location for their family support groups, hopefully in the Eastgate area. They are hoping to find a free venue for the monthly meetings which last about 90 minutes and consist of around 10 people.

Laura Stith from CFI said her report stands as well and invited everyone to participate in CFI's golf outing on June 1<sup>st</sup>. The outing is a fundraiser and will take place at Legendary Run Golf Course.

Jean Houston from Families Connected said her report stands and added that FC has started receiving referrals from CFI. She also advised the Board there will be a trauma training on June 8<sup>th</sup> at the Mt. Carmel Christian Church.

Steve Goldsberry said CRC's report stands. He also added that his concern with the Managed Care rollout is that there will be periods of 3-6 months where CRC will not be getting paid.


He said CRC is being very aggressive in protecting itself from the potential dangers of Managed Care.

Amy Foley from Hope Community Center said her report stands. She added that HCC's art show was a success and they earned \$632. She said the turnout was much greater than last year. Amy said HCC's art students were able to visit the Cincinnati Contemporary Arts Center. She also announced other activities at HCC. Crossroads workers have been working on the facility's flower beds. There will also be a cooking class in July.

10. Adjournment: There being no further business, a motion was made, and unanimously approved, to adjourn the May 14, 2018 Board meeting. (Motion-Peggy Hickman, second-Jacki Block).



Karen Conrad, Chairperson



Karen J. Scherra, Executive Director