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ENCLOSURE ONE

MINUTES of June 18, 2018

- MEMBERS PRESENT:** Andy Bateman, Jacki Block, Suzy Carter, Karen Conrad, Carole Cottrill, Peggy Hickman, John Kelly, Greg Varner,
- MEMBERS EXCUSED:** Kelley Costello, Dorothy Glancy, Angela Liggett, Katie Shepard
- ASSOCIATE MEMBER PRESENT:** Richard Chaney
- GUESTS PRESENT:** Heather Cokl, Alicia Fine, Amy Foley, Steve Goldsberry, Jean Houston, Pamela Lindeman, Sandy Lock, Laura Stith, Heather Turner
- STAFF PRESENT:** Cindy Knoblauch, Erica Pursley, Karen Scherra, Lee Ann Watson

1. Chairperson Karen Conrad welcomed everyone. The meeting then proceeded.
2. A motion was made, and unanimously approved, to approve the Agenda for the June 18, 2018 Board meeting. (Motion-Suzy Carter, second-Peggy Hickman).
3. A motion was made, and unanimously approved, to approve the May 14, 2018 meeting minutes. (Motion-Suzy Carter, second-Jacki Block).
4. Review Materials/Correspondence Folders: Executive Director Karen Scherra brought everyone's attention to the folders being passed around and specifically mentioned a few of the items from each. From the Youth Mental Health folder, Karen pointed out articles regarding the rise in youth suicides and specifically mentioned one about a 10-year-old from Akron who committed suicide. Karen said Stark County has had 12 youth suicides so far this year. Last year Clermont County saw an increase in youth suicides - five (5) youth under the age of 20 committed suicide in 2017, a significant increase from recent years, in which we had none or just one youth suicide.

In the Adult Mental Health folder, Karen Scherra shared that there also several articles on suicides, many centering around the two celebrity suicides last week. The national suicide hotline reported a spike in calls after the suicides of Anthony Bourdain and Kate Spade.

In the Local Reports folder, Karen Scherra mentioned a flyer announcing an open-house celebration to mark the one-year anniversary of the opening of the Merwin recovery house. Karen also pointed out Child Focus Inc.'s annual report.

From the State/Federal folders, Karen Scherra pointed out the listing of the medical-marijuana dispensaries in Ohio. She said there were none in Clermont, but three in Hamilton County.

Karen said that the dispensaries were scheduled to open in September. However, due to all the licensing red tape and slow cultivation time, the state has recognized the September 8 deadline is now unrealistic and will likely not be met. Karen stated that she anticipates lawsuits being filed because of the delay.

In the Local Articles folder, Karen Scherra pointed out an article discussing the continuing drop in overdose deaths in Clermont County. There was also an article announcing the participation of ADAMH Board Directors in a roundtable discussion with key members of the U.S. Department of Health and Human Services at the Opiate Conference, in which Karen participated. The discussion focused on policies, funding opportunities, and challenges related to addressing the opiate epidemic and addiction in Ohio. The final article Karen mentioned was one regarding Greater Cincinnati Behavioral Health Services (GCB) being approved by the Clermont County Commissioners to manage the Community Alternative Sentencing Center (CASC) for another year.

From the Heroin/Opiates folder, Karen Scherra pointed out articles focusing on State and Federal legislation regarding opioids. One article Karen found very interesting was about the impact of the opioid epidemic on children and families. This trend is creating “grand-families”, which are families where the grandparents are raising the children of opioid addicted parents. Karen also mentioned an article reporting overdose deaths starting to fall in Hamilton County.

Karen Scherra passed around the most recent issue of The Clermont Sun. In it she said there was an article for which she was “e-interviewed”. The article discussed overdoses being down in Clermont for a second straight year, the syringe exchange program, and the Quick Response/Outreach Team.

5. Executive Director’s Report: Karen Scherra presented a few highlights from her report. Karen informed the Board that two women applied to fill the VISTA worker position with the Board starting in July. One never sent her references so was not considered, and the other had applied for another VISTA position at a higher salary, so preferred that position to Clermont’s. Karen is still hoping to get a VISTA worker but may have to wait until next year to try again.

Karen, along with Joyce Weddle and Jasmine Varney from GCB, presented at the OACBHA Opiate Conference on the ASPIRE employment program on June 11th. She said the presentation went well, they received a lot of questions, and several people plan to follow up with them for assistance in setting up a similar employment program in their county. Also, at the conference, Karen had the opportunity to have lunch with, and then meet with, officials from the U.S. Department of Health and Human Services. They wanted to share priorities of the Trump Administration in the areas of addiction and mental health and to hear about areas in which the federal government could assist initiatives or address barriers in Ohio to providing services.

Clermont County hosted former Supreme Court Justice Evelyn Stratton and others from the Ohio Stepping Up Initiative on May 23rd. They were interested in hearing about Clermont’s efforts to keep those with a severe mental illness out of jail and to make sure those who get jailed are connected to treatment upon release. They were very impressed with the amount of collaborative efforts underway and the outcomes being achieved. Karen said Justice Stratton also gave an update on activities throughout the state and the upcoming Ohio Stepping Up Conference in the fall and visited the CASC program before she left the County.

Karen said earlier that day she, along with staff from Juvenile Court, Child Focus/Mobile Crisis, Families Connected, and Family and Children First, had attended a meeting on a program that OMHAS wants the Boards to emulate with their ENGAGE projects. ENGAGE is a system of care approach that focuses on a successful transition to independence for Ohio's mentally challenged youth and young adults. She said there will be another meeting in a couple of weeks regarding that implementation.

Under Federal Legislation/Activities, Karen mentioned there are currently 57 bills pending in the House that focus on opioids. She said issues with immigration regulation is stalling progress on those pending bills.

Karen also gave an update on the Ohio Speaker of the House of Representatives. On June 6, after 11 rounds of voting, Representative Ryan Smith of Gallia County prevailed as the new Speaker of the House. He will become the Chamber's 103rd Leader. Now that a Speaker has been selected, the House should begin to focus on pending issues and legislation.

Karen also touched on some of the meetings Board staff had attended in recent weeks. Karen said she continues to participate in multiple meetings connected to the Workforce Investment Board (WIB) of Butler, Clermont and Warren Counties. On June 8, she attended the WIB Executive Committee meeting, at which she presented policies developed by the Emerging Workforce Committee which she chairs. She said she has been meeting and talking with Stacy Sheffield, the WIB Director, about an opportunity for a Department of Labor grant focused on workforce issues being experienced due to the Opioid epidemic. Butler and Hamilton counties are part of this project, along with Clermont, so Karen is working with staff of those boards as well. Karen is hoping to use Clermont's ASPIRE program as the foundation for the grant, which would allow the other two (2) counties to establish a similar program and for Clermont to expand its program.

On June 1, Dr. Shawn Ryan and Melissa Bartos from Brightview, a for-profit SUD agency opening an office in Clermont County, met with Karen to discuss the services they will be providing and their desire to collaborate with already established groups in the County.

Karen said she also met with two staff from Children's Home, a mental health agency serving youth, to explain their range of services and their willingness to provide services to Clermont residents. The most interesting piece of information was that they have available psychiatric services with no waiting. Karen said she referred a woman to them for psychiatric services and the woman promised she would let Karen know how it went and if there really was no wait.

Before moving on to the meeting, Karen took a moment to announce the retirement of Sandy Lock from Child Focus Inc. Karen said Sandy had been with CFI for 30 years and was an integral part of the agency. Karen said her dedication, tenacity, and knowledge will be missed. Sandy said she has had an incredible career and it was an honor to have worked with the Board and the agencies.

6. Program Committee Report: Committee Chairperson Suzy Carter presented to the Board the outcomes of the Program Committee meeting with GCB/CRC on June 14 regarding FY 2019 services/funding requests. Suzy said GCB is wanting to expand the ASPIRE program. ASPIRE is an employment program that works with individuals with a substance use disorder. The growth of the program requires another part-time position. GCB also needs additional funding to make the program whole, as costs have increased but the funding has remained the same.

The amount requested was \$72,889. Karen informed the Board that GCB would be requesting approximately \$99,000 less in FY19 in other services to realign spending.

Suzy also reported on CRC FY19 funding requests. She said CRC has agreed to cap MAT administration fees at \$200,000 for FY19, as opposed to the \$395,085.60 that has been billed in FY18. CRC is also requesting funding for an additional Recovery Coach position at \$66,918. CRC is further requesting \$25,000 to increase the Benefit Specialist, who helps clients maintain Medicaid as well as to receive it, to a full-time position instead of part-time. Suzy said CRC's total request for additional funding over the FY18 allocation is \$149,943.05. The committee recommended the increase for CRC based on increasing the Benefit Specialist to full-time, providing funding for the additional Recovery Coach, and other adjustments in their budget.

Also discussed at the Program Committee meeting was the Board SMD definition revision. GCB's recent request to change the SMD definition for eligibility for care management services was based on more specifics on diagnoses and uses the standardized DLA assessment tool to assess functioning limitations. Individuals who may not meet the diagnosis or functional limitation criteria, but have multiple system contacts such as hospitalization, can also be eligible for services. In addition to changing the SMD definition for eligibility for care management, GCB also proposed adding a few more eligible diagnoses for counseling services: anxiety disorder, personality disorder, and PTSD. GCB does not expect the additional diagnoses to create much additional expense. A review of the change is to take place in September to determine if it has increased the caseload and/or costs. A motion was made, and unanimously approved, to approve the change in the Board SMD definition as recommended by the Program Committee. (Motion-Jacki Block, second-Greg Varner).

Finance Committee Report: Erica Pursley provided information on the FY18 draft Financial Projection. Adjustments were made to the projection to reflect the following changes: decrease in spending for Adult Residential Care; line items that were not previously rolled up into the POS; \$40,000 received from Municipal Court; and the possibility of \$75,000 in IDAT funding. Erica stated that the projected ending fund balance for FY18 is \$741,851. Jacki Block asked if the Board was now able to add \$100,000 back to the reserves. Karen Scherra stated that she believes the Board should wait until after the end of the fiscal year to review the final projection to decide about reserves, and Jackie agreed. Erica Pursley then reviewed the FY19 draft Financial Projection. Erica explained to the Board members that the agencies' requests were included in the FY19 projection. FY19 is projected to end with a balance of \$380,015. As such, funding is available to support the agencies' requests.

Erica moved on to give the Board an update on the overspending on the CRC FY18 POS contract. Erica explained that CRC is overspent by \$250,000 to \$300,000 due to the new behavioral health redesign billing structure allowing for billing of administration of MAT medications. Karen mentioned that CRC would be overspent even more if the Board hadn't historically been providing funding for MAT administration before it was a billable service.

Jacki then discussed the Committee's recommendation to the Board on the FY19 additional funding for CRC's SUD services. Jacki said based on the information provided earlier from the Program Committee, the Finance Committee recommends to the Board to approve the additional funding in the amount of \$149,943.05 to CRC for expanding the Benefit Specialist position from part time to full time, an additional Recovery Coach, and other adjustments. Erica added that

GCB's mental health division is underspent by approximately \$100,000. As such, GCB is requesting a shift in funding from the CRC POS to the GCB POS. A motion was made, and unanimously approved, to approve the FY19 additional funding for CRC's SUD services as recommended by the Finance Committee. (Motion-Greg Varner, second-Carole Cottrill).

Next, Jacki discussed the Committee's recommendation to the Board on the FY19 additional funding for GCB's MH services. Jacki said based on the information provided earlier by the Program Committee, the Finance Committee recommends that the Board approve the additional funding in the amount of \$72,889 for expansion of the ASPIRE program. Further, for FY19 CRC has made \$149,000 in reductions and GCB will maintain their FY19 budget at \$99,000 less than FY18. Therefore, the request for GCB/CRC is in total approximately an additional \$50,000. A motion was made, and unanimously approved, to approve the FY19 additional funding for GCB's MH services as recommended by the Finance Committee. (Motion-Greg Varner, second-John Kelly).

Finally, Jacki discussed with the Board the recommended FY19 total allocations to each agency. Child Focus Inc. will be allocated \$1,949,741. Clermont Recovery Center will be allocated \$1,866,284. Greater Cincinnati Behavioral Health Services will be allocated \$1,774,879. Hope Community Center will be allocated \$148,527. Families Connected will be allocated \$76,290. NAMI will be allocated \$20,000. A motion was made, and unanimously approved, to approve the FY19 allocations for CFI, CRC, GCB, HCC, Families Connected, and NAMI as presented. (Motion-Suzy Carter, second-Andy Bateman).

7. Action Items: The first action item was the SFY 2019 agreement with Children's Protective Services (CPS)/Department of Job and Family Services (DJFS) for shared funding of SUD services. Karen Scherra said for the past several years, the Board has entered into an agreement with CPS/DJFS to share funding for treatment at Clermont Recovery Center for parents who are dealing with an addiction, usually opiate-related, and have lost custody of their children due to their drug use. The agreement for FY 2019 is the same as has been approved for the last several years, except that the amount in the agreement, \$30,000, is only half of what the agreement has been in the past. However, the reduction is based on the recent amounts used, which has significantly decreased due to Medicaid Expansion. A motion was made, and unanimously approved, to approve the FY19 agreement with CPS/DJFS for shared funding of AOD services as presented and to authorize the Executive Director to sign on behalf of the Board. (Motion-Jacki Block, second-John Kelly).

The next action item was the FY19 Health Officers and Chief Clinical Officers. Associate Director Lee Ann Watson explained that it is necessary for the Board to officially approve the designation of Health Officers and Chief Clinical Officers (CCO) each fiscal year. Health Officers are responsible for approving admission of Clermont County residents to the state hospital and admission of clients to local hospitals for psychiatric inpatient services. The resolutions stating the names of the Health Officers for Child Focus, Inc., Mercy Hospital, and GCB were presented. The appointments of Health Officers from GCB, CFI and Mercy are for the period 7/1/18 – 6/30/19. The appointment automatically terminates if the staff member

leaves the agency.

The Board has historically not had a Chief Clinical Officer on staff or under contract to the Board but has designated an appropriate staff member at Greater Cincinnati Behavioral Health Services as the adult services CCO and at Child Focus as the children's services CCO. Dr. Laura Stith, CFI Clinical Director, remains as the designated CCO for children/adolescent services. Dr. Katherine Schmidt, Associate Medical Director, is the GCB psychiatrist designated as the CCO for adult services. The resolution designating the two CCOs was presented. A motion was made, and unanimously approved, to approve the FY19 adult and children's CCOs and to approve the FY19 Health Officers for GCB, CFI, and Mercy Hospital Clermont as presented. (Motion-Jacki Block, second-Peggy Hickman).

The final action item was the cancellation of the August Board meeting. Karen Scherra said most years, the Board cancels the scheduled August Board meeting due to vacations and issues with making quorum. She does not foresee any significant issues that will need Board approval in August. The Board will have the regularly scheduled meeting in July (July 9th) and then the next meeting will be September 10th. Cancelling the August Board meeting should not cause any difficulties, as all the required contracts and agreements should be completed and approved by the July meeting date. A motion was made, and unanimously approved, to approve the cancellation of the August 13, 2018 Board meeting. (Motion-John Kelly, second-Jacki Block).

8. Discussion Items: The first discussion item was the Behavioral Health Redesign/Managed Care update. Karen Scherra said the transition to managed care is still set for July 1. There is still apprehension throughout the state but no delay in BH redesign is in the forecast. It has been reported that the managed care companies are still not ready to accept billing files. Karen said she will know more in July after the rollout.

The second discussion item was the ENGAGE grant funding update. Karen Scherra said she had covered that earlier in the meeting during her highlights of the Executive Director's Report. She reiterated that she and other county agency staff had attended a webinar about the approach in New Jersey that provides support to clients 24/7, 365 days a year, which is not what we are proposing to do. Karen said the grant is for \$700,000 to split between four counties. Karen advised the Board she would keep them updated on the progress of the project.

The third discussion item was Family and Children First Council decisions for FY19. Karen Scherra said Family and Children First Council (FCF) is still interested in working with Families Connected and had agreed to a meeting with Families Connected later this week to discuss the details. FCF will have to pay for any parent support partner services provided. Because of this, Karen recommended that the Board provide funding support to FCF, as it has in the past, but at a lower dollar amount. Karen would recommend funding support at \$25,000 as opposed to the \$65,000 the Board used to allocate to FCF due to our financial situation. Karen said a contract between the Board and FCF for payment of the parent support partner services is being written by FCF and should be before the Board for approval in July.

The fourth discussion item was the update on the Southwest Collaborative Withdrawal Management and Crisis Stabilization Services. Karen said she had received a contract from

Mercy Hospital Clermont to provide withdrawal management services in conjunction with the SW county collaborative funding. However, Karen said the contract needed more information, including inclusion of the other Board areas. Specifically, Mercy's contract only included Clermont County and they are requesting addendums to the contract for the other counties. Based on OMHAS instructions, the contract was to include all counties in the Southwest Collaborative. Karen said the collaborative already has the money for the project from the state, but a contract must be agreed upon in order to spend the funding. Karen is re-working the contract; she added she is also waiting on information from Butler County to complete her re-writing of the contract. Board member Peggy Hickman asked if the program would have its own wing/ward. Steve Goldsberry of CRC said it would just be part of the regular medical/surgery beds at the hospital and would not have specific beds assigned for withdrawal management. He went on to say that Mercy is already admitting people for withdrawal management, particularly opiate withdrawal, and people are staying for an average of five (5) days. Steve added that CRC Recovery Coaches are reaching out to try to get those individuals connected to outpatient services before release. Lee Ann Watson said each client is receiving an SBIRT assessment (Screening, Brief Intervention, and Referral to Treatment) in the ED to determine need. On a side note, Karen Scherra said that Dr. Nav Kang, Mercy Health Director of Operations for Behavioral Health, had been selected by the Obama Foundation to join the 2018 Fellows class. He was one of 20 applicants out of 20,000 to be selected. The fellowship was awarded to Dr. Kang to continue his Work at Mercy building a regional collaborative network to treat opiate addiction.

The final discussion item was the Workforce Investment Board (WIB) Activities. Karen said she had touched on that a little earlier in the Executive Director's Report. She added she had been asked to serve as the Vice Chair, but the WIB had not voted on it yet. Serving as the Vice Chair, Karen said she will have an opportunity to have more of a voice in the WIB's decisions.

9. Agency Director's Reports: Heather Turner of NAMI was first to speak. She said NAMI's report stands but added that NAMI's Connection Meeting had 12 participants. Heather also said they are still looking for a venue for the NAMI Family Support Group and asked if someone had a connection at Mt. Carmel Christian Church, as she was getting no answer on whether NAMI could have a meeting there. The room advised Heather to speak with Jean Houston after the meeting, as it was believed she had a connection at the church.

Sandy Lock of Child Focus Inc. said CFI's report stands as is. She also announced CFI's "Encourage the Heart Dinner" will be on August 10.

Steve Goldsberry of Clermont Recovery Center said CRC's report stands. He also gave the Board several "thank yous" and said he appreciated the level of support the Board gives to CRC.

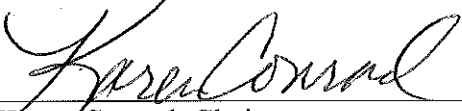
Jean Houston of Families Connected said her report stands. She added that the Trauma training recently sponsored by her agency was a terrific success with a turnout of over 150 people.

Amy Foley of Hope Community Center said HCC's report stands. She added that the Art Therapist at HCC took peers to the Art Museum in Eden Park. Amy also said that she has received 10 more applications for the First Responders Peer Support Team and by next week she will have

16 total responders trained.

Alicia Fine of Greater Cincinnati Behavioral Health said GCB's report stands. She also announced that GCB has initiated the property search for a women's recovery house. The current Merwin recovery house, which is already in operation, is at full capacity and doing very well. Alicia invited everyone to attend the open house celebration for the one-year anniversary of the opening of the Merwin recovery house. The celebration will take place on Monday, July 9 at 4:30pm. Karen Scherra said she would have Board staff send out the flier about the event to the Board members. Alicia said the residents at the house are a great group and have really embraced each other, as well as newcomers, as they arrive. She said the residents have a very strong bond.

10. Adjournment: There being no further business, a motion was made, and unanimously approved, to adjourn the June 18, 2018 Board of Directors meeting. (Motion-Jacki Block, second-Peggy Hickman).



Karen Conrad, Chairperson



Karen J. Scherra, Executive Director