



2337 Clermont Center Drive • Batavia, Ohio 45103
TELEPHONE: (513) 732-5400 FAX: (513) 732-5414 TTY: 1-800-750-0750
WEBSITE: www.ccmhrb.org CRISIS HOTLINE: (513) 528-SAVE (7283)

MINUTES of July 8, 2019

MEMBERS PRESENT: Andy Bateman, Jacki Block, Carrie Brown, Karen Conrad, Carole Cottrill, Laura Esslinger, Dorothy Glancy, Patty Lawrence, Geoff Schwerzler

MEMBERS EXCUSED: Kelley Costello, John Kelly, Katie Shepard, Greg Varner

ASSOCIATE MEMBER PRESENT: Richard Chaney

GUESTS PRESENT: Greg Brown, Heather Cokl, Alicia Fine, Amy Foley, Patty Hassel, Pamela Lindeman, Emily Neal, Jeff O'Neil

STAFF PRESENT: Cindy Knoblauch, Erica Pursley, Karen Scherra, Lee Ann Watson

1. Chairperson Karen Conrad welcomed everyone, and the meeting proceeded.
2. A motion was made, and unanimously approved, to approve the Agenda for the July 8, 2019 Board meeting. (Motion-Andy Bateman, second-Carole Cottrill).
3. A motion was made, and unanimously approved, to approve the June 3, 2019 meeting minutes. (Motion-Dorothy Glancy, second-Jacki Block).
4. Review Materials/Correspondence Folders: Executive Director Karen Scherra brought everyone's attention to the folders being passed around and specifically mentioned a few of the items from each.

In the Addiction folder, Karen said there were articles reporting on different overdose rates in different areas of the country. In Ohio, some areas reported an increase in overdose rates while other areas, such as Clermont County, have reported a decrease in overdoses. Karen mentioned an article on findings from the Center for Disease Control that reported that the country as a whole saw a decrease in overdose rates in 2018. This was the first decrease in overdose rates since 1990. Karen also pointed out an article about a 14-year-old boy in Ohio who was found deceased in a shallow grave from a fentanyl overdose. And finally, Karen discussed articles on the numerous federal lawsuits against the pharmaceutical companies related to their involvement in the opioid epidemic. The federal court is suggesting that the pharmaceutical companies settle so that the settlement money could be disbursed to the deserving entities. The government is hoping to see some money go into local opioid treatment and prevention programs. The Clermont Board of County Commissioners is hoping some of that money will filter into Clermont. It is yet to be determined if the money will impact the treatment system.

In the Correspondence folder, Karen discussed the letters that Ohio Association of County Behavioral Health Authorities (OACBHA) CEO Cheri Walter sent to the Governor, the Ohio Senate Finance Committee, and Ohio Speaker of the House advocating for mental health and addiction services funding in the SFY20-21 state budget.

In the State/Federal Issues/Articles folder, Karen mentioned the articles regarding proposed changes to the poverty measure. These changes would greatly impact individuals' eligibility for multiple government assistance programs and benefits such as Medicaid. Karen said this is very concerning for people in the behavioral health system.

5. Executive Director's Report: Karen Scherra presented a few highlights from her Executive Director's report. Regarding Board membership, Karen said there is still one open position remaining. There is one applicant who has not yet been approved by the Board of County Commissioners (BCC) and a second individual who has recently applied to the County for the same open position. Karen is hoping the BCC will make a decision soon so that the CCMHRB will be at its full capacity of 14 members.

On state hospital utilization, Karen said there is increasing difficulty with access to beds for civil clients. At Summit Behavioral Health, beds utilized by civil clients is down to 3.7%. Karen said she plans to speak with the new Hospital Director for the Ohio Department of Mental Health and Addiction Services (OMHAS) about what can be done to change the process of access to hospitalization for civil clients as there is a real need and urgency.

Karen pointed out that Lee Ann Watson and Board member Laura Esslinger joined her in attending OACBHA's Opiate Conference in Columbus Ohio on June 10 and 11. This year's conference was the 10th annual and focused on addiction in general, as well as opioids. Several recovery coaches and other CRC/GCB staff also attended the conference. During the luncheon on the first day of the conference, the statewide "We Care" awards were presented for first responders – police, sheriff, EMS, fire, and highway patrol. Clermont County submitted five (5) nominations, and Sheriff Leahy was selected to receive the Sheriff award. All three Commissioners cancelled their scheduled session for that day and attended the luncheon to support the Sheriff. The Commissioners' attendance reflected very well on Clermont.

On the opioid issue, Karen said Lee Ann Watson had a phone conference with Interact for Health staff on June 6, 2019 to discuss the needs for the Sheriff's Quick Response Team (QRT). The QRT was funded through an Attorney General's Office grant through June 30, 2019. Interact for Health awarded the Board funding to continue the Sheriff's QRT at the same rate as was funded by the Attorney General's Office.

Karen mentioned that she contacted by a reporter at WKRC about doing a story on the Opiate Task Force (OTF) website, Get Clean Now Clermont, including talking with individuals in recovery who had been helped by our system. They taped interviews with two clients, along with Capt. Jeff Sellars, OTF Co-Chair, and Karen, as well as some of the June OTF meeting. The segment aired on the previous Friday. The June 13 meeting of the Opiate Task Force focused on the County's 2018 Overdose Fatality Report. For the third year in a row, Clermont County has seen a decrease in opioid-related unintentional drug overdoses.

On June 20th, Lee Ann and members of the Opiate Task Force's Marketing subcommittee participated in a phone conference with Interact for Health staff regarding the Anti-Stigma Campaign that will be grant funded by Interact. Clermont, along with Butler County and Dearborn County in Kentucky, will be piloting the campaign. The campaign will utilize WGRR 103.5 radio, Facebook, and billboards throughout the county. Lee Ann Watson met with Interact for Health staff on June 21 to finalize the grant paperwork requirements for funding for the Anti-Stigma campaign.

On OMHAS related activities, Karen said on June 17, she met with Scott Rasmus, Director of the Butler County Board, to discuss the concerns involving the Southwest Collaborative over the past year and the transition to Karen taking over leadership of the group. Karen then held a conference call on June 20 with all the Boards in the Southwest Collaborative to discuss outstanding issues and plans for the FY 2019 carryover funds and the Collaborative funds for FY 2020. Karen said the group is working on getting a better plan into place as the boards in the Collaborative are not happy with how the funding was utilized during the previous year.

Karen informed the Board members that the OMHAS capital grant requested by the Boys and Girls Club of Greater Cincinnati, which will be purchasing and renovating a building in Eastgate located across the street from CFI and Healthsource, the FQHC in Clermont County, has been approved. The Child Focus project was not on the recent state agenda for review, but hopefully will be approved soon. Pamela Lindeman of CFI added that their project was on the state agenda for review that very day.

Karen very briefly mentioned a couple other things before closing. She pointed out the section of her report on the Trump administration proposing to lower the federal poverty line. Finally, Karen mentioned there was a study that found that new Medicaid work requirements imposed by several states did not increase employment, contradicting President Trump's position that the requirements would improve health and employment.

6. Committee Reports: Jacki Block, Finance Committee Chairperson, summarized the discussion from the earlier Finance Committee meeting. Jacki reported to the Board members that the FY 2019 budget was very close to being finalized. The Board has currently received 98% of its projected revenue and spent 91% of its projected expenses.

At the state level, Jacki said that the SFY 2020 state budget deadline had been postponed for 17 days. This will impact the Boards at the local level since it will delay distribution of allocations. The postponement could stem from a disagreement on the prioritization of funding for various state projects. Karen Scherra stated that the postponement does not affect payment to the contract agencies, but it will impact the funding available to start or enhance some of the projects the Board members had recently discussed and approved. Karen said she hopes to hear more information on the subject at her upcoming OACBHA's Executive Council retreat where OMHAS Director Lori Criss will be presenting. It is anticipated that the Board should know all its allocations by September.

Karen also mentioned to the Board members that OMHAS was audited last year by the State Auditor. Several recommendations were given to OMHAS, including changing the funding formula for Board allocations for the primary line item. The new formula is to be finalized

within one year. Karen said in her experience, discussions around changing the formula for continued care have always created extreme disagreement among boards. This new formula could very well cause drastic changes to the way CCMHRB operates if our funding is lowered. Moving on, Jacki discussed the overage of services at Greater Cincinnati Behavioral Health Services (GCB) and Clermont Recovery Center (CRC). Jacki said both GCB and CRC will be over on budget for FY2019. However, the Board members previously decided to continue funding client services and address the overages once actual overage amounts were known. The actual amount of overage is not yet known, since the two agencies have not yet billed through the end of the fiscal year.

Jacki also discussed the Board's free reserves. The Board currently has \$1,241,704 in free reserves and that amount has been consistent over the last few years. Jacki said once more is known about the state budget, the Board will need to decide at the September meeting if it will use free reserve dollars to bump its required reserves up from its current \$750,000 to \$1,000,000. Jacki said the BCC would feel more comfortable if the CCMHRB's required reserves were increased back to \$1,000,000. Jacki said the free reserve money may also factor into discussion about the 2020 CCMHRB levy. The Board will need to decide whether to try for a renewal or a replacement levy and make a presentation to the BCC.

7. Action Items: The first action item was the Purchase of Service (POS) contracts with GCB, CRC, Child Focus, Inc. (CFI) and Hope Community Center (HCC). CRC is part of GCB but still gets its own contract for signature. Each year, the Board contracts with GCB, CRC, and CFI for clinical services and with HCC for peer support services. The contracts all remained the same as last year other than the amounts. The amounts for the POS contracts were approved by the Board members at the June meeting. The CFI contract was included in the July Board mailing for review and the other contracts were available for review at the Board meeting. A motion was made, and unanimously approved, to approve the FY 2020 Purchase of Service Contracts with GCB, CRC, CFI and HCC and to authorize the Board Chairperson and Executive Director to sign the contracts on behalf of the Board. (Motion-Carole Cottrill, second-Patty Lawrence).

The second action item was the FY 2020 agreement with NAMI of Southwest Ohio. Each year, the Board enters into an agreement with NAMI of Southwest Ohio to support the activities the agency undertakes on behalf of Clermont County families impacted by the mental illness of a family member. The agreement included in the July mailing briefly describes the relationship between the Board and NAMI and the activities it will provide. The amount of the FY 2020 agreement has been increased to \$30,000 per the Board's decision in June. The budget outlining the usage of the \$30,000 was passed out to the Board members and staff. A motion was made, and unanimously approved, to approve the FY 2020 Agreement with NAMI of Southwest Ohio and to authorize the Executive Director to sign the agreement on behalf of the Board. (Motion-Dorothy Glancy, second-Patty Lawrence).

The third action item was the FY 2020 agreement with Family and Children First/DJFS for Parent Support Partners' (PSP) services from HCC. Beginning with the SAMHSA System of Care grant that the Board had from 2009-2016, PSPs have provided services to families involved with wraparound, which is managed by Family and Children First (FCF). In the past

the Board had paid for these services, but with the expansion of PSP services, last year the FCF Council agreed to reimburse the Board for the services provided to wraparound families. Based on the budget for PSP services, now housed at Hope Community Center (HCC) as of June 30, 2019, DJFS, the Administrative Agent for FCF, determined a unit rate they were comfortable paying for the services for FY 2020. The PSP staff will complete a spreadsheet to collect the necessary information for the Board to bill FCF monthly for the services provided. A motion was made, and unanimously approved, to approve the FY 2020 Agreement with FCF/DJFS for PSP Services at Hope Community Center and to authorize the Executive Director to sign the agreement on behalf of the Board. (Motion-Carrie Brown, second-Andy Bateman).

The fourth action item was the FY 2020 agreement with Children's Hospital. The Board maintains an agreement for inpatient psychiatric services for children/adolescents with Children's Hospital Medical Center in Cincinnati. The Board requested that the Hospital's per diem cost remain the same as the previous years. The Board currently contracts with the Hospital for a \$900.76 per diem rate that is all inclusive for room and board, ancillary services, and physician services, only for those children with no third-party coverage. Considering the small number of children without Medicaid or insurance who are hospitalized at Board cost – and in the last several fiscal years there have been none – it is very cost-effective to maintain this contract. This agreement is critical since Children's is the only option in the region for children who need inpatient psychiatric care. A motion was made, and unanimously approved, to approve the agreement with Children's Hospital for psychiatric inpatient services to children/adolescents for FY 2020 and to authorize the Executive Director to sign the agreement on behalf of the Board. (Motion-Carole Cottrill, second-Carrie Brown).

The fifth action item was the FY 2020 agreement with Mercy Hospital Clermont for withdrawal management services for the Southwest Collaborative and FY 2020 contracts involving the Southwest Collaborative for the crisis stabilization and withdrawal management services. The CCMHRB is part of the Southwest Collaborative, which was allocated \$250,000 for crisis stabilization and \$1,000,000 for withdrawal management in each fiscal year for this purpose. The funds are expected to continue for FY 2020, and the Southwest Collaborative Boards have already agreed to distribute the FY 2020 funds by population. Since there is not yet confirmation of the funds for FY 2020 nor the allocation methodology, it is premature to enter into an agreement with Mercy Hospital Clermont. However, Karen Scherra asked for the flexibility to move forward with contracting as soon as she receives confirmation of the funds. Last year's agreement was attached to the July mailing for review. Karen plans to use the same agreement unless any revisions are requested by Mercy. The Board members agreed to that Karen could move forth with an agreement with Mercy.

In addition, last year, the Southwest Collaborative selected Beckett Springs in Butler County to provide both crisis stabilization and withdrawal management services. The Collaborative plans to use Beckett Springs again in FY 2020. Karen said the goal is to have each Board separately contract with Beckett Springs in FY 2020. Karen said that she and Lee Ann Watson had attended a meeting between the Collaborative and Beckett Springs. The meeting was to discuss the FY 2020 Collaborative agreements. Karen asked for approval to proceed with a contract for the Clermont Board and Beckett Springs for FY 2020. Karen also asked for approval to proceed with an MOU with each board in the Collaborative if OMHAS sends the funds to the

Board, so that she can have the funds distributed to each board. The Board members agreed to allow Karen to proceed.

Karen Scherra shared some of the major changes decided upon by the Collaborative for FY 2020. Clermont will now be the lead Board for the Collaborative and rather than the lead board receiving most of the funds, Clermont would have funds distributed to each board. The Collaborative will need OMHAS approval for this, and it is unknown how OMHAS will determine the allocation distribution. All the agreements will be sent to the Prosecutor's Office for review and approval. A motion was made, and unanimously approved, to approve the FY 2020 agreement with Mercy Hospital Clermont for withdrawal management services and the FY2020 agreement with Beckett Springs for crisis stabilization and withdrawal management services and to authorize the Executive Director to sign both the agreements on behalf of the Board and to approve the FY 2020 contracts involving the Southwest Collaborative as presented and to authorize the Executive Director to sign the agreements on behalf of the Board. (Motion-Jacki Block, second-Carole Cottrill).

The sixth action item was the SFY 2020 OMHAS Agreement and Assurances. Annually, each Board is required by OMHAS to sign an Agreement and Assurances document and to provide required information as noted in the Agreement and Assurances by set dates. The Agreement and Assurances and additional documentation are required for the SAPT Block Grant, other state and federal grants, and to meet other state statutory requirements. The signed Assurances also must be entered into the state's GFMS system so that the Board can receive its allocations for FY 2020. Clermont submitted its signed Agreement and Assurances in May as it was due and there was no Board meeting in May. However, the Board must still approve its involvement with the Agreement and Assurances for official record. A copy was included in the Board mailing. The pertinent areas in the Agreement and Assurances that impact CCMHRB's contract agencies are included in the Contract Standards Manual that will be attached to the FY 2020 Purchase of Service (POS) contracts. A motion was made, and unanimously approved, to approve the FY 2020 OMHAS Agreement and Assurances as presented and to authorize the Executive Director to sign on behalf of the Board. (Motion-Andy Bateman, second-Patty Lawrence).

The seventh action item was the FY 2020 Community Plan. The FY 2020 Community Plan is due to OMHAS by August 1, 2019. The Plan must be approved by the Board of Directors before submission and signed by the Executive Director and Board Chairperson. Board staff are working on the Plan and it is almost complete. The FY 2020 plan outline is very similar to the one Clermont submitted two years ago. The Board did not do an update last year, as OMHAS never developed/sent out the guidelines and the Department waived the requirement for FY 2019. The Board has already submitted its budget form for FY 2020, the 040, and a service inventory of all the services Clermont is mandated to provide based on the Continuum of Care requirements for mental health and addiction services must be submitted with the Community Plan. The inventory provides information on services so that the Board can be designated as meeting all the requirements of the Continuum of Care. This Community Plan submission does provide the Board with an opportunity to update information included in the previous plan, and/or to indicate any changes in financial status, priorities, etc. Lee Ann Watson expanded on the subject as she is the lead on developing the FY 2020 Community Plan. Lee Ann shared with the Board that the major topics in the plan include a description of community

need, gaps, and disparities; a description of services that will be prioritized; goals related to service delivery for prioritized services; discussion on collaboration with other community members; and hospital utilization. The plan detailed the following service priorities: increased access to MAT; increased access to Psychiatric services for adult SMD and non-SMD clients and children/youth; development of a triage center for crisis stabilization; county wide suicide prevention; increased access to school based services; and development of treatment/programs for families impacted by the opioid epidemic.

Board member Patty Lawrence asked if the Community Plan was used for funding. Karen stated that the plan is required by OMHAS in order to receive state funding, but the plan does not guide the amount of allocation that a Board receives.

Karen Scherra added that Public Health also must submit a similar plan every five years. Karen said the state is wanting to combine the Public Health and Mental Health and Recovery Board plans in the future. Karen anticipates this future transition to go smoothly in our county as CCMHRB and Clermont County Public Health have a very strong working relationship. A motion was made, and unanimously approved, to approve the Board's Community Plan for FY 2020 as presented to be submitted to OMHAS and to authorize the Board Chairperson and Executive Director to sign the Plan on behalf of the Board. (Motion-Dorothy Glancy, second-Jacki Block).

The eighth and final action item was the agreement with Interact for Health for the Sheriff's Office Quick Response Teams (QRT) grant. The Board has been involved in supporting QRTs throughout the County since 2017. These teams involve a partnership between first responders, police and/or fire/EMS, and treatment providers. The team identifies individuals who have survived an overdose and/or have been arrested for drug related charges and attempts weekly face to face outreach with those individuals to engage them in treatment. Currently, there are three (3) QRTs in operation in the following jurisdictions in Clermont County: Pierce Township/Union Township; Clermont County Sheriff's Office; and Milford/Miami Township. These QRTs are primarily funded through grants, with the Board supplementing funding for the two (2) Recovery Coaches that are attached to the teams.

The Clermont County Sheriff's QRT was initially funded by the Attorney General's Office for a period of 18 months beginning in October 2017. The grant funding ended on June 30, 2019. Due to the success of the QRT, the Sheriff's Office and the Board were interested in continuing the QRT. Unfortunately, there has not been communication about the continuation of the Attorney General's QRT grant funding, primarily due to the change in Administration. As such, the Board reached out to Interact for Health to request funding to continue the team. Interact for Health agreed to provide funding at the same level as the Attorney General's grant and that agreement was included in the Board mailing. Interact for Health understands that if funding from the Attorney General would continue, that the Sheriff's Office would prefer to continue that funding. A motion was made, and unanimously approved, to approve the agreement with Interact for Health for funding for the Quick Response Team (QRT) program with the Sheriff's Office and to authorize the Executive Director to sign the Agreement on behalf of the Board. (Motion-Laura Esslinger, second-Carrie Brown).

8. Discussion Items: The first discussion item was the OMHAS audit recommendations. As discussed earlier in the meeting, the Auditor of the State is requiring OMHAS to come up with a new formula to calculate Board allocations. The formula must be decided upon within one

year. Karen said that OMHAS is prioritizing funding of the state hospitals over community funding. The new formula is required to be data driven, but Boards do not yet know what data OMHAS will use to create the new formula.

The second discussion item was the ROSC survey. OACBHA recently asked Board staff and Board members, as well as community partners, to complete the Recovery Oriented Systems of Care (ROSC) survey. The survey was administered to measure the progress communities and Boards have made in creating a network of formal and informal services developed and mobilized to sustain long-term recovery for individuals and families impacted by severe substance use disorders. Karen Scherra reviewed the Clermont results stating that Clermont scored well and had a large amount of participation. In all but two categories, Clermont received high scores of “at or exceeding”. The results show that Clermont is succeeding in its fight against addiction and in reducing stigma about addiction by focusing on recovery.

The third discussion item was the 2019 Clermont County Fair. Board staff explained to the Board members that CCMHRB will again have a booth at the 2019 Clermont County Fair. The booth provides the Board with the opportunity to educate the community about mental health and recovery treatment and prevention services in the community. The booth also allows the Board and its agencies to speak with community members to hear their thoughts on behavioral health needs in Clermont County. Board staff advised the Board that if any of its members were interested in volunteering to staff the booth, that person would receive admission to the fair. Board staff advised Board members they would receive an emailed copy of the fair schedule for volunteer opportunities.

The fourth and final discussion item was the Mental Health for US YouTube video. Board staff presented the video to the Board members using the Smart Board screen. The video was a two-minute message highlighting that the U.S. is currently experiencing a major health crisis related to lack of access to needed mental health and addiction services. The link to the video is "Stand With US". Karen Scherra advised the Board there is a petition available in relation to the video that people can sign to let policy makers know communities want mental health and addiction services to be a key issue at the 2020 election. Karen has signed the petition and will receive updates from the group.

9. Agency Directors' Reports: Pamela Lindeman of CFI said her report stands as presented and gave the Board a few highlights from the past month. CFI recently hosted its Red's Rookie Camp. The camp averaged an attendance of 300 youth per day and 43 employees were involved in the program. CFI has also officially closed on the purchase of its new building, the Carter Center. The building is approximately 60,000 square feet and Pamela said much of the interior renovation is already complete. The Carter Center will operate on the West Clermont School District Calendar which begins on August 28. Pamela also discussed the two annual fundraisers that CFI hosts. The first was the annual golf outing which took place on June 24. The fundraiser had 132 golfers participate and raised \$32,000. The second fundraiser will take place on August 2 and is CFI's Encourage the Heart Dinner. Pamela said all are welcome to attend. The event takes place at Holiday Inn Eastgate and features a sit-down dinner and auction. Pamela wrapped up by announcing that Bethany McManus replaced Berta Velilla as the new Head Start Director.

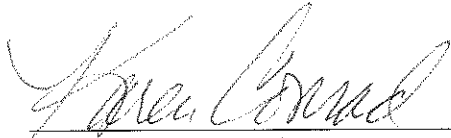
Amy Foley of Hope Community Center stated that HCC's report stands as is. Amy also

presented a few highlights from her report. Amy is now officially overseeing the Parent Support Partners (PSPs) from Families Connected. Amy said the PSPs had a 6-hour orientation and were given “360-degree evaluations”. HCC has completed remodeling to create office space for the PSPs. HCC was also awarded a grant that will help provide new computers and equipment for HCC staff. Amy said she plans to host an open house once the transition is complete.

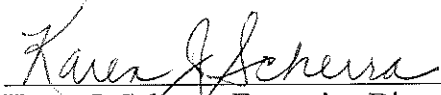
Jeff O’Neil of GCB said GCB’s report stands. Jeff said there is a lot going on at the state level with regards to the state budget and Managed Care. Jeff said the provider agencies are interested to see the FY20 Managed Care contracts and if changes were made to assist providers in their recent struggles related to reimbursement rates. Jeff said he had heard that rate increases should be expected.

Emily Neal of NAMI said her report stands. Emily added that NAMI has had good attendance at its support group meetings. She said a family-to-family course would be starting at CFI in August. NAMI is hoping to start a peer-to-peer group in August as well.

10. Adjournment: There being no further business, a motion was made, and unanimously approved, to adjourn the July 8, 2019 Board of Directors meeting. (Motion-Jacki Block, second-Dorothy Glancy).



Karen Conrad, Chairperson



Karen J. Scherra, Executive Director