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### MINUTES of January 13, 2020

**MEMBERS PRESENT:** Andy Bateman, Jacki Block, Carrie Brown, Karen Conrad, Carole Cottrill, Dorothy Glancy, John Kelly, Patty Lawrence, Geoff Schwerzler

**MEMBERS EXCUSED:** Kelley Costello, Laura Esslinger, Erica Koe-Krompecher, Katie Shepard, Greg Varner

**ASSOCIATE MEMBER PRESENT:** Richard Chaney

**GUESTS PRESENT:** Heather Cokl, Alicia Fine, Amy Foley, Susan Graham, Patty Hassel, Pamela Lindeman, Krissy Myers, Julia Saldanha, Laura Stith

**STAFF PRESENT:** Cindy Knoblauch, Erica Pursley, Karen Scherra, Lee Ann Watson

1. Chairperson Karen Conrad welcomed the Board members to the meeting. Karen Conrad also reminded the Board members of the importance of attending the Board meetings as the role of the members is vital in decision making. The meeting then proceeded.
2. A motion was made, and unanimously approved, to approve the Agenda for the January 13, 2020 Board meeting with the addition of two items: Item II.a Presentation by Child Focus, Inc. and Discussion Item 2. Update on Crisis Funds. (Motion-Andy Bateman, second-Carole Cottrill).
3. A motion was made, and unanimously approved, to approve the November 18, 2019 minutes and the unofficial minutes, due to lack of quorum, of the December 9, 2019 Board of Director's meetings. (Motion-Dorothy Glancy, second-Carole Cottrill).
4. Presentation by Child Focus, Inc.: Susan Graham (Chief Operating Officer), Laura Stith (Chief Clinical Officer), and Krissie Myers (Educational Liaison) of Child Focus (CFI) gave a presentation on School Based Mental Health Services and Services to Special Populations. The presentation consisted of a PowerPoint as well as two (2) handouts that are attached to these minutes. Susan Graham advised the Board that the presentation was only part one, since CFI provides a wide variety of services in Clermont County. Part two will be at a later Board meeting.

Susan Graham began the presentation with a brief history of CFI's school-based services. The program has grown from having six (6) full time staff to 25. CFI provides services in all the

school districts in Clermont County, and is fully integrated into the schools in all districts but one.

School-based services are prevention services and are either “targeted”, “selected”, or “universal”. The services students receive are based their identified need. In 2019, school-based mental health had 1,011 referrals compared to 927 in 2018. If a student, after being seen for prevention services, needs a more intensive treatment service, they are referred to counseling. Since 2016, there have been more than 1,450 referrals to a higher level of care.

Susan also reviewed the gaps and challenges that CFI faces with the school-based program. These disparities are largely due to the need exceeding the availability of resources. The number of students needing treatment is much greater than the availability of services. For instance, Susan stated that there were 1,651 students that participated in the Signs of Suicide (SOS) suicide awareness program and 16% (261) of the students required additional screening and/or referral to treatment services. The school-based mental health program can no longer meet the goal of seeing referrals within three (3) days since there are too many students to see.

To reiterate the importance of school-based mental health services, Krisse Myers shared a story of a student who attended the SOS program. There were no outward signs from the student that would suggest the student was experiencing distress. However, after being screened through the SOS program, it was determined that further treatment was necessary, and after a few sessions it was revealed that the student was in fact heading towards a mental health crisis. Krissy firmly believes that school-based services prevented a possible suicide.

Laura Stith then discussed “special’ or specific populations. Laura discussed the details and content of such programs as Genesis, Wasserman Day Treatment, and the Juvenile Court programming.

Genesis is a K-12 program operated by the Clermont Educational Service Center that is approximately 20% treatment and 80% academics. The Wasserman Day Treatment program is a mental health program that is approximately 80% treatment and 20% academics. The majority of referrals are received from schools (except for 3-5-year-olds). There are three programs: Early Childhood, School-Based, and Tranquest. Each class has 8 students. The Juvenile Court programs are for children and their families who are involved in and referred by Juvenile Court.

The CFI staff answered questions from Board members about the services presented.

5. Review Materials/Correspondence Folders: Executive Director Karen Scherra brought everyone’s attention to the folders being passed around and specifically mentioned a few of the items from each.

Karen said many of the articles in the Mental Health folders focused on suicide. She specifically mentioned an article in the Adult Mental Health folder on dementia and how it is different from mental illness. The article reports that dementia is not in fact classified as a mental illness, but merely a term for impaired ability in remembering, thinking, and decision making. This issue has been raised in recent months when our system was asked to provide services and supports to individuals with dementia, which our system is not designed to do.

In the Local Info/Reports folder, Karen mentioned the annual report for the Board’s contract agency, Greater Cincinnati Behavioral Health Services (GCB). She also mentioned the article

about a man who shot his mother in Miami Township. Karen said mobile crisis had been involved with this individual before this incident, as requested by local police.

In the Addiction folder, Karen said there were several articles on overdoses involving Meth, as well as a map showing the overdose rates of counties in Ohio. Karen pointed out that although Clermont County's overdose rates have gone down, the county is still at the highest level of OD rates at 40.0 – 61.0 deaths per 100,000 population.

6. Executive Director's Report: Karen Scherra presented a few highlights from her report. Karen brought attention to the list of House bills that are currently pending in the Ohio General Assembly. The Ohio Association for County Behavioral Health Authorities (OACBHA) is keeping a close eye on the bills that are related to the behavioral health system.

Karen also mentioned that in lieu of a Legislative Day in January, this year OACBHA will be working with members to host a series of in-district meetings. The goal of these meetings will be to continue building relationships with members of the Ohio General Assembly and work to build some new champions for the community mental health/addiction system going forward. The regional meetings will take place during the first six months of calendar year 2020 and the goal is to host at least one meeting in each collaborative area. Karen said she would greatly appreciate the attendance of some of the Board members at our local meeting, so that state legislators would have the chance to meet and hear from their constituents.

Karen shared that she attended the OACBHA Executive Committee meeting today. The meeting was in part to receive updates on issues concerning the behavioral health system, including the Association's principles on system funding and the recommendations on modernizing the system for the Governor's Office. At the last meeting, there was discussion of concerns about potential changes to the Board system being discussed at the state level. At this most recent meeting, Karen learned the concerns were unfounded. The Governor has assigned a person from his office (Ann O'Donnell) to work with Boards as well as NAMI to redefine and report what changes are necessary to improve the effectiveness of the boards and their public behavioral health systems. The modernization plan developed by OACBHA will be presented to the Governor's office in February. Executive Committee will first need to align its ideas with NAMI's as well as vote on the final report before submitting. Executive Committee supports the notion that each Board area should be funded to provide the basic OMHAS required services in their community, and additional funding can be utilized to enhance the basic system of care. The Governor's office is not including OMHAS in this endeavor at this point, only local Boards and ANMI Ohio are being asked for their input.

Karen closed by mentioning that the FY 2020 Federal appropriations bill passed. Karen also mentioned legislation that has given states more flexibility in spending federal grant funds; specifically, federal funding can now be used for treating substances other than opioids, such as meth, cocaine and other stimulants. The change in the bill was proposed by Ohio Senator Portman and others to make prevention and treatment of, and recovery from, stimulant abuse an allowable use of these funds, while maintaining the existing formula calculation based on age-adjusted mortality rates related to opioid overdose deaths.

7. Committee Reports: The Finance Committee met prior to the regular Board meeting and Finance Committee Chairperson, Jacki Block, spoke on behalf of the Committee. Jacki said the CY 2020 Board Appropriations Budget was approved by the Clermont Board of County Commissioners (BCC) for \$8,387,884. There was brief discussion about the difference between our fiscal year operating budget and the calendar year appropriations budget required for the County. Jacki recommended that the full Board approve the budget. A motion was made, and unanimously approved, to approve the CY 2020 Board Budget as presented. (Motion-Jacki Block, second-Andy Bateman).

Jacki also advised the Board that the BCC had approved an across-the-board 2.5% raise for county employees. The County has not approved when the raises will be given, but once it does, the issue will be brought back to the Board members to discuss a 2.5% raise for the CCMHRB staff.

Another item Jacki brought to the Board's attention was the discussion on the impact of agency overages on Board appropriations and cash flow. Jacki said due to the Board's payment of agency contract overages in FY19, the Board was forced to postpone paying some of the its end of year invoices. Jacki explained that the Board must stay within its County approved budget, and after payment of the agency contract overages, the Board's approved budget did not have enough funding to cover some of the end of year invoices. Jacki stated that this situation will need to be rectified/avoided for FY20. Karen Scherra commented that this is the first time this has occurred and that meetings to discuss the issue of overages and how best to address them are being scheduled with the contract agencies. GCB has already advised Karen that at the current rate, it is already projecting to overspend on its contract again this fiscal year. Erica Pursley, Board Fiscal Officer, advised the Board that GOSH, the Board's claims billing system, now has a cap and will deny all claims beyond the agency's contracted budget amount.

Moving on, Jacki announced to the full Board that CCMHRB's contract agencies had received their annual audit reports. There were no findings. The Board members were advised that hard copies of the reports were available through Board staff at their request.

Jacki also reported to the Board on the Committee's levy discussion. Jacki advised the Board members that after much discussion of the options, the Finance Committee supported the idea of a renewal of the .75mil levy on the November 2020 ballot. Karen said she hopes to see the Board receive funding from opioid settlement dollars and/or MAT medications (from the opioid lawsuit settlement to Summit County) in the future which would help with agency overages. A motion was made, and unanimously approved, to approve the replacement of a renewal levy on the ballot for November 3, 2020 and to authorize the Executive Director to notify the County Commissioners of the Board's levy request. (Motion-Jacki Block, second-Dorothy Glancy).

8. Action Items: The first action item was the election of Board Officers for CY 2020. Annually at the December Board meeting, the Board members must elect a slate of individuals to serve as Officers for the Board for the coming calendar year. Since quorum was not met at the December meeting, the election is being held at the January meeting. Karen Scherra said Karen Conrad has indicated that she would be willing to serve another year as Chair, and Carole

Cottrill, Jacki Block and Dorothy Glancy are all also willing to serve another year as officers of the Board.

The current slate for the CY 2020 Officer positions is as follows:

Chairperson – Karen Conrad

Vice Chairperson, Chair-Mental Health/Addiction Program Committee – Carole Cottrill

Treasurer, Chair-Finance Committee – Jacki Block

Secretary – Dorothy Glancy

Nominations from the floor were open in case there was interest in an Officer position from another Board member. As no interest was expressed, a motion was made, and unanimously approved, to close the nominations for Board Officer elections. (Motion-Patty Lawrence, second-John Kelly). As nominations were closed, a motion was made, and unanimously approved, to approve the slate of Officers, as listed above, for CY 2020. (Motion-Andy Bateman, second-John Kelly).

The second action item was the FY 2020 MOU with the Municipal Court Adult Probation Department for Peer Recovery Services at CRC/GCB. Municipal Court receives certain grant funds on an annual basis, and in the past has contracted with the Clermont Recovery Center (CRC, now a division of Greater Cincinnati Behavioral Health Services, GCB) for services for offenders on probation to be paid with the grant funds.

Once Medicaid Expansion was implemented, more of the services that these offenders receive are being paid by Medicaid, and CRC encountered some difficulties in billing the Court for specific clients on a regular basis. For FY 2016 and 2017, Municipal Court determined that they would use the SFY 2016 grant funds to offset costs that the Board paid for offenders on probation and for assessment costs. Municipal Court Probation determined for FY 2018 and 2019, they wanted to use grant funds to provide services currently offered to Common Pleas Court referrals at the TASC (Treatment Accountability for Safer Communities) program to their referred clients.

For FY 2020, Municipal Court was not interested in continuing to fund the TASC program. Board and CRC/GCB staff have been meeting with Municipal Court Probation staff to determine what services were needed. It was decided that peer support for a specific caseload of probationers would be the most valuable service, so the Court wants to use its grant funds to offset the cost of a recovery coach to be assigned to work directly with Municipal Court Probation. CRC will bill the Board as they normally do for these services and we will bill Probation at the end of the year.

Since there was not a quorum at the December meeting, approval of this MOU was tabled at the January meeting. A motion was made, and unanimously approved, to approve the FY 2020 MOU with the Municipal Court Adult Probation Department for Peer Recovery services at CRC/GCB and to authorize the Executive Director to sign the MOU on behalf of the Board. (Motion-Jacki Block, second-Carole Cottrill).

9. Discussion Items: The first discussion item was the update on FY 2020 Board prevention funds.

Karen Scherra said that OMHAS has approved carryover for the state prevention funding. This will assist Clermont County, by allowing the first fiscal year to be used for planning and performing a needs assessment across all school districts and then funding the needed prevention services in the following year.

Karen said the schools received a separate \$675 million, which is not being used on new prevention programs as was intended, but to sustain current programs. Karen said the Governor's office is aware of this issue and Karen is hoping that the second year of the prevention funding may come to the Boards instead. If that is the case, the money will be used for new prevention programs and expansion of school-based services.

The second discussion item, which was added at the beginning of the meeting, was the update on crisis funds. Karen Scherra reminded the Board there were three "pots" of crisis funding that Boards will receive. One is the Collaborative dollars, another is the Flex dollars, and the third is the Infrastructure funding. In order for Boards to receive the Infrastructure funding, they must first complete Crisis Academy "training". The first one has already taken place and the state has now decided there will be five more required Crisis Academies that have been scheduled over the next 12 months. OMHAS has still not provided direction on how the funding can be utilized. The Infrastructure money equals \$9 million for the entire state.

The third discussion item was the review of the 2020 Board meeting calendar. Board staff passed out copies of the tentative Board meeting schedule for CY 2020. Karen Scherra advised Board members to compare their calendars to the Board meeting schedule, as some meetings will need to be moved from the normal date of the second Monday of each month. Karen also stated that she would like to pick a date for the retreat in either March or April. The June and November meetings will need to be moved due to schedule conflicts with a conference and the November election. Karen advised the Board members that the decision on the new Board meeting dates would be on the February agenda as an action item.

Karen also advised the Board that she has Jury Duty starting January 21<sup>st</sup> and it is scheduled to last at least two weeks with the possibility of going beyond that time frame. Karen assured the Board that she has rescheduled or postponed any meetings during that time and Board staff will be handling any other necessary duties.

In addition to having to be out for Jury Duty, Karen also has a new grandchild on the way and Karen plans to spend some time with her family once the baby is born. Karen stated she wanted to make the Board members aware that she may be out of the office quite a bit over the next month or two. Karen said she is confident that Board staff will keep things in order while she is away.

The fourth and final discussion item was the Board logo. Karen Scherra said that after Board member Patty Lawrence agreed to be the Board's levy Chairperson, she suggested to Karen that an update of the Board logo may be due. At the time, Karen thought changing the logo would be too involved and costly, although we have had this logo since 1998. However, since then, the County has started discussing a countywide logo of sorts which all County agencies would share. The logo could be individualized across agencies with small color or pattern differences that would set each department apart. Karen advised that the individual who designed the new county logo has agreed to attend a Board meeting to discuss how the logo was developed and

how to create one specific to CCMHRB. Board members expressed their interest in meeting with this individual at a future Board meeting.

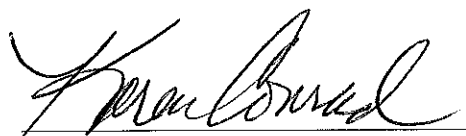
10. Agency Directors' Reports: Pamela Lindeman of Child Focus, Inc. said her report stands.

Amy Foley of Hope Community Center (HCC) said her report stands. Amy also gave the Board members some updates on events at HCC. Amy said she is currently in the process of applying for a grant from the University of Cincinnati that will allow her to add more art programs to HCC's current schedule. Amy also said she has hired a new Peer Support Partner and that so far, she is doing an awesome job. Another update for HCC was that employees had just finished a three-week training program. Amy continued by announcing the First Responder Peer Support Team is in the process of planning a type of acknowledgement in recognition of the one-year anniversary of Detective Bill Brewer's untimely death. Amy would like to schedule the acknowledgement for Super Bowl Sunday and plans to have SAMHSA grief materials to share with First Responders at the event. Amy also mentioned that she has 11 new First Responder training sessions scheduled. Amy closed by saying she was happy to announce Warren County reached out to her for consultation on starting a First Responder Peer Support Team.

Alicia Fine of Greater Cincinnati Behavioral Health Services/Clermont Recovery Center said her report stands. Alicia added that there is a steady increase of clients coming in for Medication Assisted Treatment (MAT). There were 21 new admissions in December alone and 59 for the last quarter. This brings the number to a total of 471 MAT clients. Alicia pointed out that these numbers illustrate the serious need for this type of treatment. She said the clients have about a two-day turnaround time for seeing a doctor.

Julia Saldanha of NAMI passed out her report and said her report stands. Julia added that NAMI is holding support groups that currently have very strong attendance. Julia also said that the Ending the Silence presentation at West Clermont High School went well. Although the presentation was done in an assembly type fashion for the whole school, as chosen by school administrators, it got NAMI's foot in the door. Julia said she hopes to give the presentation again in the future but would prefer the training occur in smaller groups. Julia said NAMI is also trying to give the Ending the Silence presentation at Milford Schools. Julia closed by saying they have a family support group starting up that is twenty attendees strong and a Peer to Peer support group starting on January 27<sup>th</sup>.

11. Adjournment: There being no further business, a motion was made, and unanimously approved, to adjourn the January 13, 2020 Board of Directors meeting. (Motion-Dorothy Glancy, second-John Kelly).

  
Karen Conrad, Chairperson

  
Karen J. Scherra, Executive Director

# 2018



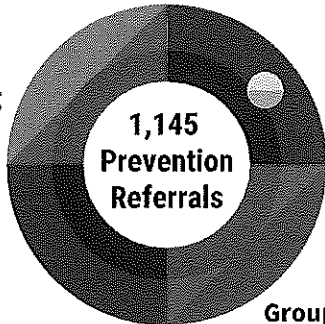
# 2019

## SCHOOL BASED PREVENTION SERVICES

Funded by Clermont Co Mental Health and Recovery Board Levy Dollars

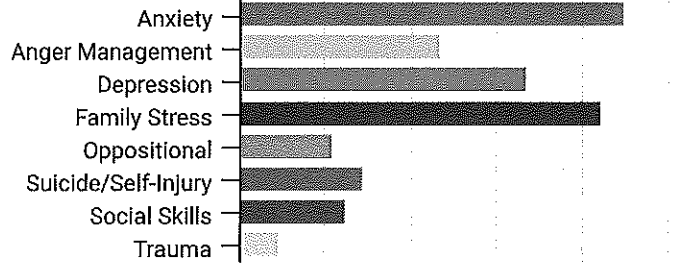
### STUDENTS SERVED

76% New Presenting Issues



1,964 Additional students Served in Group Prevention

### PRESENTING PROBLEMS



### EFFICIENCY

## PRODUCTIVITY TIMELINESS

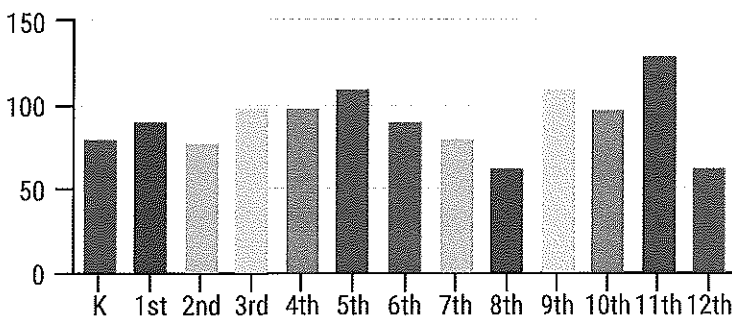
- ✓ 74% of staff providing prevention services achieved 90% of their utilization expectation
- ✓ 84% of school staff surveyed reported that services began in a timely manner
- ✓ 595 Youth served with Prevention and no further services recommended

### EFFECTIVENESS

## PROGRESS TOWARD GOALS

- 98% Almost all school staff reported that services helped students be more successful in school.
- 61% 61% of Students served in Prevention made progress. An additional 38% of students indicated symptom severity stayed the same.
- 97% School staff reported that students demonstrated skills learned in Prevention Services.

### STUDENTS PER GRADE



### REFERRALS MADE

School Based Services provide easy access & early identification of problems. Brief interventions to prevent further symptom development & referral to higher levels of services are a valuable outcome.



303 Referrals made for TBS Services



149 Students Referred for Therapy



Prevention & Consultation services funded by the Clermont Co. Mental Health & Recovery Board total **\$948,136**.



# Behavioral Health Report

## July 2018-June 2019

### Our Services



Behavioral Health Services served 13,737 children, adolescents, and adults in Fiscal Year 2019. Of those, 3,196 received mental health services.



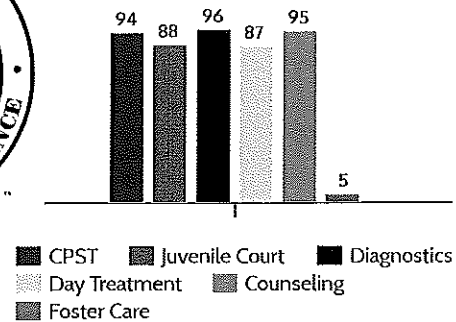
Mental health consumers reported problems with anxiety, depression, anger, trauma, aggression, school performance and family relationships as the main reasons for entering services.



Youth reported mental health services helped to improve feelings, worries, anger, sadness, performance at school and relationships with parents and others.

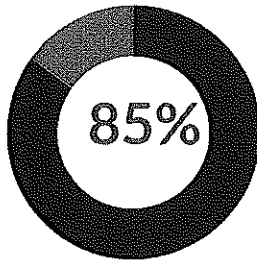


### Satisfaction Results by Service by Percentage



## Reported Improvement in Symptoms & Functioning

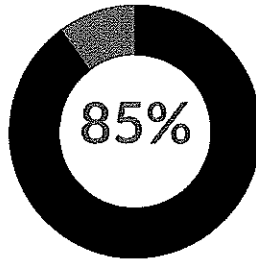
### Case Management Improvement



#### Doing Better in the Community

85% of consumers who received mental health case management reported improved functioning at home, at school and in the community. The area most positively impacted based on outcome reports was improved functioning in the home positively impacting family relationships.

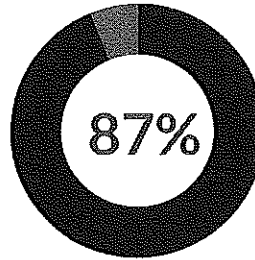
### Therapy Improvement



#### Overall Improvement

85% of those receiving therapy services report improvement in home, school and community functioning. This service helps decrease the negative impact of mental health symptoms, stressors and trauma in the lives of persons served to help them live the best life possible.

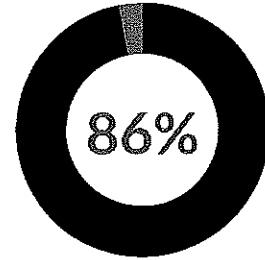
### Day Treatment Improvement



#### Doing Better in School Setting

87% of those completing the Day Treatment Program transitioned to a less restrictive educational setting. This intensive service helps youth decrease disruptive behaviors and truancy while increasing positive choices, resiliency and interpersonal success.

### Juvenile Court Improvement



#### Doing Better at Home

87% of participants reported improvement in symptoms and also, functioning in the home, school and community setting. This intensive services to family service aims to improve not only family relationships, but also school performance, attendance and community engagement.

## Impact on Persons Served and the Community



### Foster Care

28 youth received foster home placement services. The aim of foster care programming is to create a safe place for children to grow, connect and learn.

**5 in 7**

Reunited with family, kinship or were adopted



### School Prevention

2695 students received mental health prevention services which build protective factors, skills and resilience which may prevent the need for future services.

**1 in 3**

Needed on-going mental health treatment



### Crisis Services

3168 individuals received crisis mental health care. Crisis hot line responders provide life saving interventions to youth, adults and elderly persons in the community.

**1 in 10**

Needed life saving treatment



### Community Training

798 Community members have been trained to be familiar with the signs of suicide, which will help aid early identification and assistance to those struggling in the community

**798**

Trained to help prevent suicide in the community