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### MINUTES of February 13, 2016

**MEMBERS PRESENT:** Jacqueline Block, Richard Chaney, Karen Conrad, Greg Cottrill, Dorothy Glancy, Lynn Jung, Molly Greer, Angela Liggett, Scott Wheeler

**MEMBERS EXCUSED:** Suzy Carter, Wayne Johnson

**GUESTS PRESENT:** None

**STAFF PRESENT:** Melissa Burke, Erica Pursley, Karen Scherra, Lee Ann Watson

1. One item was added to the agenda under Action Items #3: "Funding for My Feelings Are A Work of Art". A second item was also added to the agenda under Discussion Items #5: "Board Committee Positions". A motion was made, and unanimously approved, to approve the agenda as revised. (Motion-Angela Liggett, second-Dorothy Glancy).
2. A motion was made, and unanimously approved, to approve the minutes of the December 14, 2015 meeting. (Motion-Scott Wheeler, second-Molly Greer).
3. Review Materials/Correspondence: Karen Scherra reminded the Board members to initial items if they would like a copy of any of the documents/articles within the Miscellaneous, Correspondence and Newspaper folders. The marked document(s) will be mailed to the appropriate person after the meeting. Karen presented the Correspondence folder and brought attention to a letter from Senator Portman thanking her for meeting with him recently after the tour of the CASC program. Karen hopes to be able to meet with Senator Portman again at the National Association of County Behavioral Health and Developmental Disabilities Directors (NACBHDD) Conference in Washington later this month. Karen highlighted a letter to the County Commissioners from OMHAS Director, Tracy Plouck, and Ohio Stepping Up Project Director, Retired Supreme Court Judge Evelyn Stratton, thanking the Commissioners for passing a resolution in support of "Stepping Up". The "Stepping Up" program is a national initiative wherein those with a mental illness are diverted from the criminal justice system to treatment, when appropriate. Karen pointed out that 300 plus counties in the nation have signed up in support of this initiative, with 10 of those counties in Ohio. Karen has been the point person for this initiative in Clermont County.

Karen Scherra brought attention to several items in the Miscellaneous folder, including: an article listing the accomplishments of the Clermont County Opiate Task Force; several articles

highlighting statistics relating to addiction; and the CASC program's 1<sup>st</sup> quarter performance report that was prepared for the County Commissioners. Karen indicated that she will present a copy of the CASC report to Senator Portman later this month in Washington.

Karen Scherra also noted several articles in the Newspaper folder concerning heroin and opioid addiction. Karen pointed out an article concerning an Amelia woman who struck and killed a bicyclist with her vehicle in New Richmond. The story has gained quite a bit of attention locally. Karen also pointed to an article discussing how the current presidential candidates are more vocal about addiction and are openly sharing their experiences with family members/loved ones who recovered from addiction or died due to the addiction. President Obama recently requested an additional billion dollars in the federal budget to fund addiction services. These two events seem to show increased support for addiction treatment and prevention funding on the federal level. Karen also pointed out an article concerning the Cuyahoga County ADAMAS Board Executive Director's concerns related to not having enough state money to meet the behavioral health needs of county residents. According to the article, the Cuyahoga County Board believes that their county, the most populated in the state, is underfunded by OMHAS since they receive the least amount of state behavioral health funding per capita. Karen stated her concern that Cuyahoga County will continue to push this issue with OMHAS, possibly creating difficulties for other boards if funding were allocated differently. In particular, based on per capita, Clermont County is ranked as one of the highest funded counties in the state when looking at just state dollars. Dorothy Glancy asked if the State monitors the effectiveness of the funding each county receives. Karen answered no, not at this time. Karen further stated that she believes Cuyahoga County may also be pushing this funding formula issue due to the upcoming continuum of care changes and the very real possibility that OMHAS could dictate to Boards how funds must be used to meet the continuum.

4. Karen Scherra presented highlights from her Executive Director's Report. First, she officially welcomed our two new board members: Lynn Jung and Jackie Block. Both new Board members attended Board orientation at the end of January. Wayne Johnson, representing the Board of Directors, also attended the orientation and assisted the new Board members by providing additional insights from a board member perspective.

Karen recently attended a meeting with OCABHA staff, representatives using various billing systems such as GOSH and SHARE as alternative to MACSIS, the state system, and OMHAS staff to discuss boards' need for continued access to Medicaid data once the MACSIS system is terminated. OMHAS is in support of the boards' need for this information in order to be able to appropriately plan and pay claims from the agencies. However, no work has been done yet on how this access would be achieved.

Karen Scherra reminded the Board of the OACBHA Opiate Conference that is scheduled for May 2 and 3, 2016. The event continues to grow in size each year. In past years, Board members Angela Liggett and Suzy Carter have attended the conference. Karen has been asked to present twice at the conference; first, on the work of our Opiate Task Force (OTF), and

second, our county collaboration with child welfare and Juvenile Court regarding parents who lose custody due to addiction, which is currently seen as one of the best in the state. The first day of the conference is dedicated to topics related to starting and maintaining an effective OTF. The second day is the actual conference itself and will have various breakout sessions. Normally, Board members have attended only the second day; however, Karen will provide more information once the registration is open. In speaking of collaboration, Angela asked whether there have been any updates since some of the Board members met with the Butler County Board. Karen answered that the ADAS and CMH Boards have merged, and they are working through the difficulties associated with merging an independent mental health and an independent substance use Board into one entity.

At the January OTF meeting, members heard presentations from our elected state officials: Senator Uecker and Representatives Becker and Green. Board members Karen Conrad, Angela Liggett and Wayne Johnson also attended the OTF meeting. Karen relayed that she believes that the discussions held at the OTF meeting had an impact on all three elected officials. The officials all stated that they are fully aware that there is a need for additional support in our area of the state. A couple weeks after the OTF meeting, Karen Scherra was able to meet privately with all three legislators as part of the OACBHA Legislative Day/Reception. Karen thought that the most interesting outcome of her meeting with Representative Becker was his insight related to how elected officials only see the overall state budget, and therefore may not fully understand how funding is actually allocated at the County level and what impact it is having on the community. When looking at the overall state budget, it appears that funding for behavioral health has increased. Thus, when elected officials hear concerns about funding deficits related to behavioral health services, they don't understand why. Karen was able to explain to Representative Becker how the funding has been allocated by the state over the past decade. As a result of this positive interaction, Karen believes that it is important to invite the elected officials back to our County for another meeting before the SFY2017-2018 state budget is proposed, in order to further explain our actual revenues and needs. Angela Liggett pointed out that she thought that Representative Doug Green was very engaged in the OTF meeting, and also mentioned that Representative Green has recently been personally impacted by the heroin epidemic, as a family member is struggling with addiction.

Karen Scherra mentioned the town hall meeting held by two Ohio Senators that she recently attended in Cincinnati concerning medical marijuana. Senator Joseph Uecker attended part of the meeting as well. Karen stated that the stories told by families about the need for medical marijuana were absolutely heartbreaking. Based on what she observed at the town hall meeting, Karen thinks that this initiative will move through the legislature. However, while legislators may approve the initiative, there will be restrictions placed on the use of medical marijuana. From her view point of working in the medical field, Angela Liggett stated that she does observe the benefits of medical marijuana. As this issue moves forward, the Board Association and local boards will likely be asked to take a position.

Karen Scherra also brought up an interesting study concerning patients who have overdosed on a prescription pain medicine and then continue to be prescribed, the meds usually their doctors were unaware that their patient had overdosed. Karen also pointed out that it is often difficult for emergency rooms to know exactly what medication a patient is on, unless the patient is truthful with them, or the prescribing doctor is directly affiliated with the emergency room. This is a missed opportunity for intervention. Angela Liggett pointed out that when a person is seen at a hospital for an overdose, a social worker is assigned to talk with them about the various treatment options available to them and to help them locate services. However, there are often waiting lists for treatment. Lee Ann Watson explained that Colerain Township has a Quick Response Team (QRT), which partners Fire/EMS, Police, and substance treatment professionals to work with individuals who have survived a recent overdose in order to help them connect with services. The QRT model has also been discussed at the OTF meeting and Miami Township may be interested in having a QRT. Karen Scherra further mentioned that she recently volunteered for "Be the Difference" day at Glen Este High School. "Be the Difference" Day focuses on helping youth understand that their issues may be shared by others and that they are not alone. Karen said that it was a very emotional day and that the four youth in the group that she was assigned to had significant issues. Karen said that her involvement in this event made her further realize how important school-based mental health services are and also reinforced how great the need is for these services within our community.

5. Action Items: Karen presented the FY 2016 Amendment to the Purchase of Service (POS) Contract with Clermont Recovery Center (CRC) for review and approval. Since the Board approved the POS contract in July 2015, several situations have occurred that necessitate approval of an addendum. The first change involves an additional allocation of \$9,900 from OMHAS for the TASC program. The second relates to the fact that Narcan kits have substantially increased in price, and the funds from the Interact for Health grant have all been used prior to the grant end date. This presents a need for additional funds for Narcan this fiscal year; Karen is requesting \$25,000 to be taken from the Board's medication line item which is budgeted as a supplement to Central pharmacy, if needed. Scott Wheeler asked whether CRC has certain standards for disbursing the kits to the public. CRC offers kits to their clients and community members with no set criteria, but requires recipients to watch a video about the drug and administration before they are given a kit. Lee Ann pointed out that the federal government is looking into "price gouging" regarding naloxone. The third area involves detox services. In order to meet the Continuum of Care requirements, and to address the growing number of calls that the Board is receiving requesting this service, Karen is proposing to provide \$25,000 to CRC so that the agency can contract for detox services with an agency or agencies of their choosing. All call for this service will be referred to CRC for assessment and determination of the need for detox. With these additional funds, the new total for the FY 2016 POS contract with CRC is \$1,886,544. A motion was made, and unanimously approved, to approve the FY2016 Amendment to the Purchase of Service Contract with CRC as presented and to authorize the Executive Director to sign the Amendment on behalf of the Board. (Motion-Scott Wheeler, second-Angela Liggett).

In regard to the request for additional funding for CRC Vocational Services for FY 2016, Karen relayed to the Board members a bit of history on the CASC and ASPIRE programs within the county. The ASPIRE vocational programming is a vital component of recovery for individuals with an addiction, and has been very successful with CASC clients. At Karen's suggestion, CRC is requesting funding for the expansion of staff hours at CASC in order to continue to provide the necessary vocational services. A motion was made, and unanimously approved, to approve moving \$20,000 of projected CRC unearned dollars to be used to expand vocational services at CASC. (Motion-Angela Liggett, second-Molly Greer).

Karen Scherra further mentioned that funding for the "My Feelings Are a Work of Art" project that has occurred for the last six (6) years during Mental Health Month originated from the SAMHSA System of Care Grant. The program focuses on art as a means of expression for children who have difficulty verbally expressing their feelings. Since the grant is ending, funding for this program is no longer available. Child Focus, Inc. would like to continue the project, but is requesting Board funding in order to take over the program. Karen Scherra requested that the Board allocate funds towards this program in order to continue it. Karen stated that the program would need \$2,000-\$3000 annually to purchase the necessary art supplies. Karen pointed out the importance of this program, its importance as a Mental Health Month (and Children's Mental Health Day) activity in May, and also mentioned that many schools have discontinued their art programs due to budget cuts. Child Focus will also be requesting these funds for FY2017 and beyond. A motion was made, and unanimously approved, to approve funding in FY 2016 to Child Focus in an amount not to exceed \$3,000 for the My Feelings Are a Work of Art program. (Motion-Angela Liggett, second-Dorothy Glancy).

6. Discussion Items: In reference to State Medicaid Planning, Karen Scherra relayed that substantial changes will be occurring as of July 1, 2016. The Medicaid billing process and other areas will be undergoing what is called a "Behavioral Health Redesign". This redesign will result in different billing rates for services depending on who is providing the service (i.e. a doctor vs. a nurse, etc.). Many of the proposed Medicaid rates are much lower than current Medicaid rates. Further, the billing process for services will become much more complicated, since each service will have to be billed differently depending on who provided the service. Karen also pointed out GCB has a number of clients who are on Medicaid "Spend-Down" and that this benefit will be discontinued under the new billing redesign. Further, these clients may not qualify for Medicaid expansion or be able to afford subsidized insurance under the ACA. Clients who will be impacted have not yet been notified that their benefits will be changing. As a result of these changes, agencies may request that the Board supplement Medicaid funds for services provided to many more clients and more services than we currently do. It is still unclear exactly how these proposed changes will impact the provider agencies, as nothing is finalized and some details are not yet spelled out. However, Karen mentioned that the Board members should keep in mind that every time that we supplement Medicaid; it decreases the amount of funding available for services for those who have no other benefits. Karen also mentioned that new services will be Medicaid billable under the redesign. However, these services may be directed only to a very specific and small number of

clients who meet set eligibility criteria. At this point, we need to plan for FY2017 with what we know and be prepared to make adjustments as more of the redesign becomes finalized and implemented.

Karen provided an update of the continuum of care requirements. Representative Sprague recently stated that he would not agree to any of the changes proposed by OMHAS, OACBHA, and the Ohio Council collectively, particularly the requirement that most services as outlined must be provided in the Board's service district (although he always says "each county"), not in another county that meets national standards for access. Karen noted that our Board does not currently meet the continuum of care requirements as we do not have all required services available within our county. As the September deadline looms, the Board could possibly lose funding without the required services in place within our county. The Board Association continues to advocate for changes – including a delay in the time frame for compliance with the Continuum of care. Karen advised Board members that more will be forthcoming on this topic as it develops.

In relation to the sale of the Piccadilly Building by NHO, Karen Scherra advised the Board members that a check for about \$11,000 from the proceeds of the sale was received from OMHAS. The Board will put the funds in reserves until it is determined how to best allocate them. OMHAS also has set aside the funding NHO was required to repay the state (about \$100,000) and has earmarked that funding for Clermont County, to assist with future capital projects. Further, the OMHAS staff person Karen spoke with indicated that additional capital funds might be available, especially if we are trying to meet the Continuum of Care requirements. Karen mentioned that she will be discussing possible options for residential services and recovery housing with our agencies (Child Focus owns an apartment building on 125 that possibly could serve as recovery housing, and GCB might be interested in providing these services) and other providers (e.g., Sojourner in Butler County).

Karen Scherra confirmed that the Board will no longer be Administrative Agent for Family and Children First (FCF) beginning FY17. The Clermont County Department of Job and Family Services (DJFS) will be filling this position "temporarily" until wraparound services become Medicaid billable. If the wraparound services become Medicaid billable, FCF would need to have another Administrative Agent, and at this point only the Developmental Disabilities (DD) Board would be appropriate, as they are the only allowed agency certified to bill for mental health services. FCF staff will be moving out of our building and into office space at DJFS in the beginning of July 2016. FCF staff vacating the building will leave space to possibly rent to another entity. Karen Scherra has been looking into possibilities with Juvenile Court Probation, as they are in need of office space. Juvenile Court staff has already visited our building, and Judge Shriver thinks that our building is perfect for the staff. He asked that we provide him with a figure for rent/expenses. Karen provided the Board members with a copy of the floor plan for the building and pointed out which areas Juvenile Court is interested in occupying. Karen explained that the Board would be using 41% of the floor space and Juvenile Court would potentially use 35% floor space. The remainder of the floor space, 24%, would be shared. Erica provided a list of the fixed expenses for the

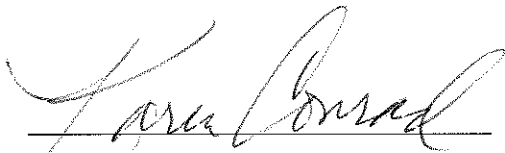
building, totaling about \$50,000 on an annual basis. Karen wants to propose that Juvenile Court pay costs based on their percentage of the building for their operations. Karen asked the Board for provide this figure to Juvenile Court, but also to have permission to negotiate the rent with Juvenile Court if that becomes necessary. Karen pointed out that for the 12+ years that the Board has been the FCF Administrative Agent, we have not collected any rent (as FCF staff are Board staff), so any amount paid by Juvenile Court would be an increase in revenue and offset some of our administrative costs. A motion was made, and unanimously approved, to authorize the Executive Director to present the percentage-based rent cost to Juvenile Court and to authorize the Executive Director to negotiate rent for the leasing of our surplus building space with Juvenile Court if necessary. (Motion-Scott Wheeler, Second-Angela Liggett).

Karen also made the members aware of the potential issue regarding furniture and equipment being used by FCF. Anything purchased with FCF funds is the property of FCF and will go with the staff to their new location. However, Karen said that the majority of the furniture and equipment currently being used by FCF was purchased by the Board with Board funds prior to being Administrative Agent for FCF or purchased with SAMHSA grant funds, which are the Board's funds as we are the grantee, and thus again belong to the Board. The DJFS Director has indicated that perhaps all items that were purchased with funds from the SAMHSA grant should go to DJFS with the staff, although most would not be needed there and would be placed in storage for future use. Juvenile Court is interested in some of the existing furniture if they are to lease office space from the Board. We are in the process of finalizing an inventory of all equipment and furniture in the building in order to determine which items FCF will retain and which items technically are the Board's property. If we are willing to give some of the furniture and equipment to FCF, the Board will have to pass a resolution to that effect, specifying what items we are "donating" to FCF. More information will be provided to the Board on this topic in the future, as we transition out of our FCF Administrative Agent role.

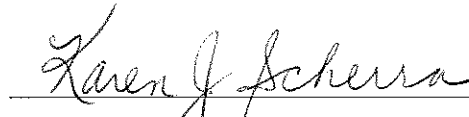
Karen Scherra advised the group that it is time to choose in which Committee the Board members would like to participate. Melissa Burke passed out sheets to each board member so that they could choose whether they want to serve on the Finance Committee or the Program Committee. Karen pointed out that Karen Conrad, as Chairperson, is an ex-officio member of both Committees, Scott Wheeler is Chair of the Finance Committee, and Suzy Carter is Chairperson of the Program Committee. Committee members will be notified by email of their Committee assignment once the information is collected from each member.

7. Executive Session: A motion was made, and unanimously approved, to move into Executive Session pursuant to ORC 121.22(G) (1) to discuss a personnel issue. (Motion-Angela Liggett, Second-Greg Cotrill). Jacqueline Block-yea, Suzy Carter-absent, Richard Chaney-yea, Karen Conrad-yea, Greg Cotrill-yea, Dorothy Glancy-yea, Molly Greer-yea, Wayne Johnson-absent, Lynn Jung-yea, Angela Liggett-yea, Scott Wheeler-yea. The Board moved into Executive Session at 10:55 a.m.

8. A motion was made, and unanimously approved, to move back into regular session. (Motion-Angela Liggett, second-Scott Wheeler). Jacqueline Block-yea, Suzy Carter-absent, Richard Chaney-yea, Karen Conrad-yea, Greg Cottrill-yea, Dorothy Glancy-yea, Molly Greer-yea, Wayne Johnson-absent, Lynn Jung-yea, Angela Liggett-yea, Scott Wheeler-yea. The regular session resumed at 11:09 a.m.
  
9. As a result of the discussion in Executive Session, a motion was made, and unanimously approved, to approve a raise in salary for the Executive Director, retroactive to January 1, 2016, in the amount of 2.85%. (Motion-Angela Liggett, second-Scott Wheeler). The Executive Director's raise mirrors that for board operations staff, in the amount approved by the County Commissioners, for County employees who work in Departments that are under the Commissioners. No Board staff raises will be provided until the FCF Council votes on the raises for FCF staff members.
  
10. There being no further business before the Board, a motion was made, and unanimously approved, to adjourn. (Motion-Angela Liggett, second-Dorothy Glancy).



Karen Conrad, Chairperson



Karen J. Scherra, Executive Director