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MINUTES of February 13, 2017

MEMBERS PRESENT: Jacqueline Block, Richard Chaney, Karen Conrad, Dorothy Glancy, Lynn Jung, Angela Liggett, Scott Wheeler

MEMBERS EXCUSED: Suzy Carter, Molly Greer

GUESTS PRESENT: Alicia Fine, John Kelly, Gregg Pieples, Sandy Lock, Laura Stith

STAFF PRESENT: Erica Pursley, Karen Scherra, Lee Ann Watson

1. Karen Scherra introduced a potential new Board member, John Kelly. Mr. Kelly has worked in the public behavioral health system and was the former Director of what is now CRC/GCB. The Board members and staff introduced themselves to Mr. Kelly.
2. Karen Scherra pointed out that the agenda needed to be amended by adding Action Item Three: Contract for Recovery Housing, changing Enclosure Six to Five, and deleting Enclosure Six. A motion was made, and unanimously approved, to approve the amended agenda for the February 13, 2017 meeting. (Motion-Scott Wheeler, second-Angela Liggett).
3. Angie Liggett mentioned that a change in the minutes was needed on page five, item number seven, third paragraph. The word "can" should be deleted from the sentence. A motion was made, and unanimously approved, to approve the amended minutes of the December 12, 2016 meeting. (Motion-Angie Liggett, second-Dorothy Glancy).
4. Review Materials/Correspondence: Executive Director, Karen Scherra, brought attention to the Correspondence folder, highlighting several legislative related letters. One such letter was from Governor Kasich to the U.S. Senate regarding the importance of continuing Medicaid Expansion. Also included in the Correspondence folder was a thank you letter from CFI for the donation from Board members and staff for their Holiday gift giving program. In the News folder, Karen mentioned copies of news articles regarding speculations on the future of the ACA and Medicaid Expansion and other federal programs under the new Administration. There were also several articles on heroin, highlighting that the rate of overdose deaths continues to be high. Karen discussed a recent Columbus Dispatch Editorial article on the need for more funding to address the opiate epidemic. Karen further mentioned news about

Governor Kasich's State of the State address scheduled for April 4, 2017. Karen Scherra went on to discuss several items in the Miscellaneous folder. She first brought attention to a recent data report from the Center for Disease Control (CDC) on mortality rates for the United States in 2015. According to the CDC report, Clermont County and a county in West Virginia had the largest increase in heroin overdose deaths in 2015. Karen also pointed out maps of Ohio broken down by both House Districts and Senate Districts which show the areas of the state hardest hit by the heroin epidemic. Clermont County is noted as one of those counties. Karen stated that she provided these maps to Senator Uecker during the Board Association's Legislative Day. On a positive note, a recent SAMHSA survey found that Clermont County was one of the counties in Ohio at a high rate of meeting the treatment needs of our residents. Other items in the Miscellaneous folder included: the CASC first year report and several articles on CRC's newly implemented Quick Response Team (QRT). As noted by Scott Wheeler, Karen had a letter to the editor published by the Enquirer. Karen's letter thanked the Enquirer for its coverage of, and the "thumbs up" about, our QRT grant project and also discussed her reaction to a comment by Governor Kasich in a recent Enquirer article that the State provides local communities with all the tools necessary to fight the heroin epidemic, but communities are not using the tools they are given. Karen had discussed the Kasich article with Senator Uecker, who made a copy to show others in the legislature; Karen forwarded her letter to the editor to Senator Uecker. Karen reminded the Board Members to initial any item that they would like to have copied and sent to them.

5. Karen Scherra presented highlights from the Executive Director's Report. Karen shared that she attended the OACBHA Kid's Committee meeting on January 20, 2017. The meeting focused on the state 2018-2019 biennial budget and the attention OMHAS is placing on increasing funding for continuity of care for children impacted by the opiate epidemic as well as children with multi-system needs. Karen stated that she will stay involved with the committee and hopes that the additional attention on children's mental health needs will result in additional state funding.

Karen mentioned that the January meeting of the Opiate Task Force (OTF) focused on development of a marketing strategy for the OTF. A marketing professional volunteered her time to evaluate the results of a recent OTF survey and analyze themes in order to begin development of a strategy. The goal is to develop a strategy to further engage the community. Karen informed the Board members that the OTF's website went live on January 30, 2017. Karen further stated that the Board received a call from a young man seeking treatment for an opiate addiction. He stated that he called the Board since he had seen Karen on the WCPO TV special on addiction. Lee Ann Watson was able to connect him to services at CRC/GCB.

Karen provided the Board members with information on the OMHAS DrugFree Workforce grant. Karen has been meeting with various stakeholders about the grant, including the Chamber of Commerce. There has been much interest in the grant project. The purpose of the grant is to educate employers about addiction and treatment options for their employees and/or their family members with addiction and to have a number of local businesses implement DrugFree Workplace policies that those employees with a mental illness or addiction.. The

goal of the grant is to partner with five (5) local businesses to develop these policies. The project will work with businesses so that they refer employees with issues to treatment and support them during the treatment process, rather than terminate these employees immediately. The initial Stakeholder's meeting was held on February 3, 2017 with good attendance. This project runs until the end of September.

6. Scott Wheeler provided a summary of the Finance Committee meeting, which met prior to the Board of Directors' meeting. Scott provided an update on the Board's FY2017 Fund Depletion' stating that 55.7% of the Board's funding has been received and 47.1% of the annual budget has been spent. Scott also shared that the committee discussed GOSH updates and the Recovery House recently purchased by GCB. Scott explained that \$100,600 of Board funds were used together with \$100,600 in OMHAS capital money to purchase the house.
7. Action Items: Lee Ann Watson presented on the Appointment of Health Officers at Mercy Clermont Hospital. Lee Ann reminded the Board members that Mercy Clermont had approached the Board several months ago about the need to complete an "Application for Emergency Admission" ("hold") for individuals who are in the emergency room. The "hold" is used to involuntarily admit to a psychiatric hospital individuals in a psychiatric crisis who meet certain specific criteria but refuse voluntary treatment. By statute, only certain people are eligible to complete these "holds". The only staff at Mercy who are currently eligible to complete the application are the psychiatrists. However, the psychiatrists do not work in the evening, and if a "hold" is needed in the evening, psychiatrists have had to come in to the hospital. Mercy is requesting that RNs and Social Workers be permitted to become Health Officers. At the December meeting, the Board agreed to allow Board staff to gather further information about the request. Lee Ann informed the Board members that Mercy submitted 16 names, but Lee Ann felt the Board should start with a smaller number of staff and recommended that the Board approve those Mercy staff with a specialty or license in mental health, as well as mental health experience. Eight (8) staff have a specialty and experience; two (2) of the staff are social workers with a state licensure and six (6) are registered nurses with board certification as a psychiatric nursing professional. Lee Ann further explained that the Board would require training prior to the Mercy staff beginning to complete "holds" and that Lee Ann would be evaluating their paperwork. After discussion, a motion was made, and unanimously approved, to approve the FY 2017 Health Officers for Mercy Clermont Hospital as presented. (Motion-Angie Liggett, second-Jacqueline Block).

Karen stated that the Board members needed to determine a date for scheduling the annual Board retreat and rescheduling the March Board meeting. Karen suggested the dates of Saturday, March 18th or Saturday, March 25th for the retreat and March Board meeting. As is tradition, the monthly Board meeting will be held at the beginning of the retreat. It is required that the Board officially vote to move or cancel any Board meeting. After discussion, a motion was made, and unanimously approved, to set the annual Board Retreat for Saturday, March 18th, to cancel the March 13th Board meeting and to reschedule the March Board meeting for the same date as the retreat. (Motion-Dorothy Glancy, second-Angie Liggett).

Karen Scherra informed the Board members that a contract for Recovery Housing was required by OMHAS for use of their capital funds, including both GCB and the Board. Karen reminded the Board members that the Board had approved up to \$175,000 for the purchase and renovations of a recovery house in the County, since that is required by the continuum of care requirements. GCB closed on the Recovery House on February 2, 2017. Karen explained that \$100,600 of Board funds was used together with \$100,600 of OMHAS capital funds to purchase the house. Additional funding will be needed to renovate the house. Karen also mentioned that the Board received an operational grant from OMHAS for GCB to purchase furnishings and cover other expenses for the recovery house. Alicia Fine, Vice President of Employment and Recovery Services at GCB, provided an update on the Recovery House. The house is located in Pierce Township on a road off of SR 125, with easy access to transportation, restaurants, businesses and grocery stores. The house will accommodate seven (7) men and one (1) house manager. According to Alicia, the house is in good shape since it was a “flip”, but the house will need additional renovations to meet safety and stability requirements. Additionally, the driveway will require expansion, and a parking area and a privacy fence are needed. GCB will utilize some of the remaining Board funding for the renovation. Alicia also informed the Board members that GCB is currently researching best practices for screening and residency requirements. Alicia stated that GCB anticipates the House opening mid-April 2017. Alicia provided the Board members with an informational handout about the Recovery House. Karen Scherra mentioned that a discussion should occur at the Board retreat regarding whether the Board should follow OMHAS’s capital grant stipulation by requiring GCB to maintain the property for the same purpose for 30 years and requiring a return of the funding if the property is no longer used for that purpose. After discussion, a motion was made, and unanimously approved, to approve the FY2017 contract with OMHAS for use of capital funds in order for GCB to purchase an in-county recovery house and to authorize the Board Chairperson and Executive Director to sign the contract on behalf of the Board. (Motion-Angie Liggett, second-Dorothy Glancy).

6. Discussion Items: Karen Scherra stated that the update on the In-County Recovery House was provided earlier during the Action Item Number Three (3). Karen then shared updates on the Behavioral Health Medicaid Redesign. Most of the Redesign has been finalized, with some small changes still occurring. The staff credential based billing will be implemented on July 1, 2017. Sandy Lock from CFI reminded Board members that this change in the billing structure and to the service reimbursement rate under the Redesign will have a major impact on the agencies. Karen mentioned to the Board members that the Board will have to determine how services will be reimbursed for Board clients (clients without insurance or Medicaid). It is assumed that agencies will use the same billing codes established for Medicaid when billing the Board. However, the Board of Directors will need to determine if Board reimbursed rates should be equal to or possibly higher than the Medicaid rates. Further, we need to determine what impact higher reimbursement rates could have on the Board’s financial situation. Karen stated that this will be on the agenda at the March Board retreat. Karen also reminded the Board members that behavioral health will be moving to managed care on January 1, 2018. The impact of this is still unknown. Karen also briefly discussed the concern with the possible ending of Medicaid Expansion.

Karen provided an update on the SFY 2018-2019 State Budget. Governor Kasich recently released his SFY 2018-2019 State budget. Behavioral health is flat funded. OMHAS Director Tracy Plouck spoke at a recent Board Association meeting about the State budget, stating it was an “over-arching all funds approach”. According to OMHAS, the Department has unspent funding that will be utilized instead of General Revenue Funds (GRF) for SFY 2018. The OMHAS Director assured the Boards that the GRF will be placed back in the budget for SFY2019. The State budget includes funding for recovery housing and evidence-based prevention. Increased grant funding will also be available for “Strong Families, Strong Communities” projects, and “Community Integration” (criminal justice) projects. Additional funding was also provided from OMHAS’ budget to Public Health Departments for Narcan. OMHAS has selected several areas to prioritize: 1) Medication Assisted Treatment; 2) Drug Prevention; 3) SBIRT (Screening, Brief Intervention and Referral to Treatment), a screening tool for identifying possible substance use disorders at primary care offices/facilities; 4) Recovery Coaches; and 5) Trauma Informed Care. OMHAS plans to look for federal funding to address these priority areas. Karen also shared with Board members the Board Association’s funding platform for discussion with legislators during the Board Association’s Legislative Day in January. The platform did not ask primarily for funding for each Board area, but instead requested funding to address major needs across the state. The proposal included requests for nine (9) substance use disorder stabilization centers for detox located in different catchment areas throughout the state; six (6) regional crisis stabilization centers; and increased funding to address the opiate epidemic. Karen stated that the platform was receiving positive reaction from legislators. Karen mentioned that Representative Green and Senator Uecker both thought the platform items were good ideas.

Karen Scherra provided the Board members with information about the 21st Century Cures Act Grant and potential federal funds. Karen stated that the Cures Act was passed in December 2016 and funding has already been allocated to SAMHSA. SAMHSA in turn has allocated the funding to the states, with Ohio receiving \$26 million. OMHAS decided to utilize the funding by prioritizing the counties that have been hardest hit by the opiate epidemic. OMHAS divided the counties into four (4) tiers, with the first tier including the counties with the highest overdose death rate by population. Clermont County was in tier one. OMHAS asked the counties in the first tier to submit a proposal for funding. Karen Scherra worked with CRC/GCB and County Administration to develop a proposal to expand CASC for women. This project was chosen based on need, as well as the fact that the project could be quickly implemented. The grant proposal also included funding for an additional Recovery Coach at CRC/GCB and funding for a summer prevention camp for youth with parents/care givers who have a substance use disorder. Karen mentioned that other Board areas were frustrated they were not included in the top tiers since they believe their areas are also experiencing major issues with overdoses. The Executive Director at the Delaware/Morrow Board asked Karen how many overdoses Clermont County had. Delaware/Morrow has approximately the same population as Clermont County, and had 12 overdoses in 2016 compared to 94 in Clermont County in 2016. Director Plouck stated that the Cures Act grant funding will not be used to offset state funding. Karen also mentioned that she is currently reviewing five (5) other federal grants. According to Karen, this is the first time in many years

that the Board has not been focused on cutting programming due to decreased funding. Karen also noted this is the second time in a month that the Board has offered funding to the County. The first time involved Department of Justice (DOJ) grant funds for the development of a criminal justice/mental health integrated data base.

Gregg Pieples, Director of Addiction Services at CRC/GCB, provided an update on the newly implemented Quick Response Team (QRT). The QRT was developed through Interact for Health grant funding that was awarded to the Board. Gregg stated that CRC/GCB and the Board have been planning for the implementation of the program for several months and the first day of operation was January 5, 2017. Gregg explained how the program works. Union Township Fire/EMS will ask individuals who have been revived from an overdose if they would like to have follow-up with the QRT. The QRT consists of recovery coaches. If the person agrees, the team will go with a designated Union Township Fire Department paramedic to the individual's home and attempt to engage him/her. The team will also connect with individuals who were taken to the hospital after an overdose. The team goes on "runs" every Monday and Thursday. Our QRT is modeled after the Colerain QRT and CRC/GCB has been consulting with Colerain about the program. To date, the team has received eight (8) referrals with five (5) contacts and four (4) who have engaged in services. The QRT will continue to try to engage those who have not connected with the team. Gregg stated that individuals are encouraged to engage in treatment, but they do not have to go to CRC/GCB for that treatment. Gregg also mentioned that CRC has been working closely with Mercy Clermont to refer CRC/GCB clients for detox. To date, six (6) CRC/GCB clients have received detox services from Mercy.

8. Agency Reports: Laura Stith presented on behalf of Child Focus, Inc. (CFI), with a report for December and January. Laura stated that CFI currently has many open positions that have yet to be filled. Laura provided the Board members with information on a recent Crisis Response Team response at New Richmond Schools. Laura also updated the members about CFI's involvement in a research study with Children's Hospital regarding antipsychotic medications and weight gain in youth. Laura further mentioned that CARF will be at CFI for their site review for renewed accreditation in March. Karen Scherra added that she and Lee Ann Watson recently met with CFI to discuss the national Crisis Text Line being implemented by OMHAS.

Gregg Pieples presented on behalf of CRC/GCB, stating that the number of new clients in Medication Assisted Treatment (MAT) has increased to 118. The yearly goal for CRC/GCB is 150 new clients in MAT services. Gregg relayed the increase in MAT access is due to more Doctor time being available. In terms of Vivitrol, 14 new clients have been added since the beginning of the fiscal year. The annual goal for new Vivitrol clients is 15. Providing availability of Vivitrol at CASC has helped increase the number of clients on Vivitrol. CRC/GCB recently received approval from their Medical Director to train the Outreach Team to provide Narcan in the community.

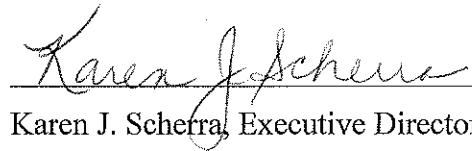
Alicia Fine presented for GCB, providing the Board members with an update on GCB's employment services. According to Alicia, GCB has three (3) employment efforts, two of

which are funded by the Board: WIN which is for individuals with a severe mental illness and ASPIRE for individuals with a substance use disorder. With regard to the ASPIRE program, to date, 112 individuals have been served and 39 individuals have been placed in 55 jobs. The annual goal is 40. For the WIN program, the annual goal is placement of 52 individuals. WIN has so far placed 48 individuals, and of those 48 individuals, 77% retained their employment for at least 90 days. The WIN program is seeing an uptick in referrals.

9. There being no further business before the Board, a motion was made, and unanimously approved, to adjourn. (Motion-Scott Wheeler, second-Angie Liggett).



Karen Conrad, Chairperson



Karen J. Scherra, Executive Director