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MINUTES of December 09, 2019

MEMBERS PRESENT: Karen Conrad, Kelley Costello, Carole Cottrill, John Kelly, Erica Koe-Krompecher, Patty Lawrence, Geoff Schwerzler

MEMBERS EXCUSED: Andy Bateman, Jacki Block, Carrie Brown, Laura Esslinger, Dorothy Glancy, Katie Shepard, Greg Varner

ASSOCIATE MEMBER EXCUSED: Richard Chaney

GUESTS PRESENT: Rob Cargioli, Heather Cokl, Alicia Fine, Amy Foley, Susan Graham, Pamela Lindeman, Laura Stith

STAFF PRESENT: Cindy Knoblauch, Erica Pursley, Karen Scherra

NOTE: *Since there was not a quorum present for the December Board meeting, no official meeting was held, and no actions were brought to a vote. However, the Board staff, agency staff and Board members went through the agenda and discussed all the issues. Following are the minutes of those discussions.*

1. Chairperson Karen Conrad welcomed everyone in attendance, but it was noted that quorum had not been met. The decision was made to proceed with the meeting for discussion purposes only and with the agreement that no formal decisions could be made.
2. Karen Conrad informed the Board that the December 9, 2019 agenda had two changes. Section V. B. 1., Finance Committee, "Approval of the CY 2020 Board budget as presented to the Clermont County Commissioners", was removed from the agenda. The Finance Committee did not meet prior to the Board meeting and the County Commissioners had not yet approved the CY 2020 budget. The second change was to remove discussion item 2, "Levy Placement on 2020 Ballot" and add discussion item "Funding the Handle with Care Project".

The meeting proceeded without formal approval of the December 9, 2019 Board meeting agenda.

2. As quorum was not met, the minutes of November 18, 2019 were not formally approved.
3. Review Materials/Correspondence Folders: Executive Director Karen Scherra brought everyone's attention to the folders being passed around and specifically mentioned a few of the items from each.

In the Correspondence folder, Karen said there was a letter from the Ohio Association of County Behavioral Health Authorities (OACBHA) to Maureen Corcoran, Director of the Ohio Department of Medicaid, and Lori Criss, Director of the Ohio Department of Mental Health and Addiction Services (OMHAS). The letter was written regarding the need for the Boards to have access to real-time Medicaid claims data to supplement the non-Medicaid claims data they

have. The letter stated that Boards have a need for access to the data in order to carry out their statutory responsibilities. The letter also included a list of specific data needs. Karen said there has not yet been a response to the letter.

In the Youth and Adult Mental Health folders, the main focus of the articles was the increase in suicide rates. Many of the articles also reported on how access to affordable mental health care is getting tougher.

In the Federal/State Issues/Articles folder, there were articles discussing the alarming increase in mortality rates across America. Karen pointed out there was a map showing Ohio as having a 20% mortality rate increase between 2010 and 2017.

In the Local Articles folder, Karen said there was an article about Tim Dick being named the new Department of Job and Family Services Director. Also, in the folder was an article about Governor Mike DeWine making a stop at Loveland Middle School as part of his tour to learn about drug prevention programs in school districts across the state.

In the Addiction folder, Karen said there were articles discussing the possibility that Ohio voters could vote on setting money from the opioid lawsuit settlements aside for projects that will combat the ongoing drug epidemic. However, hurdles facing the amendment include the fight between state and local governments for control of the lawsuit dollars. Karen also said the folder contained articles regarding the rise in meth usage and its effect on drug treatment and policies. The articles also discussed the huge impact the drug epidemic is having on families and especially children, with over 2 million in crisis each year.

5. Clermont Recovery Center (CRC), a division of Greater Cincinnati Behavioral Health Services (GCB), Presentation: Heather Cokl, Director of Addiction Services at CRC, and Rob Cargioli, Lead Medication Assisted Treatment Counselor gave a presentation on CRC's Substance Use Disorder (SUD) outpatient services. The content of the presentation was outlined in the attached handout: Clermont Recovery Center, a Division of Greater Cincinnati Behavioral Health Services – Our Work is Life Changing

Overview of CRC Outpatient Services

Open Access and Assessment

CRC utilizes a comprehensive diagnostic assessment process in which master's level clinicians assess both substance use and mental health to determine needs for treatment. This process is conveniently accessible to clients through the Open Access System, allowing them to be seen without an appointment during the hours specified below:

Monday: 8:30 am - 2:30 pm

Tuesday: 8:30 am - 2:30 pm

Wednesday: 8:30 am - 6:30 pm

Thursday: 8:30 am - 2:30 pm

Friday: 8:30 am -11:00 am

Collaborative Treatment Planning

Once the assessment process is completed, treatment recommendations inform referral to a specified level of outpatient services and the client's primary counselor. The client schedules an initial individual appointment with their counselor to collaborate on an individualized service

plan that focuses on current needs and specifies short-term, measurable treatment objectives while highlighting their strengths, skills, preferences, and natural supports.

Outpatient Services – ASAM Level of Care 1.0

Individual Counseling – Clients at all levels of outpatient services maintain regular one-on-one appointments with their primary counselor throughout treatment based on their individualized needs.

Group Counseling – groups meet one to two days a week for two hours at a time with a variety of morning and evening groups available. These groups assist clients in building skills and pursuing sobriety goals in an environment of shared support and accountability. Specialized groups include Dual Disorders (co-occurring substance abuse and mental health diagnoses), STAR (Surviving Trauma/Achieving Recovery – women-specific, trauma informed care), and Recovery Management (serving as a step down to less intensive care for clients who have established and maintained progress toward their goals in IOP).

Intensive Outpatient Services (IOP) – ASAM Level of Care 2.1

Groups meet three days a week for three hours at a time, with both morning and evening groups available to accommodate clients' schedules. IOP may be the preferred recommendation for clients who need increased structure to build motivation for change, pose significant risk for continued use, relapse, and intensification of symptoms, or have treatment histories featuring limited progress at lower levels of care. Specialized IOP groups include Women-Specific IOP (trauma informed services with childcare available during group times) and Alcohol Specific IOP (with the counselor working closely with Municipal Court and Judge Nagel's specialized OVI docket).

Full Continuum of Care at CRC

- SUD case management services assist and support clients in eliminating barriers to success and accessing needed medical, social, and educational resources
- Individual and group therapy with specialized teams and caseloads:
 - CASC – Community Alternative Sentencing Center**
 - TASC – Treatment Accountability for Safer Communities**
 - New High-Risk Family Team**
- Peer Recovery Support Workers and Outreach Team
- Recovery Housing
- Medication Assisted Treatment (MAT)
- Benefits Specialist
- ASPIRE Vocational Services to assist clients seeking employment
- Services across family systems with adolescent SUD program and Prevention Team
- Nursing, wellness management, and vaccination access
- Psych services to address needs including mild depression, anxiety, and PTSD
- Quick access to triage and connection to our Amelia site providers for comprehensive mental health treatment

6. Executive Director's Report: Karen Scherra presented a few highlights from her report. On December 5th there was aa OACBHA Executive Committee meeting. Karen was unable to

attend as she was home ill. However, Karen said that the meeting must have been very “interesting” because OACBHA has now scheduled an emergency phone call as a follow up to the meeting discussion about funding to Boards. Karen plans to include Erica Pursley, Board Fiscal Officer, on the call. The discussion is expected to address crisis funding and expectations as well as the implication from the Governor’s office that Boards may be “modernized” and run under a whole new model of rules and standards.

On December 4th, the ENGAGE Board Staff Team met to discuss the upcoming Financial Mapping project for the participating Southwest counties that will be starting this month. A consultant has been hired to facilitate the program.

Karen attended an “invite only” Stepping Up peers meeting in Tulsa Oklahoma on November 21-22. There were around 30 attendees, along with several NACo staff. The group was able to hear from staff and local stakeholders about the many mental health/criminal justice collaborations they have in Tulsa, and then also actually go to the facilities and meet with staff and law enforcement to hear how they developed the programs and how they are working to address the high number of homeless individuals with severe mental illness in Tulsa and the surrounding county. Karen received a lot of information and met many contacts she can use as Clermont continues to develop its programs.

The Linkage program committee met on November 21st and the Steering Committee met on November 26th. The Sheriff has requested that mental health-related educational classes be offered in the jail. Child Focus has agreed to provide those psycho-educational classes. Laura Stith of CFI said those classes have already begun and have an attendance of around 38 inmates at each session. The classes are open-ended and focus on anger management, stress management and other wellness topics. Karen said she was told that the Sheriff plans to highlight the various programs offered in the jail as part of his re-election campaign.

On November 21, President Trump signed a short-term funding resolution, thereby averting a government shutdown. However, the resolution only goes through December 20.

In closing, Karen said she will be rescheduling a December 6 meeting she had set up with new administrators at United Way to discuss the possibility of making some funding decisions collectively in order to leverage Board and United Way dollars to have a greater impact on programs and services. Karen was unable to attend the original meeting as she was home ill. Karen said she will advise the Board of the meeting outcomes next month.

7. Committee Reports: As stated earlier, the Finance Committee did not meet prior to the Board meeting, so this section of the meeting was omitted.
8. Action Items: As quorum was not met, no action items were voted on, just discussed. The action items will again be on the agenda in January 2020.

The first action item was the election of Board Officers for CY 2020. Karen Scherra announced that current officers have all said they are willing to stay on but also said other Board members indicate their willingness to serve as an officer.

The second action item was the FY 2020 MOU with Municipal Court Adult Probation for Peer Recovery Services. Karen Scherra said Municipal Court receives certain grant funds on an annual basis, and in the past has contracted with the Clermont Recovery Center (CRC, now a division of Greater Cincinnati Behavioral Health Services, GCB) for services for offenders on probation to be paid with the grant funds. Municipal Court Probation determined for FY 2018 and 2019 that they wanted to use grant funds to provide services currently offered to Common Pleas Court referrals at the TASC (Treatment Accountability for Safer Communities) program. For FY 2020, Municipal Court was not interested in continuing the TASC program access for Municipal Court referrals. Board and CRC/GCB staff have been meeting with Municipal Court Probation staff to determine what services were needed. It was decided that peer support for a specific caseload of probationers would be the most valuable service, so the Court wants to use its grant funds to offset the cost of a recovery coach to be assigned to work directly with Municipal Court Probation. CRC will bill the Board as they normally do for these services and the Board will bill Probation at the end of the year, as noted in the MOU.

9. Discussion Items: The first discussion item was the FY 2020 Board prevention funds. Instead of an allocation, boards were allocated funds that must be used to meet needs of local school districts as identified by a needs assessment survey each district must complete online. The Board was allotted about \$280,000 for these prevention services. The state will be holding a webinar on the survey on December 13th. Boards must collaborate with the districts/schools in their counties and use the needs assessment information to create a plan for services. Clermont County has 9 districts and 49 school buildings. Karen Scherra contacted the Superintendent of the Clermont County Educational Service Center (ESC) to have this issue added to the agenda for the December Superintendents' meeting and to allow herself and CFI staff to attend the meeting to discuss the needs assessment and other requirements. OMHAS originally stated that all needs assessments and planning had to be completed by June 30th, but all the funds had to be spent by that date also. OMHAS has since agreed to granting waivers for the funds to be carried over to next fiscal year, and we will propose that we plan this fiscal year and spend the funds next school year.

The second discussion item was the CY 2020 Board Meeting Calendar. The tentative CY 2020 calendar was handed out. There are several meetings in 2020 that will need to be rescheduled. Karen Scherra wanted to make the Board aware of these dates well in advance so decisions could be made soon on when certain Board meetings will be held. The calendar will be discussed further in front of the full Board in January. Board staff plans to email the tentative schedule to Board members so they can start planning for the upcoming schedule.

The third discussion item was the Board staff 2019 holiday schedule. Karen Scherra advised the Board she plans to close the office on Christmas Eve. Karen will also be taking the week of Christmas and the week of New Year's Day off.

The fourth discussion item was the funding for the Handle with Care program. The Handle with Care program provides a system by which school leaders and staff are notified by first responders if a child has been on site at a first responder response, including an arrest or overdose of a family member, an accident, etc. The intent is to advise the school that there is a possibility that the student may be traumatized and act out or behave differently due to the trauma, allowing the school to respond more appropriately to the child's needs and situation.

Karen requested funding from the ENGAGE grant to compensate the CFI school-based staff person selected to coordinate the program for our County. There may be issues with the use of these funds, so Karen wanted to bring it to the Board's attention in advance in case she might need to request Board funding for this purpose. Karen is still working out the grant funding, but consensus from the members was that the Board would consider funding for this program if necessary. An update will be provided at January's Board meeting.

10. Agency Directors' Reports: Laura Stith of Child Focus, Inc. (CFI) said her report stands. Laura added that the Crisis Response Team made three visits to New Richmond High School to provide support for the community that is grieving the tragic death of a student involved in a motorcycle crash. The student's motorcycle hit the car of a local school bus driver as she was leaving the school parking lot. The funeral was held at the High School as well, and the Crisis Team was in attendance.

Laura also explained the difference between the Mobile Crisis Team and the Crisis Response Team. Laura said the Mobile Crisis Team responds to individuals who are in crisis and has been operating since around 2012. The Crisis Response Team responds to communities, schools, or agencies after a crisis such as a death, and has been doing so since 1994.

Laura also reported that a trauma screening was performed on 113 of CFI's clients. Of the 113, 97, or 86%, reported experiencing trauma.

In illustrating the impact CFI has at the county jail, Laura recounted a recent event there. An employee who was known to have been dealing with some personal issues did not show up for work or call to say he/she would not be coming in one day. The employee's supervisors became concerned and officers sent to the home discovered that the individual was attempting suicide but was found in time to prevent completion of the suicide. The jail liaison for mental health, who is employed by CFI and funded by CCMHRB, was asked to get involved and provided much needed support to jail administration and staff in dealing with the situation.

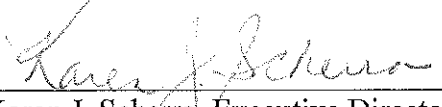
Laura closed by happily reporting that CFI's Giving Tree program has collected 1,837 toys and numerous other donations for families in need this holiday season. Laura said CFI was able to provide for 141 families.

Amy Foley of Hope Community Center (HCC) handed out her report. Amy added there were two additions to her report. The new Addiction Series video is now filming at HCC. Amy also said HCC has added an AA meeting to its schedule and it will be held Friday nights from 6-7pm.

Alicia Fine of GCB/CRC said her report stands and also gave a brief update on GCB's recovery housing program. There are currently two recovery houses in Clermont County; one for men and one for women. Alicia said each house currently has six residents (out of a possible 7). Alicia said the residents of both houses as well as GCB/CRC staff and Outreach Team convened at the women's recovery house for a Thanksgiving celebration. The food for the celebration was donated by an anonymous source.

11. Adjournment: Without a quorum, there was no formal adjournment of the December 9th meeting.


Karen Conrad, Chairperson


Karen J. Scherra, Executive Director