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MINUTES of April 11, 2016

MEMBERS PRESENT: Jacqueline Block, Suzy Carter, Richard Chaney, Karen Conrad, Dorothy Glancy, Lynn Jung, Molly Greer, Angela Liggett, Scott Wheeler

MEMBERS EXCUSED: Greg Cottrell

GUESTS PRESENT: Jim Carter, Amy Foley, Steve Goldsberry, Sandy Lock, Jeff O'Neil, Laura Stith, Lucas Strakowski, Heather Turner

STAFF PRESENT: Melissa Burke, Erica Pursley, Karen Scherra, Lee Ann Watson

1. Prior to starting the Board Meeting, Chairperson Karen Conrad announced to the group that she has appointed Dorothy Glancy as Board Secretary. Karen reminded the group that this position was vacant upon the expiration of Wayne Johnson's term from the Board in March.
2. A motion was made, and unanimously approved, to approve the Agenda for the April 11, 2016 meeting. (Motion-Scott Wheeler, second-Angela Liggett).
3. A motion was made, and unanimously approved, to approve the minutes of the March 14, 2016 meeting. (Motion-Scott Wheeler, second-Dorothy Glancy).
4. Review Materials/Correspondence: Karen Scherra stated that the Newspaper folder contains articles concerning the heroin epidemic, different recovery programs in the area, and current pending legislation at the State level in both Ohio and Kentucky and at the federal level. Karen pointed out that there are also many articles concerning the various mental health bills currently in process in Congress and the ongoing discussions and debates on the different perspectives embedded in these bills, as well as the President's push for additional funding for addiction treatment services. She further stated that while it is great that the federal government is paying attention to behavioral health issues, it is anticipated that any approved bills will not include a provision for funding. When CARA was debated in the Senate, there

were attempts to include amendments authorizing funding, but those were voted down, despite the bill passing in the Senate 94-1. Karen added that the federal government is also working on clarifying behavioral health parity, especially for substance use disorders.

Karen Scherra brought attention to the Correspondence folder pointing out information related to the collaboration between NACo (National Association of Counties) and NACBHDD (National Association of County Behavioral and Developmental Disabilities Directors). These county-based national associations are joining forces to work toward common interests and to address concerns and needs with the behavioral health system in our country. One recent advocacy effort also included the National Association of County Sheriffs.

Karen Scherra further brought attention to the Miscellaneous folder, highlighting different items in the folder for the Board members. Karen pointed out that a document with sections of Governor Kasich's recent State of the State speech that involved mental health or addiction was included in the folder. Karen stated that she watched the State of the State, and the Governor spoke about addiction and mental health services several times. Karen found it interesting that he spoke about prevention programs and specifically mentioned Goshen in Clermont County and Chillicothe in his speech. Karen stated that she and Lee Ann Watson were not aware of Goshen's efforts and that Mary Wolff of the Drug Free Coalition has reached out to contacts at Goshen to see if we can help them with their efforts. Karen further brought attention to a report of Ohio's suicide rates by county for the prior year. She pointed out that Clermont County is not in the highest group; however, Clermont's numbers are concerning, as the county's suicides are still high. Karen also pointed to NAMI's open house flyer, as well as a movie on severe mental illness being shown in Hamilton County next month. She stated that if anyone is interested in going, they should contact Board staff for further details. Karen also brought attention to a report issued by Clermont County about the highlights of 2015 within the county. She stated that the passage of the Board's levy was mentioned as being one of those highlights. In conclusion, Karen brought attention to the program from the Salute the Leaders event held recently at which Amy Foley from Hope Community Center received an award. Congrats Amy!

Karen Scherra presented highlights from her Executive Director's Report. She stated that each Board Member should have received a letter from the OMHAS about an workshop being offered by the Department for Board members. The letter was issued by the state without collaboration with all the Boards. Karen stated that the State believes that each member needs to learn how to be more empowered in their role as a Board Member and if anyone would like to attend the event, Board staff can assist in making the arrangements.

In regards to Medical Marijuana, Karen stated that two different groups are attempting to get on the November ballot. Karen stated that the Ohio House of Representatives Medical Marijuana Task Force held its final hearing at the end of March. It is yet to be determined if any action will be taken by the Legislature prior to the actual election, but the legislature wants to control legalization rather than have it dictated by a group that gets on the ballot. She believes that if not this year, sometime within the next two years, medical marijuana will be

approved in Ohio, as polls are showing that communities will vote for it. Karen stated that people are not necessarily supporting the recreational use of marijuana at this time, and at some point in the near future the Board will more than likely need to take a position on this topic.

In relation to the Medicare Waiver Application, Karen Scherra stated that John McCarthy, Director of the Ohio Department of Medicaid, announced that the State of Ohio will release the Medicaid Waiver language for public comment on April 15th. There is much anticipation and interest as to what the Waiver will entail. It appears that the waiver will require individuals on Medicaid to establish a “health savings account” with up to \$99 annually. Medicaid cannot be billed until the \$99 has been spent first. If Medicaid recipients do not do this, they will lose Medicaid eligibility. Karen noted that this topic was discussed at a recent meeting with DJFS and everyone has concerns about how this would even be implemented. It is unlikely that the federal Center for Medicaid and Medicare (CMS) will approve of this request, since Ohio is attempting this change after implementation of Medicaid expansion, when other states that got approval implemented this change *with* Medicaid expansion. This waiver could affect 1,000,000 Ohioans if approved.

On March 22, the FDA announced that it will require “Black Box” Warnings on certain opioid prescriptions. Karen illustrated that she feels that this is a step in the right direction in relation to prevention. However, the FDA did not act on a statement about using certain medications with benzodiazepines. The new labels will include warnings about the risk of addiction, misuse, overdose and death associated with more than 200 so-called immediate-release opioid painkillers, including hydrocodone and oxycodone.

Karen Scherra shared with the Board that she recently toured the newly renovated offices of GCB in Amelia on April 1st. Jeff O’Neil and other staff from GCB provided Karen with a look at their upgraded waiting room, offices, and medical area for physical health. Karen said that the building seems very welcoming to clients and is an incredible improvement to the site.

At the Salute to Leaders event, Karen Scherra shared that conversation turned into an idea for getting clergy and churches more involved with both juvenile and adult offenders. Karen stated that she had a follow-up meeting with Retta and Paul McCulley, who is a retired minister in the area, and he has approached several local churches in the county to advocate for their participation in training regarding behavioral health disorders, and particularly substance use disorders. Mr. McCulley also discussed interest in local churches volunteering to assist with outreach for individuals with an addiction who are released from jail in order to assist them with connection to needed resources. He is currently at the county jail once a week and has 10-12 ministers already agreeing to help. He will be meeting with approximately 15 more ministers within the next few weeks. Karen noted that the faith-based approach can be a good support for people in recovery and offered the Board’s support for training for the ministers so that they learn about mental illness and addiction.

5. Committee Reports: Scott Wheeler stated that the Finance Committee met prior to the Board meeting. Discussions at this meeting surrounded lowering the reserves by \$250,000 for next

fiscal year. Scott stated that the Finance Committee is supportive of reducing the reserves and agreed to recommend this to the full Board. Karen Scherra passed around a copy of the information provided to the Finance Committee in relation to the reserves and stated that it reflects a history of the amount of reserves over the past few years. The discussion to lower the reserves fits in with the history of policy related to the amount of reserves being based on a percentage of the board's budget. Based on history, Karen believes that the maximum amount needed in the reserves is \$750,000. Karen further stated that the motion is to lower the reserves is just for Fiscal Year 2017, as a 1-year trial basis, and that the Board members will review the reserve amount annually. Karen further reminded the group that we will begin receiving new levy revenue in the latter half of 2017, and if there is a need, levy funds can be used to increase the reserve balance back to \$1 million. A motion was made, and unanimously approved, to approve the reduction of reserves for FY 2017 from \$1million to \$750,000. (Motion-Scott Wheeler, second-Angela Liggett). Karen mentioned that the Financial Projection will be adjusted to reflect this change and the new projection will be provided to the Finance Committee and the Board at the May meeting.

Suzy Carter stated that the Program Committee recently met with all the provider agencies to discuss their proposals for services for FY17. Karen Scherra stated that some of the agencies provided dollar amounts with the program requests, and others did not. Program Committee only approved the requests for services based on clinical need. Hope Community Center's proposal for additional peer support workers and training was recommended by the Program Committee. NAMI's proposal for increased programming in Clermont County was also recommended. The Program Committee recommended CFI's proposal for: additional support for the County Crisis Hotline; an additional staff person for the School Based Mental Health program who will cover for staff absences and assist with waiting lists for services; a part time Benefit Specialist; and brief counseling/follow up for mobile crisis clients. The Program Committee did not recommend funding to update Psychological Testing equipment or additional funding for the Partial Program. The Program Committee asked Karen Scherra to gather more information regarding those two requests. CRC/GCB's request for the following services was recommended: an outreach/case management position; an additional prevention specialist; one to two peer support specialist positions; and support for continuation of Project Dawn/distribution of Narcan kits to the community. Karen mentioned that while CRC did not believe they needed additional funding for Medication Assisted Treatment, Board staff will continue to review this area with CRC staff, as increasing the number of clients with access to MAT is a Board priority. LPS/GCB's proposal for two additional case management positions, essential support for psychiatric services, increased access to Supported Employment, and increased access to counseling services was recommended. Karen mentioned that the TIP (Transition to Independence Process) program operated by GCB is part of our SAMHSA grant and the Board may need to provide some funding when the grant ends (9/29/16), in part to expand the criteria for enrollment in the program beyond youth who were involved with CPS or Juvenile Court. Also, the Board has been funding part of the Mobile Crisis program with the Department of Justice Grant, which will end on September 30, 2016. The Board will need to determine how much funding will be needed to sustain this. Karen Scherra stated that she will work with the agencies to determine the monetary aspect of their proposals and also

determine what portion of the services that had been funded with Board dollars have shifted to Medicaid this year. The proposals, including the budget, will be brought to the Finance Committee for recommendation and then the Board of Directors in May for final approval. Karen further stated that if all recommended services cannot be funded, the Board can review adding these services once additional levy funds are received in FY 2018. A motion was made, and unanimously approved, to approve the recommendations of the Program Committee regarding additional services to be funded by the Board, as requested by the agencies and as presented. (Motion-Suzy Carter, second-Lynn Jung).

6. Action Items: Karen Scherra stated that each year the Board is charged with approving the designation of Health Officers. GCB has requested that two candidates be added to the Health Officer list for GCB for FY 2016 and therefore the list has been brought to the Board for approval. Board staff collected the resumes of these individuals and will keep them on file. The additional staff will be receiving Board approved training in the very near future. Karen recommended approval of the updated list of Health Officers for GCB as presented. A motion was made, and unanimously approved, to approve the FY 2016 Health Officer list for GCB as presented, and to authorize the Chairperson and the Executive Director to sign the list on behalf of the Board. (Motion-Scott Wheeler, second-Angela Liggett).
7. Discussion Items: In relation to Behavioral Health Medicaid Redesign, Karen Scherra stated that the Board Association partnered with OMHAS to provide training to Board staff. Karen, Lee Ann Watson and Erica Pursley will attend the training. A regional training for Southwest Ohio has been scheduled for May 17th and Karen is anticipating that some of the pending issues will have been resolved by that time, so that there may be a clearer understanding of the changes. Jeff O'Neil from GCB stated that there has been a push back in the implementation timeline for the Redesign due to many pending issues. Several of the issues revolve around the significantly reduced billable amount for many services. Steve Goldsberry stated that there is a movement to get Opiate Treatment Program (OTP) services, which is a special designation that CRC received that allows them more flexibility with Medicated Assisted Treatment, reimbursable in a similar manner as Methadone. Karen also mentioned that with the continual changes in Medicaid, our local DJFS is approximately 2000 applications behind.

In relation to Recovery Operated System of Care (ROSC) Implementation, Karen Scherra attended a ROSC training on March 29th that was held by the Board Association. The head of the mental health and developmental disability system in Philadelphia spoke at the training regarding the implementation of ROSC there. Karen stated that the Board will need to determine how to implement ROSC in our county. We will be discussing this over the next year. The Board Association has a survey regarding ROSC that could help guide the planning for implementation. The state department supports ROSC, and implementation of ROSC will need to be incorporated into the Board's community plan in the very near future. Karen reviewed the principles of ROSC, which includes a focus on a consumer guided system of care that allows consumers to receive services based on need, not availability.

Regarding changes to board staffing and building tenants, Karen Scherra stated that she has not yet heard from the County concerning Juvenile Court officially renting the soon to be

vacant space in our building. Karen is currently awaiting a call from Judge Shriver. Karen further noted that the County has proposed taking over general building maintenance including lawn care, snow removal, the phone system, etc. in lieu of paying rent for the leased building space. Karen stated that this idea may be more cost efficient for the Board, and will also reduce the work load related to billing entities for building maintenance. In relation to FCF, Judy Eschmann has returned from her leave of absence and Karen will be meeting with Judy, as well as their HR Director, tomorrow to begin to talk about the transition of the Administrative Agent for FCF and moving he staff.

Karen Scherra stated that our Records Retention Policy had been outdated for quite some time. Melissa Burke and Karen worked on the policy in September, with the help of Michelle Snyder from the County Records Department. Board staff are working to determine which records need to be retained at our office, which documents can be stored at the County, and which documents can be destroyed. Board staff are working on getting certain documents scanned for easy reference as needed.

In relation to Revision of Board Policy and Procedure Manual, Karen Scherra stated some policies and procedures need to be updated, including the Board Reserve Policy. Further, with Board no longer Administrative Agent as of 7/1/16, the Board will need to remove FCF references from the policy manual. Karen will be working on this over the next few months. She will be sharing drafts of the changes with the Executive Committee to make sure that all involved are comfortable with the changes. The revisions will then be presented to the Board for review and approval prior to implementation.

Karen Scherra also shared with the group that Commissioner Humphrey is back in the hospital as he is continuing to experience medical issues from the accident in which he was involved in December. Karen asked that all keep him in our thoughts as he has taken a few steps backwards in his recovery. Hopefully he will get better in the near future so that he can be back at work.

8. Agency Reports: Amy Foley presented for HOPE Community Center (HCC) stating that they have quite a number of projects coming up. They have two new Board Members; however, HCC is still in need of a Treasurer. Amy asked the Board members to contact her if they know someone who might be interested in the role of Treasurer for HOPE's Board of Directors.

Steve Goldsberry reported on behalf of Clermont Recovery Center (CRC/GCB) and stated that with his reports he has included information on drugs of choice. Of the clients at CRC/GCB, 47% are in treatment for opiod addiction. Steve mentioned that the completion rate was down in the 2nd quarter, but the rate has recently climbed back up by 5 points. Steve said that he feels that this is due to roughly 100 clients recently completing medication assisted treatment. Steve further stated that referrals are down from Juvenile Court. Karen Scherra shared with the group that it seems as if Juvenile Court has been sending adolescents to residential treatment instead of to community treatment. There are also an increased number of adolescents in Juvenile Detention as well.

Jim Carter presented for Child Focus, Inc. (CFI) and stated that he would first like the Board to know that he appreciates the increase in funding for Mobile Crisis and the Crisis Hotline as they have a very tough and trying job to perform. Within the past week, there were two major crises that they dealt with appropriately and efficiently. Jim stated his report stands as is.

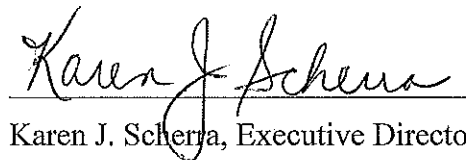
Heather Turner reported for NAMI reminding the group of the regional NAMI Walk on May 7th. The walk starts at 10:00 a.m. and is a great way to show regional support for NAMI. Also, NAMI is holding an open house for their new office space on May 19th, from 4:00 to 7:00 p.m. and all are welcome. Lucas Strakowski from NAMI spoke about the current Clermont County Family to Family class. Thus far, the class has retained all registrants, which is impressive. This is a 12 week program and new classes start in mid-May at Child Focus, Inc. Karen Scherra added that she would like to see the group of ministers who are looking to get involved with individuals with mental health and substance use disorders connect with NAMI to share resources and offer assistance.

Jeff O'Neil from LifePoint Solutions (LPS/GCB) reiterated that the facility in Amelia has been newly renovated and also mentioned that a pharmacy has been added to the building as well for use by clients. The pharmacy has already provided medications to roughly 500 clients. Jeff further stated that his report stands as is.

9. There being no further business before the Board, a motion was made, and unanimously approved, to adjourn. (Motion-Scott Wheeler), second-Jacqueline Block).



Karen Conrad, Chairperson



Karen J. Scherra, Executive Director