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MINUTES of April 9, 2018

MEMBERS PRESENT: Andy Bateman, Jacki Block, Suzy Carter, Karen Conrad, Kelley Costello, Carole Cottrill, Dorothy Glancy, Peggy Hickman, John Kelly

MEMBERS EXCUSED: Angela Liggett, Katie Shepard, Greg Varner

ASSOCIATE MEMBER EXCUSED: Richard Chaney

GUESTS PRESENT: Jim Carter, Heather Cokl, Alicia Fine, Amy Foley, Steve Goldsberry, Jean Houston, Pam Lindeman, Jackie Lindner, Sandy Lock, Julianne Nesbitt, Jeff O'Neil, Steve Reubel, Joyce Starr, Laura Stith, Cheri Walter

STAFF PRESENT: Cindy Knoblauch, Erica Pursley, Karen Scherra, Lee Ann Watson

1. Chairperson Karen Conrad welcomed everyone. She also asked everyone to introduce themselves as there were some new faces in the room. The meeting then proceeded.
2. A motion was made, and unanimously approved, to approve the Agenda for the April 9, 2018 Board meeting with the change of adding item C: "Discussion on Board Office Driveway/Leak" to Business and Changing item C: Discussion Items to item D. (Motion-Jacki Block, second-Dorothy Glancy).
3. A motion was made, and unanimously approved, to approve the March 24, 2018 meeting minutes. (Motion-Jacki Block, second-John Kelly).
4. Review Materials/Correspondence Folders: Executive Director Karen Scherra brought everyone's attention to the folders being passed around and specifically mentioned a few of the items from each. From the Youth Mental Health folder, Karen pointed out an article about warning signs of childhood depression that she found very interesting.

In the State/Federal Articles folder, Karen Scherra said there was an article about Uber and Lyft, ride-sharing services, offering more affordable and convenient options for behavioral health consumer transportation. They may be the solution to lack of transportation to treatment and high no show rates.

From the Heroin/Opiate folder, Karen Scherra mentioned an article on the latest drug crisis: fentanyl-laced cocaine. Karen said there were also several articles discussing the drug epidemic at the Federal level. Some articles discussed the amount of Federal funding budgeted to address the opioid crisis, while other articles discussed new possible punishments for dealers. President Trump has mentioned the possibility of the death penalty for those found guilty of drug trafficking. Another article Karen mentioned from this folder was a recent report that overdose deaths might be under reported due to how coroners classify the death.

From the Local Issues/Articles folder, Karen Scherra mentioned the photograph of the Clermont County Opiate Task Force. Karen also passed around some materials pertaining to Appreciation week for the Board to review. Those items included: the “thank you” cards with flash-drives; the invitation that was sent out to encourage guests to come the OTF celebration meeting; a Citation supporting Appreciation Week from Senator Joe Uecker, who personally delivered it at that morning’s County Commissioner’s meeting; an appreciation certificate to Clermont first responders from Ohio Attorney General Mike DeWine; the Proclamation from the Clermont Board of County Commissioners designating the week of April 9-13, 2018 as Appreciation Week; and finally, the Resolution from Governor Kasich also recognizing first responders and their role in addressing the opiate epidemic and declaring April 9-13, 2018 as Appreciation Week. Karen added that the OTF was also delivering cookies, thank you notes, and appreciation certificates to all the first responders’ (police and fire/EMS) stations in the county. The schedule of the many activities planned for Appreciation Week was passed out later in the meeting. Karen also noted that the Board of County Commissioners meeting that morning went very well and she was impressed to see Senator Uecker and a local representative from the Governor’s Office at the meeting. At the meeting, Karen also presented appreciation certificates to all county departments involved in opioid related programs and services.

5. Appreciation Week Recognitions for those Working to Address the Opioid Epidemic: Executive Director Karen Scherra advised the room that that evening’s meeting was going to center mostly around Appreciation Week and recognitions. The first action honoring Appreciation Week was the presentation of certificates. Karen first handed out an appreciation certificate to Clermont Recovery Center, which Steve Goldsberry accepted on CRC’s behalf. Karen thanked CRC for their innovation and hard work. Karen then presented a certificate to Greater Cincinnati Behavioral Health Services which was accepted by Jeff O’Neal. Karen thanked GCB for their dedication to the residents of our county. Amy Foley accepted the certificate for Hope Community Center. Karen thanked Amy for all her efforts to develop peer coaching in both AOD and mental health treatment and recovery. Karen also had an appreciation certificate for NAMI, but unfortunately, NAMI staff was unable to attend the meeting. Karen then handed out a certificate to Child Focus, Inc. Jim Carter accepted the certificate on CFI’s behalf. Karen said she credits CFI with helping the children so deeply impacted by the epidemic and the work of the Mobile Crisis Team. Karen took photos with the agencies’ staff to commemorate the occasion.

Karen also presented a certificate to each Board member, noting they too are to be honored for being on the frontlines of the battle. Karen then recognized Board staff as well for their efforts saying they are “lean but mean”, meaning although there are only four staff, but they get the job done. Karen gave each staff member a certificate and complimented each on their hard work. Karen also gave Lee Ann Watson flowers to thank her for her work as the Co-Chair for the Opiate Task Force and her many other efforts regarding the opioid epidemic.

Jackie Lindner and Julianne Nesbitt from Public Health then stood to recognize Board members and Board staff and their efforts. They presented Karen and Lee Ann each with flowers and homemade honey. Karen said the collaborative effort in Clermont County is working because overdose deaths are down 18% from 2016. In Franklin County, OD deaths jumped 47%, unfortunately, and Hamilton County’s overdose fatalities also increased significantly last year.

Next, each agency gave a brief presentation on some of the opioid treatment/support programs they offer. Heather Cokl of CRC started by speaking about the Outreach Team led by Jessica Johnson. She said the team consists of 6.5 employees who are all in recovery. The team has been very successful at engaging people in the community and connecting them to CRC for treatment. The team provides outreach and support services at Clermont Mercy, the Merwin Recovery House, and works with first responders on QRT. The Outreach Team makes themselves available during critical times for clients and provides transportation to assure that the individual can access treatment. Steve Goldsberry added that Clermont should be proud of the efforts that have brought OD deaths down. He said he attributes a lot of the progress to Medication Assisted Treatment (MAT) and the counselors at CRC. Steve also discussed the Community Alternative Sentencing Center (CASC) program and presented a few highlights from a PowerPoint he had prepared for the Commissioner’s meeting earlier that day. Steve explained that while at CASC, clients receive Intensive Outpatient programming which includes individual and group counseling, community group supports, vocational programming, and MAT. Steve said since the CASC male program started in 2013, it has saved the county 18,000 jail days. He said 80% of successful CASC participants do not recidivate within their 6-month follow-up. Other successful CASC outcomes include: an 84% program completion rate; 19% recidivism rate; and an average cost of \$61 per day where jail stay is \$74 per day. There have also been 33 referrals to mental health services. Steve said the normal stay period is five to ninety days and clients are linked to employment right after care. The women’s CASC program started in September 2017 and has only had one unsuccessful discharge. Steve also gave the Board an example of the program’s success by saying one of the Merwin recovery house residents is a graduate from CASC and is working full time and receiving relapse prevention services. Karen Scherra added that the 21st Century CURES grant request proposal for year two of funding for the women’s CASC program is ready to be submitted. Karen also mentioned that the County Commissioners are very happy with CASC and CRC. On a side note, Karen said she recently attended a meeting with CRC MAT medical staff and she presented them with their appreciation certificates. Steve closed by thanking the Board.

Next, Jim Carter with Child Focus Inc. introduced his staff in attendance and thanked the Board for their support. He then turned the floor over to Laura Stith who explained some of CFI's programs. She started with the crisis hotline, stating it began in 2003 and is funded by the Board. The hotline has 14 responders, 8 of whom are also on the Mobile Crisis team. This year, the hotline has received 1,749 calls, of which 7% were AOD calls. Laura also recognized Renae Butcher, the Jail Liaison stationed at the jail. Through March, the Jail Liaison has provided a behavioral health screening to over 700 inmates at the jail. Laura stated that the jail is very excited about the Criminal Justice/Mental Health Linkage project, reporting that the jail has never seen such positive responses from the inmates. The jail reported that Renae is doing a great job and Laura said CFI is proud of her. Laura also advised the Board that she is part of the Opiate Task Force and that it is her favorite monthly meeting to attend. She said the OTF is so well run and she learns something at every meeting. Laura then gave the floor to her co-worker, Pam Lindeman. Pam presented on a new service being proposed for parents involved with the Family Dependency Treatment Court and their children. The program is designed to provide education to the parents and allow extended visitations with the children. Parents who have been separated from their children due to substance abuse currently only get one 2 hour visit a week with their families. This program hopes to extend that visitation time. Pam also provided the Board members with a handout that shows the number of clients that CFI has served in various programs throughout the year.

Amy Foley of Hope Community Center was next to present on how her agency is involved in battling the opiate epidemic. Amy stated that she began working with AOD peer services about two years ago. She provided training and support to the Recovery Coaches. Amy is also instrumental in the OTF marketing efforts, managing its website and Facebook page. She said the best part of managing the Facebook page is the "live events" on which different guests speak about the progress Clermont is making in the fight against opioids. She said the live events give a positive "spin" on recovery.

After the agencies were finished with their presentations, Board staff played the Appreciation Week Video which is available at <https://www.getcleannowclermont.org/thank-you-clermont-county.html>. Karen also showed the Board members the 2017 accomplishments of the OTF. That report is available on the County's website under "2017 Annual Report". Lastly, Board staff brought up the website for OACBHA's Appreciation Week dedication. The website listed all the appreciation activities occurring throughout Ohio. Karen pointed out that Clermont had many more activities planned than the other counties. Cindy Knoblauch handed out the printed version of Clermont's Appreciation Week activities.

6. Executive Director's Report: Karen Scherra presented a few highlights from her report. On March 26th, Lee Ann Watson and CRC staff met with the QRT partners at Union Township Fire/EMS to discuss the need for continuation of QRT in Union Township. The overdose rates have decreased in Union Township. Further, many people are refusing involvement in QRT, and many individuals do not live in Clermont County. Due to these factors, the QRT will cease to provide a day dedicated to Union Township. The QRT will still respond in UT with the assigned paramedic if there are referrals. The CRC staff assigned will continue their

work with outreach to the hospital. Lee Ann will be talking with other jurisdictions about starting a QRT.

Karen and Lee Ann participated in a conference call on March 28th with several staff from Mercy Hospital Clermont to discuss the Withdrawal Management service the Board hopes to purchase from them for the Southwest Collaborative. They are still working on a contract, but hopefully will have that drafted within a few weeks.

On March 26th, Karen participated in the monthly 21st Century CURES grant call with staff from CRC and CASC. The CURES liaison at OMHAS asked several questions about the women's CASC program and how the Recovery Coaches fit into the process. The County Commissioners had asked if the CURES funds could also be used to support some services for the men's CASC program, and during the call, Karen received a "yes" response. Clermont will be requesting the full \$469,756 for Year 2.

Karen also said she met with Juvenile Court Judge Shriver on April 6th to discuss moving forward with the mobile crisis grant project for which the Board applied last year. While the grant was not received, The OMHAS ENGAGE System of Care grant has identified Clermont County proposed program as a model for the Southwest region to implement with the ENGAGE grant funding. The program will provide mobile crisis services, along with parent peer support, to families with a child with mental health issues who is involved in Clermont County Juvenile Court.

Karen and Lee Ann Watson attended the National Collective Impact conference on April 2-5 in Austin, Texas. The Clermont Public Health Commissioner, Julianne Nesbit, as well as the Director of Nursing, Jackie Lindner, also attended the conference. The conference was funded through the OMHAS Collective Impact grant. Karen said it was the conference was very interesting and the group learned several new ideas to assist with expanding the reach of the OTF.

7. Discussion on Board Office Driveway/Leak: Karen Scherra updated the Board members on the current situation with a leak in the Board office's fire suppression line. Contractors have been working on trying to locate the leak for some time. Karen informed the Board that she had recently met with Wade Grabowski, Head of County Facilities, to discuss how to proceed with the repair. Mr. Grabowski said the actual point of the leak still had not yet been located but had been narrowed down to a location under the parking lot driveway. The existing pipe is not up to code and therefore the entire pipe will need to be replaced. The repair will involve digging up part of the parking lot and part of the front yard. The current amount owed is \$9,242 for the digging to locate the leak. To complete the job, including repaving the section of the parking lot, an additional amount of \$19,695 will be due. Karen said based on Mr. Grabowski's recommendation, she believes that the pipe should be completely fixed. It will take four days to complete the repair. The funds for the repair will be taken out of the Board's free reserves. Erica Pursley, Fiscal Officer, advised the Board members that the Board recently learned that we received \$160,000 more in levy money than originally expected, as well as an additional \$13,000 from the OMHAS Criminal Justice Linkage grant. Erica said this

additional money has the Board estimated to end FY18 with a surplus of \$200,000. Karen asked for the Board's approval to move forward with the repair of the leak and driveway. After significant discussion, a motion was made, and unanimously approved, to approve the full repair on the fire suppression line leak including repaving the driveway. (Motion-Suzy Carter, second-Kelley Costello). Discussion Items: The first discussion item was the OMHAS FY19 Allocations/Revised Financial Projection. Karen Scherra stated that this item had already been covered earlier in the meeting. The Board's financial situation is better than first discussed at the retreat the previous month. Karen said that Erica would have an updated financial projection at the next Board meeting once the final numbers were in.

The next item of discussion was the Behavioral Health Redesign Update. According to Ohio Department of Medicaid data, 508 behavioral providers have submitted claims. Approximately 94% of the claims were successfully processed for over \$138.7 million. The agencies stated that the Medicaid claim submissions are going well, with most claims going through. Erica said she has been receiving claims with the new billing codes from all the agencies, and they have all billed through February. Jeff O'Neil from GCB stated that the process is still not completely ironed out due to the state still making its own changes, but his agency is working its way through rectifying claims one by one. The agencies reported that clients are still receiving services regardless of the billing issues. Sandy Lock, from Child Focus, Inc., said the denials are tedious to review and to determine reasons for denial. CFI is currently experiencing a 7% error rate. Karen advised the Board that she will keep them updated on the impact of Redesign on our system of care.

8. Agency Directors: Report: Laura Stith of Child Focus said her report stands. She added that Jim Carter had convened a work group within CFI to discuss how to support youth, the schools and the community regarding the increases in youth suicides and school shootings.

Jeff O'Neil from GCB said his report stands. Jeff added that his current main concern is the changes that will occur when Managed Care begins managing Medicaid on July 1st. Jeff fears there will be contracting issues between agencies and Managed Care companies and believes there could be major damage done to the treatment system as a result.

Alicia Fine, also from GCB, provided the Board members with an update on the Merwin Recovery House. She said the house is at capacity with seven residents. All but one of the residents are working, and he is receiving employment services. The house is family oriented, well led by the peer resident, and the residents are very supportive of one another. Alicia added that GCB was invited to participate in the Ohio Recovery Housing Conference on April 2nd. The lead peer resident at Merwin House attended the event with GCB staff.


Amy from Hope Community Center said her report stands. She added that on May 4th, HCC will be holding its art show and encouraged everyone to come, and to come early. She said the art show will have works from all types of mediums including clay, pastels, and yarn.

Jean Houston from Families Connected said her report stands. Jean added that her agency is

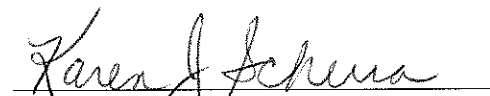
leading a trauma training class on June 8th at the Mt. Carmel Christian Church from 10am-2pm. She also announced that the Families Connected quarter auction will be held on April 20, also at Mt. Carmel Christian Church. Last year, 115 people attended, and Families Connected raised \$2,500. She is hoping for an even better turn-out this year.

Karen Scherra announced that she is presenting at the June 11-12 Opiate Conference along with GCB staff on the ASPIRE program and that Board members were welcome to attend. She said the Board gets two (2) free registrations and she would have Cindy send the information on the conference out to the Board. Karen advised the cost of hotel stay and any extra registrations would be covered by the Board.

9. Adjournment: There being no further business, a motion was made, and unanimously approved, to adjourn the April 9, 2018 Board of Directors meeting. (Motion-Dorothy Glancy, second-Jacki Block).



Karen Conrad, Chairperson



Karen J. Scherra, Executive Director